

# ALIX MIRROR WELLNESS SUPPORTS SOCIETY

2022



Annual Report

Our goal is to help to improve the health, quality of life and well-being for all by making connections to people, support and resources.

-Alix Mirror Wellness Supports Society



# MISSION STATEMENT

The Board of Directors present the Annual Report of the Society together with the Statements of Accounts for the Financial Year ending December 31, 2022.

## BOARD OF DIRECTORS

Melody McBride	Chair
Mandi Peterson	Vice Chair
Trish Verveda	Treasurer
Vanessa Massey	Director
Rozanna Steenbergen	Director

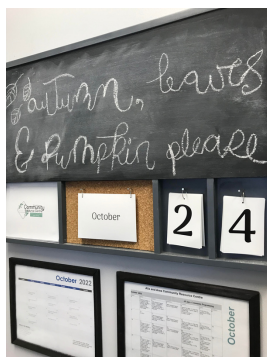
## EMPLOYEES

The Board of Directors appreciates and acknowledges the unstinting efforts put in by all employees of the Alix and Area Community Resource Centre.

They continually achieve by increasing productivity levels, responding to programming needs and maintaining a cordial work atmosphere. Thank you!

## VOLUNTEERS

The Board of Directors acknowledges and appreciates the unending commitment and contributions made by the Society volunteers.



Alix Mirror Wellness Supports Society and the Alix and Area Community Resource Centre is essential to the day to day lives of the citizens of our community and the surrounding area. This is demonstrated by the programs offered, providing support and essential services to all ages and stages. Our programs and services range from early childhood- connecting parents and childcare providers, to assisting seniors to stay in their homes longer and age in place. Essential programming and services are constantly being researched and developed and those that are established are being assessed and adapted to best meet the needs of the community.

Alix Mirror Wellness Supports Society continues to be active in their governing role of the facility. Together the board, facility staff and volunteers collaboratively work to provide the services and programming that are essential to the vision of Alix Mirror Wellness Supports Society. The year 2022 brought on the transition from being under the umbrella of B.D.S.S. to being completely stand alone. This was a learning curve for all of us, but with everyone's support the transition went smoothly.

Building partnerships and collaborating with external organizations is proving to be a huge part of the day to day operations of the Alix and Area Community Resource Centre. Working together makes a more successful community. Partnerships have been maintained locally, regionally, provincially and federally. Without maintaining these existing partnerships, and seeking out new partnerships through exploration and collaboration, the Alix and Area Community Resource Centre would not see the success that it has so far. Alix and Area Community Resource Centre employs 8 staff from our community and surrounding area. I would venture to say, that it has impacted every family in our community and surrounding area in one way or another either by services offered, programming, employment or volunteering. Each are an essential part to our organization.

Through the Alix and Area Community Resource Centre, Alix Mirror Wellness Supports Society has been able to provide our rural community with the access and support to the same level of services as those in urban areas. As a community we are collaborating and collecting statistics, helping to prove that working together will help us build a stronger community for everyone to thrive.

As the Board Chair of Alix Mirror Wellness Supports Society, I rely heavily on the staff, directors and volunteers of the community. I sincerely appreciate everyone and all that you bring to the table. You are all instrumental in the success of our organization. Thank you to each and everyone of you!

Melody McBride,  
Alix Mirror Wellness Supports Society Board Chair

# MESSAGE FROM THE CHAIR 2022

We often get asked, Who are we and What do we do?

This often leads to a lengthy conversation about all the things we strive for, offer and believe in at Alix and Area Community Resource Centre.

2022 was a busy year for Alix Mirror Wellness Supports Society and the Alix and Area Community Resource Centre. With the transition of becoming a stand alone entity and my role as Executive Director, it has been a year of learning; this has been both exciting and a positive experience.

Proudly delivering programming for those age 0-99, Alix Mirror Wellness Supports Society is an intricate hub for our community to connect and access services. The hidden secret to our success is not what we offer, but who does the work and how. Our staff are dedicated and committed to the vision, the programs and to the people that they serve. They are enabled to dream, develop and work so that we can constantly respond to the ever changing needs of the community. All of this happens while being governed by an involved and supported Board of Directors. Thank you to all of you for believing in and trusting us to carry out your vision!

By investing time and effort in the community we are working together with partners and funders to build a stronger community. The work we do would not be possible without the financial contributions and donations we receive. There are so many valuable funders and donors, which are recognized in this annual report. They all are important to our success!

As we move into 2023, I am excited to be part of the important hub that the Alix and Area Community Resource Centre is becoming. While maintaining and establishing flourishing partnerships; maintaining and developing new programming; and collaborating with great staff, volunteers and board members, I am honored to be able to be part of the Alix and Area Community Resource Centre and see the dream of the Alix Mirror Wellness Supports Society become a reality!

Jill Hillman,  
Executive Director

# MESSAGE FROM THE ACTING EXECUTIVE DIRECTOR 2022

# ALIX MIRROR WELLNESS SUPPORTS SOCIETY

Annual General Meeting 2023

May 25, 2023 - 7:30PM @ Alix and Area Community Resource Centre

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## AGENDA

Welcome and Call to Order

1. Adoption of Agenda
2. Approval of 2022 Annual General Meeting Minutes
3. Message from the Chair
4. Program Report
  - a. 2022 Year in Review
5. Financial Report
  - a. Adoption of 2022 Financial Statements
7. Election of Directors
8. Introduction of 2023 Alix Mirror Wellness Supports Society Board

Adjournment



# ALIX MIRROR WELLNESS SUPPORTS SOCIETY

Annual General Meeting 2022

May 26, 2022 @ 7:30PM at Alix and Area Community Resource Centre

## MEETING MINUTES

**Present:** Melody McBride, Jill Hillman, Mandi Peterson, Vanessa Massey, Latisha Niehaus, Dan Geddert and John Ireland

**Regrets:** *Trish Verveda and Rozanna Steenbergen*

**Welcome and Call to Order** - Melody McBride called the meeting to order at 7:45PM.

**Revisions:** \*Removed items 4- Alix CRC Programs and 6- Special Resolution of Revised Bylaws\*

**Motion** to strike items 4 and 6 from the agenda and amend made by Mandi Peterson.

**CARRIED**

### 1) Adoption of Agenda

**Motion** to adopt the agenda as amended with the removal of items 4 and 6 made by John Ireland.

**CARRIED**

### 2) Adoption of 2021 Annual General Meeting Minutes

**Motion** to adopt the 2021 Annual General Minutes made by Mandi Peterson

**CARRIED**

### 3) Message from the Chair

Melody McBride reported on highlights from 2021 along with the completion of renovations and the shift to focus on programming. The addition of youth mental health counselling is a key positive and hopes more services like this can be available to all ages in the future. Giving campaign in the fall could be focussed on generating the funds to support this area. Youth engagement is key, a great step in the right direction. Very pleased with all of the success, but the need is greater yet. Seeing the full year of statistics, its has been very eye opening to see the level of demand. Concerns for future funding and support to be sustainable is important.

### 4) Financial Report

#### a. Adoption of 2021 Audited Financial Statements

Jill Hillman presented the audited financial statements, providing detail.

**Motion** to adopt the 2021 Audited Financial Statements as presented made by Mandi Peterson and seconded by John Ireland.

**CARRIED**

#### b. Appointment of Auditors for 2022

**Motion** to appoint Thorogood and Pinches as the Auditors for 2022 made by Jill Hillman and seconded by Mandi Peterson.

**CARRIED**

### 5) Election of Directors

Melody McBride presented the slate of directors. Executive stands for another 2-year term, while replacing the Vice Chair role. Mandi Peterson accepted a nomination to fill the Vice Chair role.

**Motion** to nominate Mandi Peterson as Vice Chair and to approve the Slate of Directors as presented made by John Ireland and seconded by Jill Hillman.

**CARRIED**

### 6) Introduction of 2022 AMWSS Board


Melody McBride, Mandi Peterson, Trish Verveda, Rozanna Steenbergen and Vanessa Massey.

**7) Adjournment**

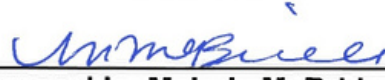
Melody McBride adjourned the meeting at 8:35PM.

**Motion** to adjourn the meeting made by Melody McBride.

**CARRIED**



Recorded by Latisha Niehaus



Approved by Melody McBride, Board Chair



# Alix Mirror Wellness Supports Society

## Our Story

On a cool November morning in 2019, dedicated community members had heard about and attended a Bashaw Regional Wellness Initiative Team meeting at the B.D.S.S. office, in Bashaw. This sparked a fire in them that they could collaborate and partner with the Bashaw Regional Wellness Team and provide their rural community with the same level of support and services that the urban centers offer. Their vision and dream quickly evolved and the Alix Mirror Wellness Supports Society was formed. The members committed their time and dedication to collaborate with local, regional and provincial agencies to form valuable partnerships that would bring their dream closer to reality. At a local level the Alix Community Wellness Team was established and includes: Alix Mirror Wellness Supports Society, Bashaw & District Support Services, Bashaw RCMP, Alix MAC School, Alix Drugs I.D.A. and Bashaw Adult Learning. Soon following, a location was selected and with countless volunteers hours, the Alix and Area Community Resource Centre came to life.

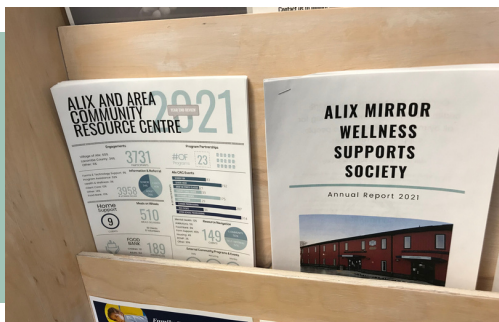
### OUR VISION

Concerns such as enabling seniors to age in place; improving mental health and alleviating stress; adopting healthy habits and reaching personal goals; building parenting skills so families can thrive; eliminating barriers to access supports and reducing crime are all within scope.

In September 2020, the doors to the centre opened and welcomed the community. Coordination of volunteers, staffing and programs were in place and put into motion. Quickly, it was realized that more office space and room for programming was needed and the decision to move ahead with the second phase of renovations was made. More painting, the construction of three additional private offices, storage, a meeting room and a recreation area were completed by March 2021.

In June 2021, the leased space at Bay 1 expanded to include Bay 2 of Railway House. This addition provides many opportunities to offer a wider array of community programs to all ages. The vision of this space is to provide a common area for the community to connect, events to be held and a space that can be utilized by outside users. The space has since been updated and renamed, the Community Connections Activity Centre. Since opening, it has hosted numerous community events and programming for children & youth, families, seniors and adults, as well it has been rented for private use.

The Alix and Area Community Resource Centre has been widely acknowledged and accepted by the community and its services, supports and programs are being accessed and utilized on a daily basis. Through tracking, statistics have been developed to enable us to constantly review, adjust and evolve our services and programs to meet the needs of the community and promote well-being.



# Alix Mirror Wellness Supports Society

## Our Region

As a rural model for serving locally, wrap-around services help to reduce barriers and promote personal health and community well-being. Collaborative partnerships with individuals, agencies and organizations both inside and outside the community form the pillars of this work.

Services are offered in a region comprising of Alix, Bashaw, Buffalo Lake Estates, Donalda, Dorenlee, Edberg, Ferintosh, Meeting Creek, Mirror, Pelican Point and Tees. Bashaw is a natural hub in the geographic area and the Village of Alix is the second largest center. These communities are a part of a broad vision to bring responsive and accessible programs and services to a rural population.

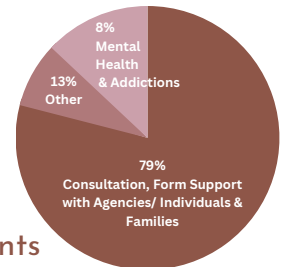
**Information,  
Supports & Referral:**  
7751 Needs Met

**Food Bank:**  
459 Hampers  
457 Adults  
250 Children  
196 Seniors

**Christmas Hampers/  
Fill a Fridge**  
86 Households



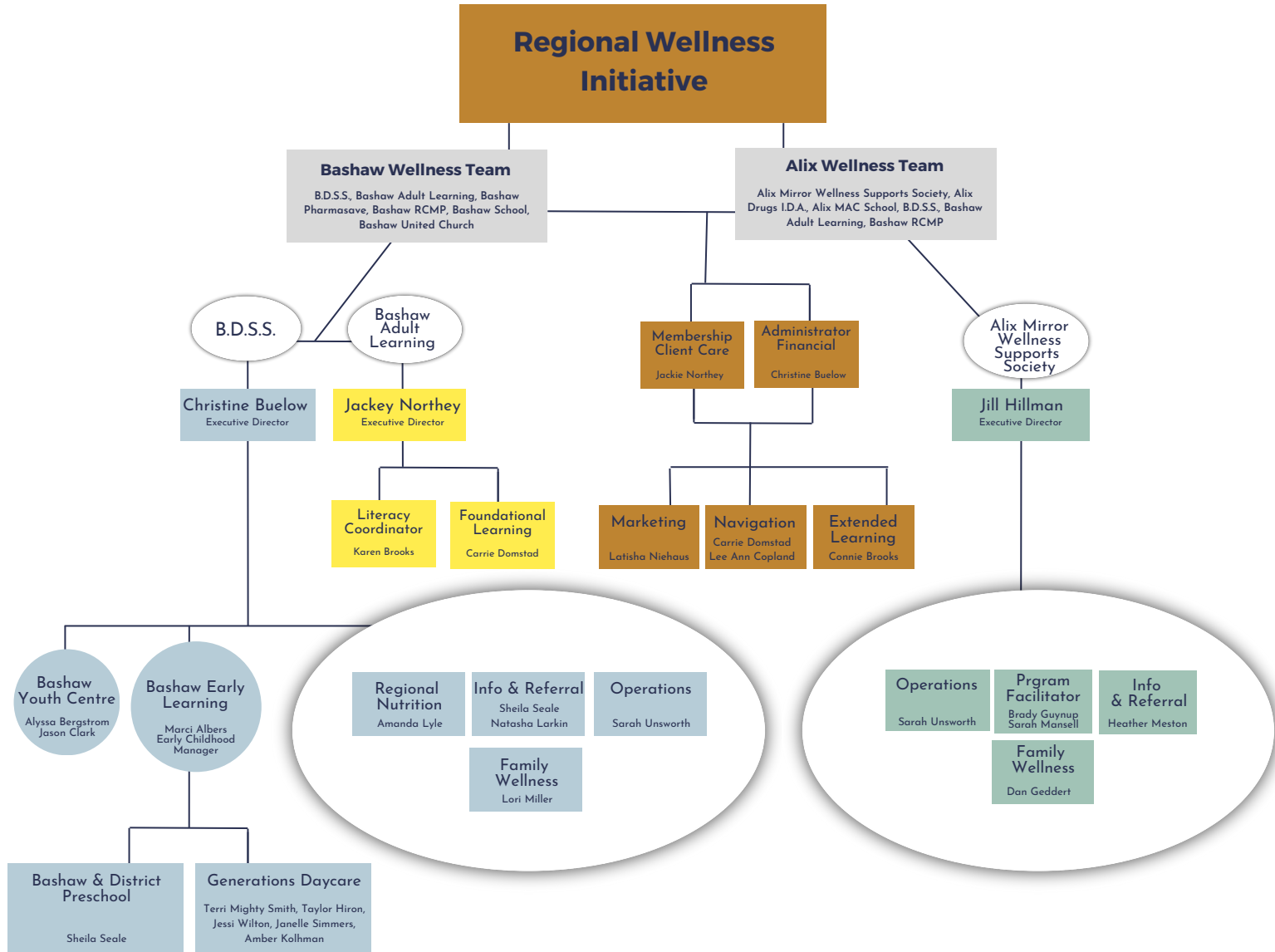
**Resource  
Navigation:**  
232 Participants



# Alix Mirror Wellness Supports Society

## Our Region

### Organization Chart



# Program Descriptions

## Wellness Navigation

The Wellness Navigation program provides support that is kind, empathetic, consistent and is a revolving door for anyone accessing the centre. Navigation services are available two days a week. We work towards bridging gaps in various areas throughout the community and not duplicating services. The primary responsibility of the Wellness Navigator is to manage the intake process for individuals seeking the support services offered. The program is ever expanding, as the demand continues to grow, through ongoing training as well as getting to know our partners, community members and the needs of the surrounding area.

The impact of the program has compounded and been easy to recognize the positive outcomes for individuals and families supported, as well throughout the community as a whole. It has provided statistics which supports the growing needs for this program and has been proven and supported through ongoing success stories. The growing number of community members accessing support has steadily increased throughout 2022.

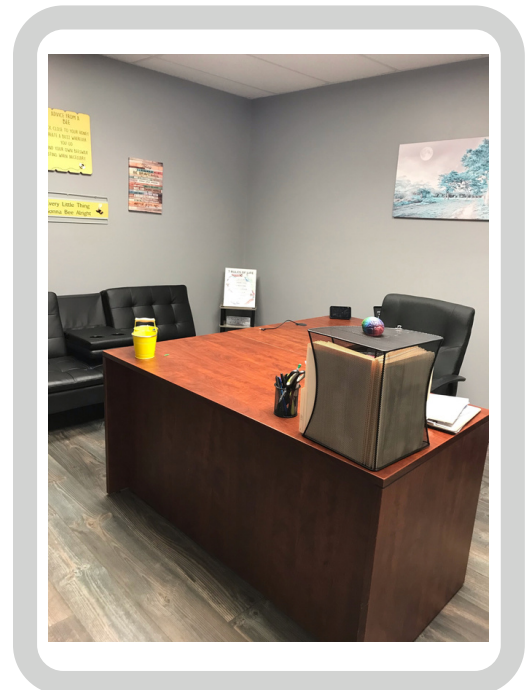
Participant statistics from 2022 are as follows:

During 2022 90 individuals accessed this program.

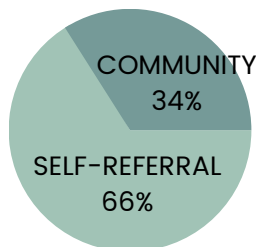
Of these, 34% referrals were from the community or partners and 66% were from self-referral/ walk-in.

# 90

**PARTICIPANTS**  
Village of Alix: 74%  
Lacombe County: 22%  
Other: 3%



### Wellness Navigation



Mental Health & Addiction: 4%  
Food Bank: 4%  
Form Support: 79%  
Housing: 2%  
RCMP: 1%  
Emergency, Medical & Other: 10%

Our external partners have become stronger through mutual referrals, case conferencing and collaboration of the Alix Community Wellness Team. Key partnerships include Bashaw RCMP, Camrose Mental Health, Healthy Families, Alix MAC School, Alix Drugs I.D.A. and the Family Wellness Program.

This program is well established and committed to continuing to provide services, referrals and supports as needed. Much gratitude is extended to the ongoing training, support and relationships with the internal and external partners who have made and will continue to make the program successful. The Navigators are always growing and learning of new resources and finding ways to support the program.

### Participant Comments:

"We look up to them, we admire their fierce determination and unstoppable approach to life and helping others." - Anonymous

"They're the champions of life and this community" - Anonymous

"We are extremely lucky to have this service in Alix." - Anonymous

"I am so grateful for the help, info and knowledge I have received from the Navigation Team and they are always a pleasure to talk to." - Anonymous

# Program Descriptions

## Information & Referral

Information and referral provides the opportunity for any individual or family who walks through the doors of the Alix and Area Community Resource Centre to be greeted by front desk staff with a welcoming and friendly smile. They are offered information for any need or concern they may encounter. This service is available to everyone and provides a channel to connect the community to local resources or external agencies to help meet their needs.

Statistics have indicated and proved a high need for support services in the areas of mental health, social supports, transportation, program supports and family supports. Much of this service is accessed on a walk-in basis. Assistance in finding and assessing resources or general information is available to every community member who visits us or connects via phone, by email or through social media.

Engagement statistics from 2022 are as follows:

During 2022, our services were engaged 7388 times. Of these, 59% were from the Village of Alix. 36% from Lacombe County and 5% other.

### Information & Referral

Village of Alix: 59%

Lacombe County: 36%

Other: 5%

Forms & Technology Support: 4%

Program Assistance: 70%

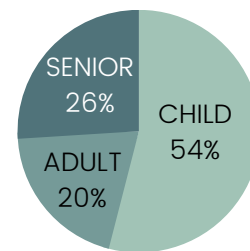
Health & Wellness: 6%

Client Care: 11%

Other: 6%

Food Bank: 3%

7388  
ENGAGEMENTS



8009  
# of Needs Served

Information and referral is where the first impression is made and the onset of trust, security and a relationship is established. These engagements are the cornerstone of building a long lasting relationship with clients and establishing a safe place for them to return with any future needs.



# Program Descriptions

## Administration Services

### How We Connect-

The website ([www.alixcrc.com](http://www.alixcrc.com)), Facebook page (@AlixandAreaCommunityResourceCentre), monthly program calendars, quarterly newsletter (Alix Briefs), highlight columns found in newspapers and posters all serve the community as a go to sources for locals to stay connected. These communication tools promote all of the services available at the centre, feature external supports, other partner organizations and share current information for important resources available in our region and remotely.

### Community Resources-

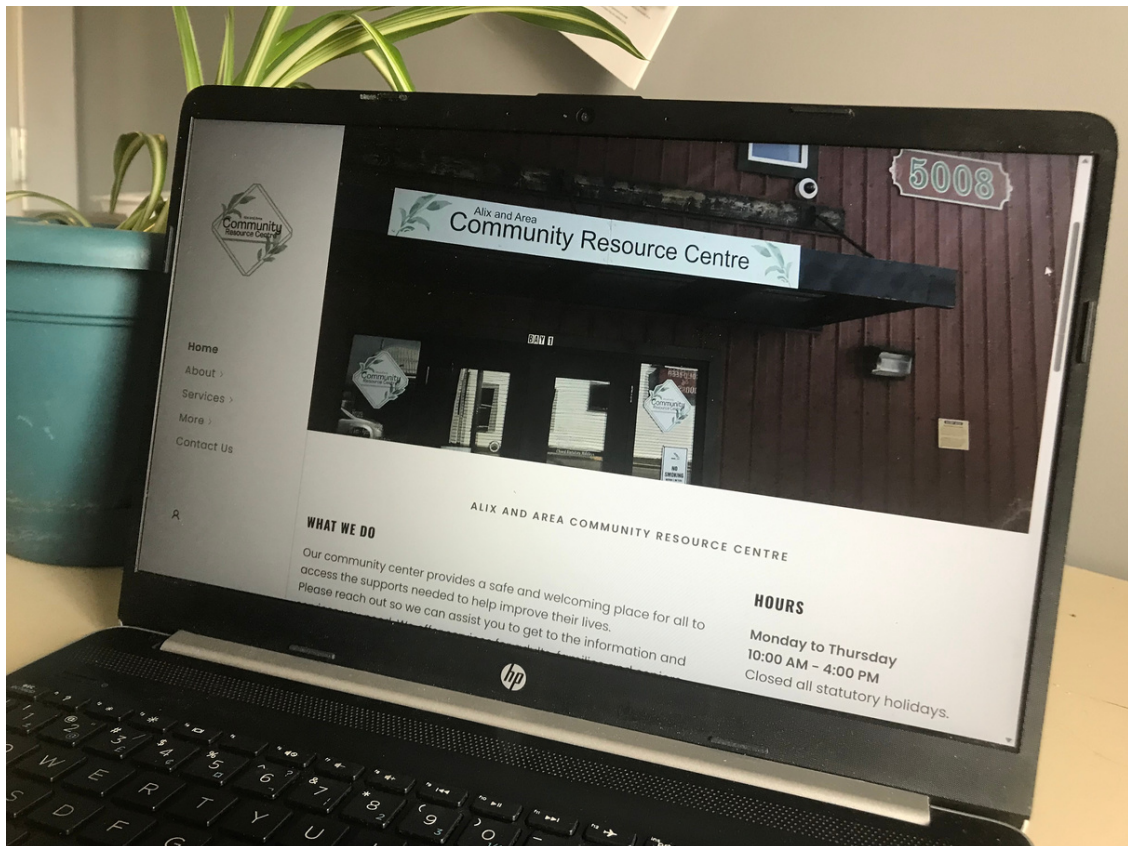
This service includes all steps involved to provide client care such as assistance with booking appointments, referral to partner organizations, filling out forms, photocopying, printing, faxing, access to technology services and providing information for any supports or local information as needed.

### Community Capacity Building-

The board and staff are committed to community building, actively participating in meetings/conversations to build resources, programs and gain feedback from citizens.

### Board Support-

The staff assist the Alix Mirror Wellness Supports Society by providing marketing and administrative activities for all board meetings, training opportunities and any events.



### 2022 Engagements:

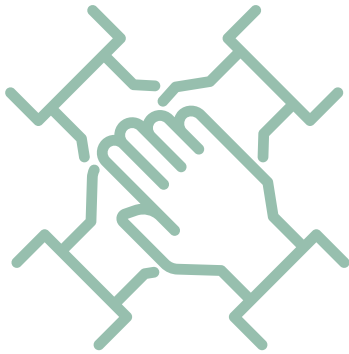
Throughout 2022, our services were engaged 7388 times (see Information & Referral for statistic details).

# Program Descriptions

## Family Wellness

The Family Wellness position exists to compliment traditional social support systems for students and their families. The Alix and Area Community Resource Centre provides this program and collaborates with staff at the Alix MAC School and Wolf Creek Public to better serve the students and families and meet individual needs based on shared outcomes for overall success.

The position of Family Wellness Worker proactively serves those in need at the Alix MAC School and within the community and surrounding. This role is constantly evolving and adapting to ensure that supports are in place where needed. This involves assisting students academically and socially within the community and also connecting in the home setting. Programs are in place and being utilized to support students in various areas such as social skills, confidence building, life skills and coping skills. In collaboration with the Alix Community Wellness Team, we are ensuring the students in our community have the tools they need to achieve success. Input from staff, students, parents and partners are utilized to adapt and conform the Family Wellness Program to best meet needs.

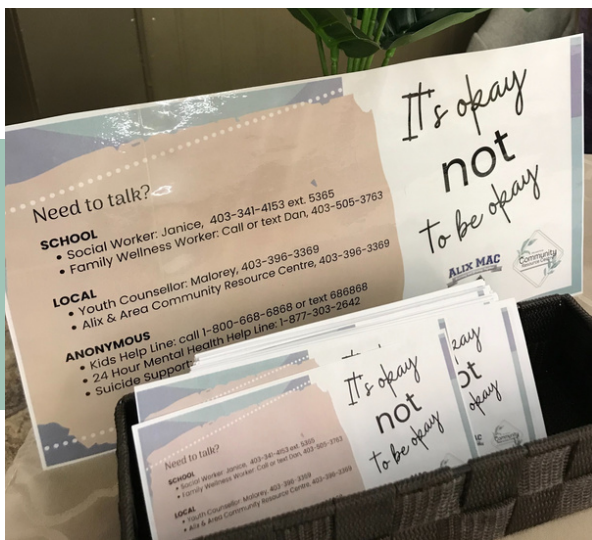
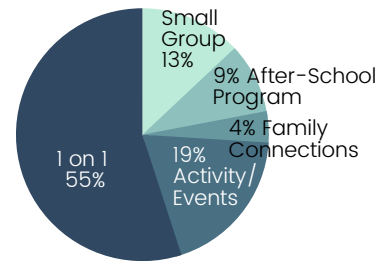


### Family Wellness

**288**  
PARTICIPANTS

Elementary: 74%  
Junior: 22%  
Senior: 3%  
Family: 3%

**1261** ENGAGEMENTS



The Family Wellness program offers support through one on one interactions, small group activities, school wide activities and community engagements. Support is also given to those students who might otherwise not continue to attend school without it. Opportunities such as work experience within the community, participation in the school nutrition program and the school leadership program provide further interactions with the Family Wellness worker.

Students, staff, parents or community members can reach out to the Family Wellness program to access support, referrals to the Resource Navigation Program or external resources depending on the request. In 2022 a tracking program was developed to better expose the gaps in the needs of the participants and areas most utilized. This information is used to evolve the program to better meet the needs and ensure success. This program has been well received within the community and has helped assist individuals and families with the valuable connections needed.

## Program Descriptions

# At Home Services

## Wise Owls (and Home Support)

The Wise Owls (and Home Support) programs provide individuals in the community access to support within their home. Home Support is phasing out to our newly developed Wise Owls program; Home Support is limited to light housekeeping, lawn care and snow removal. Wise Owls services include friendly visiting, menu planning & preparation, pet care, transportation, errand & social assistance, support liaison and home support. The majority of clients are seniors but can also be those who have health and mobility issues or require some extra support. This program enables the client to have someone caring spend a few hours with them in their home on a weekly, bi-weekly or monthly basis allowing them to stay in their own home independently. All services are available within any package, custom to suit each individual client's needs.

This service can provide family members who live away peace of mind and improve the mental health and overall well-being of the client. This service is a vital component in enabling the seniors in our community the ability to age in place.



## Meals on Wheels

The Meals on Wheels program provides clients with a warm meal delivered to their door three times a week. Clients are most often seniors but also include those that have suffered an accident, illness or are unable to care for themselves for a period of time.

It is an essential service that requires the coordination of volunteers to deliver the meals. Our group of dedicated volunteers are the driving force of this service. As an important component to the program we always welcome new volunteers.

A local partnership with Sally's Kitchen was established to offer the meals that are now delivered. A monthly menu for the clients to choose from is provided by print and digitally. This gives the flexibility for clients to choose and order meals weekly or monthly, whichever suits their needs best.

Clients are appreciative of this service and have expressed positive feedback on the portion size, variety and quality of the meals received.





# Program Descriptions

## Contracted/ Partner Services

Collaboration with external agencies, to offer additional services to the community, is another way that we can provide diversity in what we offer at the Alix and Area Community Resource Centre. These various partnerships help us provide the community with opportunities to utilize services and programs that previously were not as easily accessible.

Bib's to Bookbags

**Lacombe Lifelong Learning Association**    **Big Brothers Big Sisters**  
**Alberta Food Bank Association**    Sally's Kitchen    **Bashaw RCMP**    **Bethany Group**  
 Alix Village Shoppe    **BASHAW REGIONAL WELLNESS INITIATIVE**  
**Bashaw & District Support Services**    Alix Chamber of Commerce  
 Alix MAC School    **Lacombe and Area Family Resource Network**  
**Alix Drugs I.D.A**    Alix Family and Community Services Society  
**Alberta Health Services**    Lacombe & District FCSS    **Mae's Kitchen**  
**Alix Lion's Club**    **Bashaw Adult Learning**    Alberta Sexual Assault Centre  
 Camrose Association For Community Living    **Lifeline**

25

PROGRAM PARTNERS

Partnership with the Alix Family and Community Services Society has given us the opportunity to collaborate with them to house and provide the day to day operations of the Alix Food Bank. This enables us to assist locals with essential and emergency food needs. We also work with them in providing the Volunteer Income Tax Assistance Program, which is offered to seniors and low income individuals to complete their income tax returns. A partnership with Bashaw Adult Learning enables us to provide individuals with support in education and employment. The Extended Learning Program, managed by B.D.S.S., allows us to offer tutoring for K-12 students who need additional help. Collaboration with Lacombe & Area Family Resource Network gives us access to programming and support services for families, parents, teens and children that promote and foster parenting skills, family connections and child development. Through the Bashaw Regional Wellness Initiative collaboration with the Bashaw RCMP, Mental Health and Addictions, Healthy Families, AHS and B.D.S.S., provides us with valuable extensions of services, supports and programming. Other valuable partnerships like Alberta Health Services, Lacombe F.C.S.S., Alberta Food Bank Association and Alberta Sexual Assault Center give clients the opportunity to participate in a variety of additional programs and services. The Alix Village Shoppe has also been an important partner in the community by giving the centre access to items such as clothing and household items for clients in need. Utilizing these extensions, our community can easily access support and improve well-being.

### External Partnerships



The Alix and Area Community Resource Centre also provides space to host wellness services. The community now benefits from these services without a transportation barrier. These partnerships include Henna Rose Massage Therapy, Sole Image Rejuvenation, Foot Care by Kaitlin, Feet Terrific and On the Way Mobile Dental Hygiene. We look forward to expanding wellness services, by partnering in the future with more providers that will serve a variety of needs. Community input plays an important role in the services we will attempt to bring to the community.



# Program Descriptions

## Alix Food Bank

The Alix Food Bank is located at the Alix and Area Community Resource Centre and provides one hamper per month per household for anyone who needs to utilize this primary service. The Alix Food Bank benefits as a member of the Alberta Food Banks Association and has established connections with Bashaw Meats and Alix Foods. Much gratitude to continuous support from community food drives and donations.

"23% of us are eating less than we think we should because there isn't enough money for food"  
-Food Banks Canada.

"1 in 8 Canadians access a community food program like a food bank..."  
-Alberta Food Banks

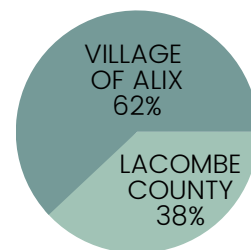
# 161

FOOD HAMPERS

Children: 99

Adults: 163

Seniors: 115



## Volunteer Services



### Community Participation-

To promote and encourage ways to give back, an inventory of community services and volunteers has been developed and continuously being added to and utilized. Volunteerism is essential to provide many of the services offered, such as Meals on Wheels delivery, board member involvement and individual support of various projects including fundraising activities, program delivery, outings, event preparation/ set up and updates/ upkeep of the facility. We are truly grateful to our volunteers!

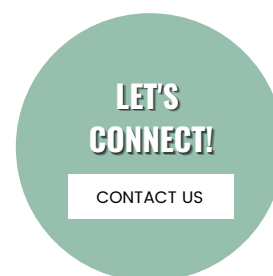
### Hours Volunteered in 2022:

Volunteers donated 1,058 hours of service during 2022.

This not only includes all of the efforts by board members and mentors in partnership development, community engagement and training along with our program volunteers; but also the time of numerous individuals who support our fundraising activities.

## Emergency Assistance Program

The Emergency Assistance Program was developed through the generous donations from members of the community. The donations entrusted to us are to be utilized to offer assistance and cover individual needs, when all other options have been exhausted. Upon approval of need, at the Program Manager's discretion, the funds from the Emergency Assistance Program can help offer assistance to individuals when an unexpected need may arise. The intended purpose is to be a one-time use fund per client. It is reassuring to know these funds are available and accessible to the community.



# Alix Mirror Wellness Supports Society

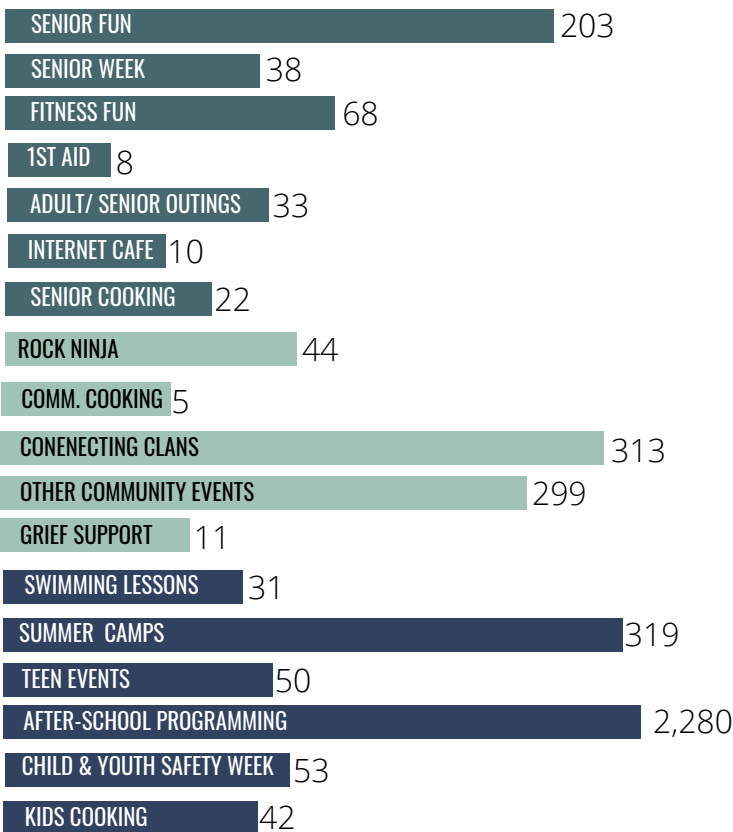
## Community Development

The Alix and Area Community Resource Centre has become a welcomed facility and now plays an important role in the community. This is greatly due to the many partnerships that Alix Mirror Wellness Supports Society has developed along with continuous community feedback. The governing board is dedicated to, and continues, to connect and engage with the Alix Community Wellness Team, Bashaw Regional Wellness Team, B.D.S.S., the Village of Alix, Lacombe County, Alix MAC School and other valuable external agencies to maintain relationships and partnerships.



### Alix CRC Events

# OF PARTICIPANTS



### Seasonal Programs & Events



Partnership meetings and presentations have been held locally, regionally and provincially sharing our vision of providing our rural community with the services available to those in urban areas. Over the past few years partnerships were fostered, and with collaboration and communication, they played an important role in the evolution of the services and programs we were able to provide to the community and surrounding area. Past programs, which were developed and launched in the community, have been evolving as the needs have changed too. Community engagement is ongoing, as partnerships and programs respond and adjust, to continuously serve the community.

# COMMUNITY KINDNESS ROCK NINJA IS BACK!



**Monday, June 13th,  
4:30PM - 8:00PM**

## SENIOR COOKING

Come together to cook, share recipes, and help n...

## Community Cooking

Get c... and help n...

January 1, 8 15

## Kids Cooking

Learn some skills and have fun in the kitchen!



connecting clans  
Quality time spent together.



Greif Support this February 16

One of the hardest lessons in life is letting go. Whether it's guilt, anger, love, loss or betrayal. Change is never easy. We fight to hold on and we fight to let go.

Every 3rd Thursday at 7PM

# 2022 EVENTS



## ADULT/SENIOR OUTINGS



APRIL 8 & 22  
FREE for 18+

Shetler Swimming Pool  
2PM Swim- Meet us there or catch a ride.

MAY FREE for ages 6

If you are ages 10-64, the cost is \$5 for admis...

1:30PM Movie  
Meet us there or catch a ride



Beginns on September 11

EVERY MONDAY | 10:30AM-12PM

Drop-in for coffee, bring your device and technology questions.



## FITNESS FUN

updated may schedule

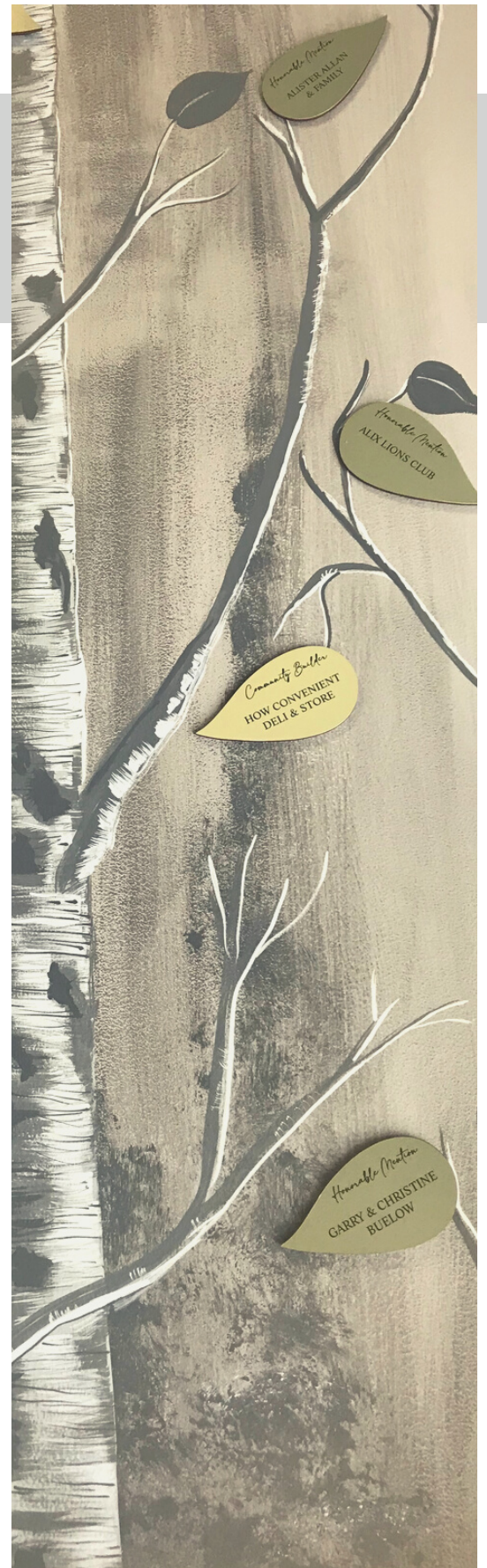
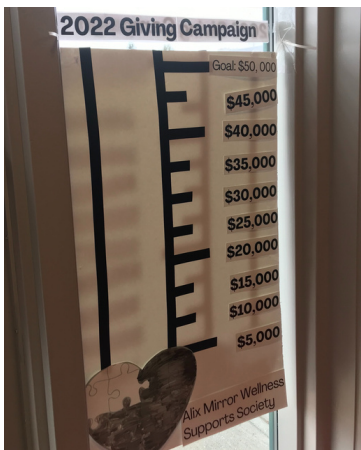
# Our Supporters

**"ALONE WE CAN DO SO LITTLE; TOGETHER WE CAN DO SO MUCH." -HELEN KELLER**

Alix Mirror Wellness Supports Society appreciates all of our generous supporters; your 2022 donations and efforts help to sustain existing programs. Thank you to all of our supporters, funders, organization/ business donors and individual donors.



Fundraising Tools Media About



# THANK YOU SUPPORTERS

## FOUNDING PARTNERS

- ~Alix Mirror Wellness Supports Society
- ~Bashaw & District Support Services
- ~Bashaw Adult Learning
  - ~Bashaw RCMP
  - ~Alix Drugs I.D.A.
  - ~Alix-MAC School
  - ~Village of Alix
- ~Bibs to Bookbags Child Care Centre
- ~Lacombe County

## 2022 FUNDERS

- ~FCSS- Lacombe County
- ~FCSS- Village of Alix
- ~New Horizon's for Seniors
- ~Canada Summer Jobs
- ~Community Initiatives Program Funding
  - ~AB Jobs Now

## 2022 ORGANIZATION/ BUSINESS DONORS:

Rahr Malting, Alix Village Shoppe, Servus Credit Union, Chain Lakes Gas Co-Op, Ember Resources, Premier Auctions, Western Financial, DOW Canada, Bar JH Transport Ltd., The Pantry, Iron Tech Services, Security Watch and proceeds from 2022 Rafflebox 50/50.

## 2022 INDIVIDUAL DONORS:

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