APR 2025 | | VOL. 19

QUARTERLY NEWSLETTER



by the Alix and Area Community Resource Centre

INTRODUCING...

# Bashaw Medical Clinic





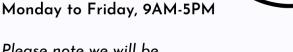
#### NOW OPEN!

Accepting patients from ALL of our regional postal codes!

**HOURS:** 

Please note we will be CLOSED on Friday, April 18. Forms available at Alix and Area Community Resource Centre. Please bring your health card and one piece of ID with you.

> T0B 0H0 · T0B 0B1 · T0C 0B0 TOC 0C3 · TOB 0E6 · TOB 3C0 T0B 0A8 · T0B 1H0 · T0B 0G4 T0B 1J0 · T0B 1M0 · T0B 2Z0



Contact Us: 780-372-3740

bashawprimarycarehub@gmail.com

5308 53 St. Bashaw, AB



#### Wellness Evening, **Coming Soon!**

#### April 15, 6:30PM-8:30PM

Drop-in to meet service providers at the Centre. Including registered massage therapists, foot care, dental hygiene, aesthetics, mental health counselling and energy practitioners.

Alix and Area Community Resource Centre Open Monday to Thursday 10AM - 4PM \*Closed all statutory holidays\*

5008 50 Ave, Alix, AB 403-396-3369



## SPRING HIGHLIGHTS

~INCOME TAX ASSISTANCE~ Trained volunteers file, FREE, basic income tax returns. For seniors and individuals with low to modest incomes and simple tax situations. Program continues until the end of this month.

~Weekly Veggie Delivery~ Available to Everyone! ONE bag per HOUSEHOLD. Veggies will be available for pick-up beginning on Tuesday, as of IPM. Thank you Pic N Pac!

~Don't forget **RAINBOWS** begins on April 24~



SAVE THE DATE for a chance to attend major events and help a great cause...

This summer volunteer at Ponoka Stampede: June 25 - July 1 and Big Valley Jamboree: July 31 - Aug 3. More details coming soon!

Friday, May 9 6PM-9PM

Mini Family Photo Sessions

LIGHT SNACKS & REFRESHMENTS

MAKE & TAKE SCENTED ROOM SPRAY & BATH SALTS

Drop-in & FREE ... (2-3 photos per family).
Sessions will be first come first serve with
Life's Little Moments Photography
Everyone is welcome.



### Services Available

- Information & Referral
- Resource Navigation
- Family Wellness
- Alix Food Bank
- Meals on Wheels
- Community Services
- Adult Learning
- Volunteer Services
- Wise Owls

alixmirrorwellness@gmail.com

Follow us on social (AlixandAreaCommunity ResourceCentre

www.alixcrc.com