Family Support Newcastle invites parents and caregivers of children aged 0-12 to this FREE 6 week parenting group:



# Bringing up Great Kids





#### Building positive and nurturing relationships

# When

Tuesdays 10am - 12pm

### Dates

21<sup>st</sup> October to 25<sup>th</sup> November 2025

# Where

Waratah Family Centre, 2 High St Waratah Awabakal Country

#### Discussions include:

- Effective parenting styles
- Important messages you want to convey to your child
- Overcoming obstacles
- Care for ourselves
- Building self-esteem in our children

To register call Roger on 0490 798 622 or 49263577

Activity group for children available Morning tea provided



