



Family Support Newcastle invites parents & caregivers to a FREE 7 week ONLINE parenting course:

Circle of Security™ Parenting Program



Join us for this **ONLINE** group to learn about the 'Circle of Security' and how you can strengthen your relationship with your child.

PLEASE NOTE: The start date for the group has changed. New

dates below:

When: Tuesdays for 7 weeks

Dates: 26th October - 7th December, 2021

Time: 10am – 12pm

Location: Online

Over 7 weeks we will look at:

- Understanding your child's emotional world by learning to read their emotional needs
- Support your child's ability to successfully manage emotions
- Enhance the development of your child's self esteem
- Honor your innate wisdom and desire for your child to be secure



Bookings can be made by calling **4926 3577**Places are limited!



