Family Support Newcastle's Family Relationships & Skills Project in collaboration with Gan Gan Family Centre invite parents and carers of children to a FREE 8 week Workshop!

## **DRUMBEAT**



Every Tuesday 12:30pm - 2:00pm

For 8 weeks Starting 14<sup>th</sup> May 2019 Until 2<sup>nd</sup> July 2019

Free Children's Activities Free Afternoon Tea

- No drumming experience necessary!
- Building on Resilience through Rhythm
- Come and learn some core beats
- Discover Relationships with others and yourself using Music, Beliefs, Emotions, Attitudes and Thoughts
- Share your skills with your children through learning body percussion



Gan Gan Family Centre Anna Bay Public School, Anna Bay (Best parking Old Main Road)

Places are limited! To book please phone Jacqui or Petra on 4982 1767



Family Relationship Skills project is funded by the Federal Government, auspiced by Family Support

