
2024



ALIX MIRROR WELLNESS SUPPORTS SOCIETY

Annual Report

WWW.ALIXCRC.COM

MISSION STATEMENT

Our goal is to help to improve the health, quality of life and well-being for all by making connections to people, support and resources.

–Alix Mirror Wellness Supports Society



**The Board of Directors present the
Annual Report of the Society
together with the Statements of Accounts
for the Financial Year ending December 31, 2024.**

BOARD OF DIRECTORS

Melody McBride	Chair
Mandi Peterson	Vice Chair
Trish Verveda	Treasurer
Vanessa Massey	Director
Rozanna Amlin	Director
Lisa Honish	Director

EMPLOYEES

The Board of Directors appreciates and acknowledges the unstinting efforts put in by all employees of the Alix and Area Community Resource Centre. They continually achieve by increasing productivity levels, responding to programming needs and maintaining a cordial work atmosphere.

Thank you!

VOLUNTEERS

The Board of Directors acknowledges and appreciates the unending commitment and contributions made by the Society volunteers.

MESSAGE FROM THE CHAIR 2024

These last four years have been a testament to how a vision of a few dedicated and driven community members can quickly evolve into a reality. It was recognized that there was a need in our community for services and programs to fill the gaps in the social services area, as well as a need for a place that community members could access a multitude of services and support.

Programs like Meals on Wheels, Wise Owls, Navigation, Food Bank and Info and Referral have become easily accessible to community members because of the Alix and Area Community Resource Centre. Seeing the needs identified and being met in our community gives me a great sense of admiration and pride of our board, the Alix Mirror Wellness Supports Society. As chair of this organization, I am so thankful for our staff, volunteers and the Board of Directors that help run and administer the programs efficiently.

Because of this amazing group of people and the support of our partners, we are able to efficiently roll out great programming, offer support and referrals and host some incredible community events. Connection and collaboration with external partners locally and regionally are a vital part of our continued success. Evaluations of programs and the ability to adapt them to meet the needs of the community is something that our organization is committed to, to ensure they stay current and align with the current needs. In the last 4 years we have been able to provide our rural community with the access and support to the same level of services as those in urban areas. Alix Mirror Wellness Supports Society has truly shown me what can be achieved with hard work, dedication and perseverance. I appreciate everyone who has played a part in our success and appreciate all of you. Thank you!

Melody McBride,
Board Chair
Alix Mirror Wellness Supports Society



MESSAGE FROM EXECUTIVE DIRECTOR 2024

2024 has been a busy year in terms of programming, partnerships and fundraising.

We have seen new programs being developed, as well as adapting some existing programs to better meet the needs of the community. We saw the Home Support program begin to phase out and enrolment moved into the Wise Owls program which offers the clients more services. A regional collaboration of the youth Summer Program enabled us to offer more outings, new experiences and connections. A focus on wellness providers saw us increase the number of wellness providers offering services at the centre to give the community opportunities to improve their well-being without having to leave the community. Every day is a new day with new challenges, successes and visions. We also saw an increase in engagement with the Alix and Area Community Resource whether it be for specific needs like navigation and info/referral, specific programs like Thursday Senior Fun and After-school Program, or special events like Volunteer Appreciation Come and Go and Community Block Party. The continued collaboration with partners and listening to the wants and needs of the community is the key to the ever growing success of the Alix and Area Community Resource Centre. I am truly astounded by what this organization has achieved in such a short time and am excited for what the future holds for our community.

A big part of our success is the team that I have supporting me from my staff, to the board of directors, our partners and our volunteers. They are always there for guidance, support, day to day operations and fundraising to keep us moving ahead. Without them and their support and commitment to the vision set out 4 years ago, we would not be where we are at today and for that I am truly grateful.

I am excited to see what we can accomplish in the next year and look forward to celebrating our 5 year milestone with the community! It is an honor to be part of this organization and a privilege to be able to help make their vision become a reality.

Jill Hillman,
Executive Director



**ALIX MIRROR WELLNESS
SUPPORTS SOCIETY
Annual General Meeting 2025
May 29, 2025 – 7PM
@ Alix and Area Community
Resource Centre**

AGENDA

Welcome and Call to Order

1. Adoption of Agenda
2. Approval of 2024 Annual General Meeting Minutes
3. Message from the Chair
4. Program Report
 - a. 2024 Year in Review
5. Financial Report
 - a. Adoption of 2024 Financial Statements

Adjournment



Annual General Meeting 2024

May 27, 2024 @ 7:30PM at Alix and Area Community Resource Centre

MEETING MINUTES

Present: Melody McBride, Mandi Peterson, Vanessa Massey, Trish Verveda, Latisha Niehaus, John Ireland, Jill Hillman and Rob Fehr

Regrets: Rozanna Steenbergen

Welcome and Call to Order - Melody McBride called the meeting to order at 7:37PM.

Revisions:

***Removal of item 4. Election of Directors and 5. Introduction of 2024 Alix Mirror Wellness Supports Society Board**

1) Adoption of Agenda

Motion to adopt the agenda with revision to remove item 4. Election of Directors and 5. Introduction of 2024 Alix Mirror Wellness Supports Society Board, made by Vanessa Massey.

CARRIED

2) Approval of 2023 Annual General Meeting Minutes

Motion to adopt the 2023 Annual General Minutes made by Mandi Peterson.

CARRIED

3) Message from the Chair

Melody McBride reported on highlights from 2023, expressing a strong reliance on staff and commending their passion- we wouldn't be where we are without them, still in awe of the short timeframe and growth of programs. Very happy with how everyone is embracing the Centre and its offerings, giving proof of the need that exists. Wondering with the passing of time, if there is a way to know if there has been a shift in crime/ mental health/ wellness checks and other RCMP stats as a result of the services that are now accessible in the area.

4) Program Report

a) 2023 Year in Review

Latisha Niehaus highlighted and shared comparison from 2022 to 2023, this past year showed growth in most areas of programming. The difference from the 2022 to 2023 document is mainly in the addition of statistics for Mirror vs Lacombe County. Programs have shifted as interest and needs vary- this is evaluated and adjusted on an ongoing basis. Explanation of the process to create the Year in Review document was detailed, from start to finish beginning with data collection. A summary of the online presence/ growth and marketing tools utilized during 2023 were presented.

5) Financial Report

a) Adoption of 2023 Financial Statements

Jill Hillman presented the financial statements providing detail. History now allows for a comparison from the year before to be included. The process has started to gain charitable status (3 years of records are needed to begin). Charitable receipts have still been able to be provided, by writing out to BDSS on behalf of AMWSS. Trish Verveda noted that net revenue was down based on a variance of grants and donations from 2023, expenses were also down to adjust this, with some money left to still carry forward. Lacombe County funding is up from the year prior- John Ireland expressed to continue to update to the County Council with

quarterly reports. Rob Fehr echoed the same message, valuing the ability to stay informed as Village Councillors and answer taxpayers with the information provided. The Village of Alix Council is appreciative of the programs and services offered at the Centre.

Motion to adopt the 2023 Financial Statements as presented made by Trish Verveda and seconded by Mandi Peterson.

CARRIED

6) Adjournment

Melody McBride adjourned the meeting at 8:37PM.

Motion to adjourn the meeting made by Vanessa Massey.

CARRIED

Latisha Niehaus

Recorded by Latisha Niehaus

Melody McBride

Approved by Melody McBride, Board Chair



connections & supports
well-being

HOW IT ALL BEGAN



our vision

CONCERNS SUCH AS
ENABLING SENIORS TO AGE
IN PLACE; IMPROVING
MENTAL HEALTH AND
ALLEVIATING STRESS;
ADOPTING HEALTHY HABITS
AND REACHING PERSONAL
GOALS; BUILDING
PARENTING SKILLS SO
FAMILIES CAN THRIVE;
ELIMINATING BARRIERS TO
ACCESS SUPPORTS
AND REDUCING CRIME
ARE ALL WITHIN SCOPE.



It's hard to believe just 5 years ago...

On a cool November morning in 2019, dedicated community members had heard about and attended a Bashaw Regional Wellness Initiative Team meeting at the B.D.S.S. office, in Bashaw. There sparked a fire in them and the collaboration and partnership with the Bashaw Regional Wellness Team was ignited. This included the desire to provide their rural community with the same level of support and services offered in urban centers. Their vision and dream quickly evolved and the Alix Mirror Wellness Supports Society was formed. The members committed their time and dedication to collaborate with local, regional and provincial agencies to form valuable partnerships that would bring their dream closer to reality. At a local level the Alix Community Wellness Team was established and included: Alix Mirror Wellness Supports Society, Bashaw & District Support Services, Bashaw RCMP, Alix MAC School, Alix Drugs I.D.A. and Bashaw Adult Learning. Soon following, a location was selected and with countless volunteers hours, the Alix and Area Community Resource Centre came to life.

In September 2020, the doors to the centre opened, welcoming the community. Coordination of volunteers, staffing and programs were in place and put into motion. Quickly, it was realized that more office space and room for programming was needed and the decision to move ahead with the second phase of renovations was made. The construction of three additional private offices, storage, a meeting room and a recreation area were completed by March 2021...

...In June 2021, the leased space at Bay 1 expanded to include Bay 2 of Railway House. This addition provided many opportunities to offer a wider array of community programs to all ages. The vision of this space is to provide a common area for the community to connect, events to be held and a space that can be utilized by outside users. The space has since been updated and renamed, the Community Connections Activity Centre. Since opening, it has hosted numerous community events and programming for children & youth, families, seniors and adults, as well it has been rented for private use.

The Alix and Area Community Resource Centre has been widely acknowledged and accepted by the community and its services, supports and programs are being accessed and utilized on a daily basis. Through tracking, statistics have been developed to enable us to constantly review, adjust and evolve our services and programs to meet the needs of the community and promote well-being. Our story continues to evolve and grow to meet the needs of our community and surrounding area. As always striving to fill the gaps and shifting as needed.



ALIX AND AREA COMMUNITY RESOURCE CENTRE 2024

YEAR END REVIEW

by Alix Mirror Wellness Supports Society

Information & Referral

Village of Alix: 75%
Mirror: 6%
Lacombe County: 14%
Other: 5%

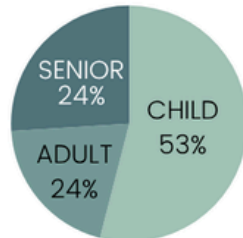
12,650

ENGAGEMENTS

Forms & Technology Support: 4%
Program Assistance: 54%
Health & Wellness: 3%
Client Care: 25%
Other: 4%
Food Bank: 10%

14,256

of Needs Served



Wise Owls

5

CLIENTS

Home Support

3

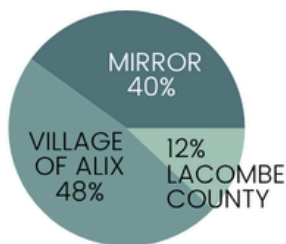
CLIENTS

Meals on Wheels

723

MEALS DELIVERED

9 Clients
6 Volunteers



FOOD BANK

Children: 138
Adults: 266
Seniors: 149

284

FOOD HAMPERS

External Partnerships

PRIVATE

PARTNER

LONG-TERM

26

13

13

FACILITY USE

31

PROGRAM PARTNER

Partner Highlights

Lacombe FRN- 47 Families (Children: 73, Adults: 9)
PrairieLand Psychology: 10 Clients (Children: 4, Adults: 4, Senior: 2)

403-396-3369

Bay 1 & 2, 5008 50 Avenue, Alix, AB

Seasonal

OF PARTICIPANTS

JOY OF GIVING (49 RECEIVED/28 GAVE)

77

INCOME TAX ASS.

43

FILL A FRIDGE

39

ANGEL TREE

25

SANTA'S AN.

18



Programs & Events

OF PARTICIPANTS

ADULT/ SENIOR

Tech Support- 20, Senior Fun- 301,
Drop-in Cards- 12, Standard 1st Aid- 7, Cooking Connections- 18,
Meeting- 141, Outings- 42, Seniors Week- 37,
Online Auction: Bidding- 131/ Donation- 192,
Giving Campaign- 13, 50/50 Raffle- 197, Quilt Raffle- 299,
Wreath Wonderland: Donor- 15/ Raffle- 71

FAMILY/ COMMUNITY

Grief Support- 3, Make it Events- 6, Paint Events- 29, Connecting
Clans- 168, Wellness Fair- 188, Pop-up Artisan Market & Family Day
Activities- 250, Anything Goes Market- 148, Santa Paws- 36,
Community BINGO- 83, Winter Wishes: Gift- 42,
Winter Wishes: Top-up-19, Community Gardens- 8,
Volunteer Come & Go- 32, Touch a Truck- 272, Beach Days- 96,
Rock Ninja- 51, Veggie Pick-up- 808, Alix Food Bank Drive- 26

CHILD & YOUTH

Alix Afterschool- 2,004,
Coloring Contest- 12,
Child & Youth Safety Week- 21,
Cub Crew- 228, Summer Day Camp- 140,
Schools Out Drop-in- 59, Rainbows- 19,
Swimming Lessons- 42,
Summer Outings- 136,
Extended Learning- 2,752

Volunteers



1,418 HOURS
DONATED

Resource Navigation

636 REFERRALS

Mental Health
& Addiction: 2%

Food Bank: 1%

Form Support: 94%

Housing: 1%

Emergency,
Medical & Other: 1%



104
PARTICIPANTS

Village of Alix: 64%
Mirror: 20%
Lacombe County: 4%
Other: 12%

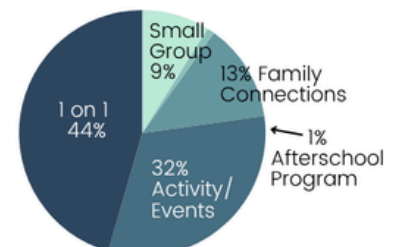
Family Wellness

275

PARTICIPANTS

Elementary: 39%
Junior: 16%
Senior: 27%
Family: 18%

5,289 ENGAGEMENTS



WE ARE A PART OF A REGION

As a rural model for serving locally, wrap-around services help to reduce barriers and promote personal health and community well-being. Collaborative partnerships with individuals, agencies and organizations both inside and outside the community form the pillars of this work.

Services are offered in a region comprising of Alix, Bashaw, Buffalo Lake Estates, Donalds, Doreenlee, Edberg, Ferintosh, Meeting Creek, Mirror, Pelican Point and Tees. Bashaw is a natural hub in the geographic area and the Village of Alix is the second largest center. These communities are a part of a broad vision to bring responsive and accessible programs and services to a rural population.

**Information,
Supports & Referral:**
23,203 Needs Addressed



Food Bank:
621 Hampers
657 Adults
381 Children
268 Seniors

**Christmas Hampers &
Fill a Fridge**
71 Households

Resource Navigation:
758 Participants
2,647 Engagements

**Family Wellness and
Extended Learning Program:**

Alix MAC School, K-12
Enrollment: 239 Students

Bashaw School, K-12
Enrollment: 269 Students





Regional Wellness Initiative

Bashaw Wellness Team
BDSS, Bashaw Adult Learning, Bashaw
Pharmasave, Bashaw RCMP, Bashaw School,
Bashaw United Church

Alix Wellness Team
Alix Mirror Wellness Supports Society, Alix
Drugs IDA, Alix MAC School, BDSS, Bashaw
Adult Learning, Bashaw RCMP

B.D.S.S.

Bashaw Adult Learning

Christine Buelow
Executive Director

Jackie Northey
Executive Director

Mentorship & Client Care
Jackie Northey

Administrator Financial
Christine Buelow

Alix Mirror Wellness Supports Society

Jill Hillman
Executive Director

Literacy Coordinator
Karen Brooks

Foundational Learning
Natasha Larkin

Marketing
Latisha Niehaus

Navigation
Lee Ann Copland,
Heather Meston,
Natasha Larkin,
Paula Rivard

Extended Learning
Cannie Brooks

Summer Program/Seasonal
Georgia Wray, Jenna Sand, Pyper Wilson,
Luke Wray, Lucas Ahnakew, Gwen Quapp, Brooke Buelow,
Grant Golinowski, Harleigh Henderson,
Ashley Grose, Piper Davis

Bashaw Youth Centre
Sam Stewart,
Carlin Schmidt,
Charlee Walker,
Joseph Seale,
Bella Wray, Ireland Pearson, Clairese Vallet

Bashaw Early Learning
Marc Albers
Early Childhood Manager

Bashaw & District Preschool
Sheila Seale

Generations Daycare
Terri Mighty Smith, Taylor Hiron,
Jessi Wilton, Janelle Simmers,
Emily Koltman, Brittany Lalonde

Regional Nutrition
Amanda Lyle

Family Wellness
Lori Miller

Info & Referral
Sheila Seale,
Patricia Breitmeier

Home Support
Lana Gilmore,
Rebecca Jacobson,
Andrea Hildebrand,
Rhianna Sutley,
Michelle Sarasin,
Kirsten Nugent

Operations
Sarah Clark

Healthy Aging
Debbie Zembal

Info & Referral
Heather Meston

Wise Owls/ Home Support
Rhannon Zimmer

Operations
Sarah Clark

Family Wellness
Jason Clark

Info & Referral
Heather Meston

Program Facilitator
Rhannon Zimmer

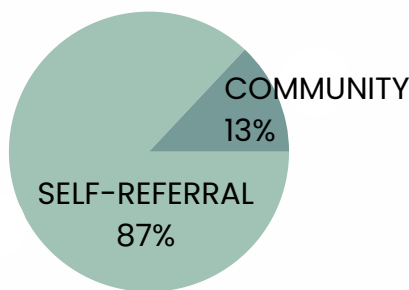
Program Assistant
Mallore Henry

PROGRAM DESCRIPTIONS: WELLNESS NAVIGATION

Navigation services are available 4 days a week.

The Wellness Navigation program provides support that is kind, empathetic, consistent and is a revolving door for anyone accessing the centre. We work towards bridging gaps in various areas throughout the community and not duplicating services. The primary responsibility of the Wellness Navigator is to manage the intake process for individuals seeking the support services offered. The program is ever expanding, as the demand continues to grow, through ongoing training as well as getting to know our partners, community members and the needs of the surrounding area.

Wellness Navigation



636 ENGAGEMENTS
& REFERRALS

Mental Health
& Addiction: 2%

Food Bank: 1%

Form Support: 94%

Housing: 1%

Emergency,
Medical & Other: 1%

104
PARTICIPANTS

Village of Alix: 64%
Mirror: 20%
Lacombe County: 4%
Other: 12%

Participant Comments:

Everything about community support and assistance.
Fabulous staff.

-C.T.

Fantastic, would be lost without it.

-J.K.

The impact of the program has compounded and been easy to recognize the positive outcomes for individuals and families supported, as well throughout the community as a whole. It has provided statistics which supports the needs for this program and has been proven and supported through ongoing success stories. The number of community members accessing support has remained consistent throughout 2024.

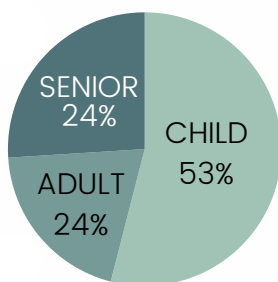
Our external partners have become stronger through mutual referrals, case conferencing and collaboration of the Alix Community Wellness Team. Key partnerships include Bashaw RCMP, Camrose Mental Health, Healthy Families, Alix MAC School, Alix Drugs I.D.A. and the Family Wellness Program.

This program is well established and committed to continuing to provide services, referrals and supports as needed. Much gratitude is extended to the ongoing training, support and relationships with the internal and external partners who have made and will continue to make the program successful. The Navigators are always growing and learning of new resources and finding ways to support the program.

PROGRAM DESCRIPTIONS: INFORMATION & REFERRAL

Assistance in finding and assessing resources or general information is available to every community member who visits us or connects via phone, by email or through social media.

Information & Referral



14,256
of Needs Served

Program Assistance: 54%
Client Care: 25%
Food Bank: 10% Other: 4%
Forms & Technology Support: 4%
Health & Wellness: 3%

12,650
ENGAGEMENTS

Village of Alix: 75%
Mirror: 6%
Lacombe County: 14%
Other: 5%

Participant Comments:

You have become an indispensable "Resource" in this Community!

-I.D.A. Alix Drugs

I Absolutely LOVE what the Centre does for Alix. I only have wonderful things to say about the people that work there, and the services offered.

-C.H.

My daughter absolutely loves coming here all year, thank you for everything you do for the kids.

-M.B.

This project (veggie delivery) is so amazing, offering both help financially, as well as bringing healthy foods into Alix.

-C.H.

Information and referral provides the opportunity for any individual or family who walks through the doors of the Alix and Area Community Resource Centre to be greeted by front desk staff with a welcoming and friendly smile. They are offered information for any need or concern they may encounter. This service is available to everyone and provides a channel to connect the community to local resources or external agencies to help meet their needs.

Statistics have indicated and proved a high need for support services in the areas of mental health, social supports, transportation, program supports and family supports. Much of this service is accessed on a walk-in basis.

Information and referral is where the first impression is made and the onset of trust, security and a relationship is established. These engagements are the cornerstone of building a long lasting relationship with clients and establishing a safe place for them to return with any future needs.

PROGRAM DESCRIPTIONS: ADMINISTRATION SERVICES

How we Connect

The website (www.alixcrc.com), Facebook (@AlixandAreaCommunityResourceCentre), monthly program calendars, quarterly newsletter (Alix Briefs), highlight columns found in newspapers and posters all serve the community as a go to sources for locals to stay connected. These communication tools promote all of the services available at the centre, feature external supports, other partner organizations and share current information for important resources available in our region and remotely.



Community Resources

This service includes all steps involved to provide client care such as assistance with booking appointments, referral to partner organizations, filling out forms, photocopying, printing, faxing, access to technology services and providing information for any supports or local information as needed.



Community Capacity Building

The board and staff are committed to community building, actively participating in meetings/conversations to build resources, programs and gain feedback from citizens.



Board Support

The staff assist the Alix Mirror Wellness Supports Society by providing marketing and administrative activities for all board meetings, training opportunities and any events.



Engagements

Throughout 2024, our services were engaged 12,650 times (see Information & Referral for statistic details).

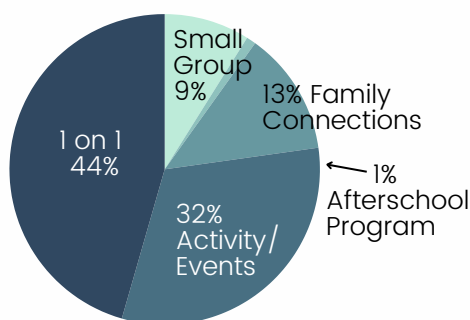
PROGRAM DESCRIPTIONS: FAMILY WELLNESS

The Family Wellness position exists to compliment traditional social support systems for students and their families.

The Alix and Area Community Resource Centre provides this program and collaborates with staff at the Alix MAC School and Wolf Creek Public to better serve the students and families and meet individual needs based on shared outcomes for overall success.

FAMILY WELLNESS

275 PARTICIPANTS



5,289 Engagements

Elementary: 39% Junior: 16%
Senior: 27% Family: 18%

Partner Comments:

My students look forward to their time and appreciate the time and energy the Family Wellness Worker gives.
-N.M.

The Family Wellness Worker did a wonderful job making connections with students I am thankful for all the hard work.
-A.P.

The position of Family Wellness Worker proactively serves those in need at the Alix MAC School and within the community. This role is constantly evolving and adapting to ensure that supports are in place where needed. This involves assisting students academically and socially within the community and also connecting in the home setting. Programs are in place and being utilized to support students in various areas such as social skills, confidence building, life skills and coping skills. In collaboration with the Alix Community Wellness Team, we are ensuring the students in our community have the tools they need to achieve success. Input from staff, students, parents and partners are utilized to adapt and conform the Family Wellness Program to best meet needs.

The Family Wellness program offers support through one on one interactions, small group activities, school wide activities and community engagements. Support is also given to those students who might otherwise not continue to attend school without it.

Students, staff, parents or community members can reach out to the Family Wellness program to access support, referrals to the Resource Navigation Program or external resources depending on the request. This program has been well received within the community and has helped assist individuals and families with the valuable connections needed.

PROGRAM DESCRIPTIONS: FAMILY SUPPORTS

Extended Learning

The Extended Learning Program was again offered to the students of Alix, Bashaw and the surrounding areas. This position works tirelessly in the schools of Alix and Bashaw to support students with connecting material and learning strategies.

Help includes speech therapy, assignment completion, literacy, study skills, one-on-one assistance and small group work. Teachers utilized regular assistance in classrooms, primarily in Grades K-6. This year, participation in the Alix After-school drop-in program, gave additional opportunity to connect with students outside of the school setting.

2,752
ENGAGEMENTS



Partner Comments:

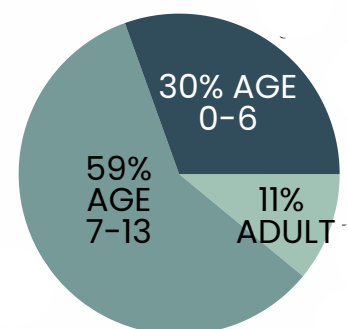
Having Connie as a member of our school community through the Centre programming is a true blessing. She adds enthusiasm, wisdom, kindness and compassion to every situation that she works in. Her extensive school environment background comes in handy when she is working with small groups, facilitating one-on-one learning opportunities, working in a small group, or helping with an art project. Her commitment to our staff and students is deeply appreciated and respected. We are ALL deeply grateful that the Resource Centre continues to be able to offer this programming.

-K.S.

Family Resource Network

Collaboration with the Lacombe and Area Family Resource Network is an integral service for local families. Programs include Connecting Clans, Cub Crew, Rainbows, Alix After-school, and connection to supports, referrals and home visitation.

47 Families (Children: 73, Adults: 9)



Partner Comment:

Thank you for your continuous collaboration to support family's needs. Without your consistent support, we would not be able to provide the help we have with some of our families. Thank you

-FSW, Lacombe Family Resource Network

Alix CRC SUMMER RECAP 2024

PROGRAMS FOR SCHOOL-AGED CHILDREN

**JULY 3
TO AUGUST 27,
2024**



A Regional Partnership

Thank you for helping make
summer programs possible:

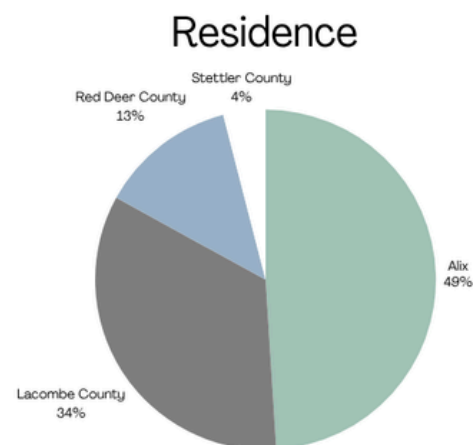
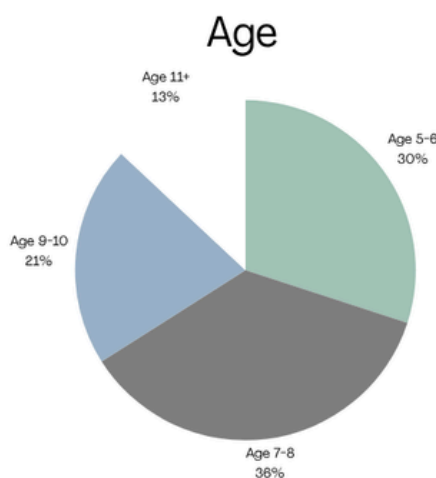
- ~Canada Summer Jobs~
- ~AB Lottery Grant~
- ~Alix Village Shoppe~
- ~CIP Special Projects~

31 MONTHLY PARTICIPANTS REGISTERED

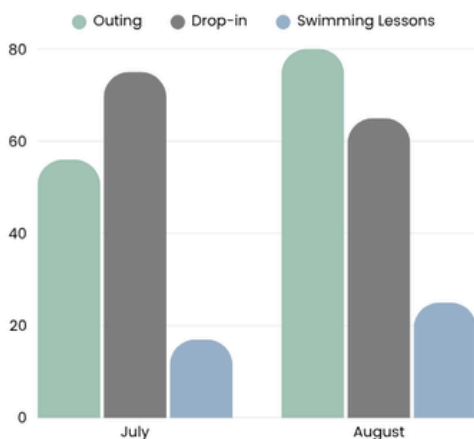
(# of Children:
9 July, 16 August, 6 Both)

AND 16 DROP-IN PARTICIPANTS REGISTERED

(Each child attended
1-2 times during July to August)



Total Attendance



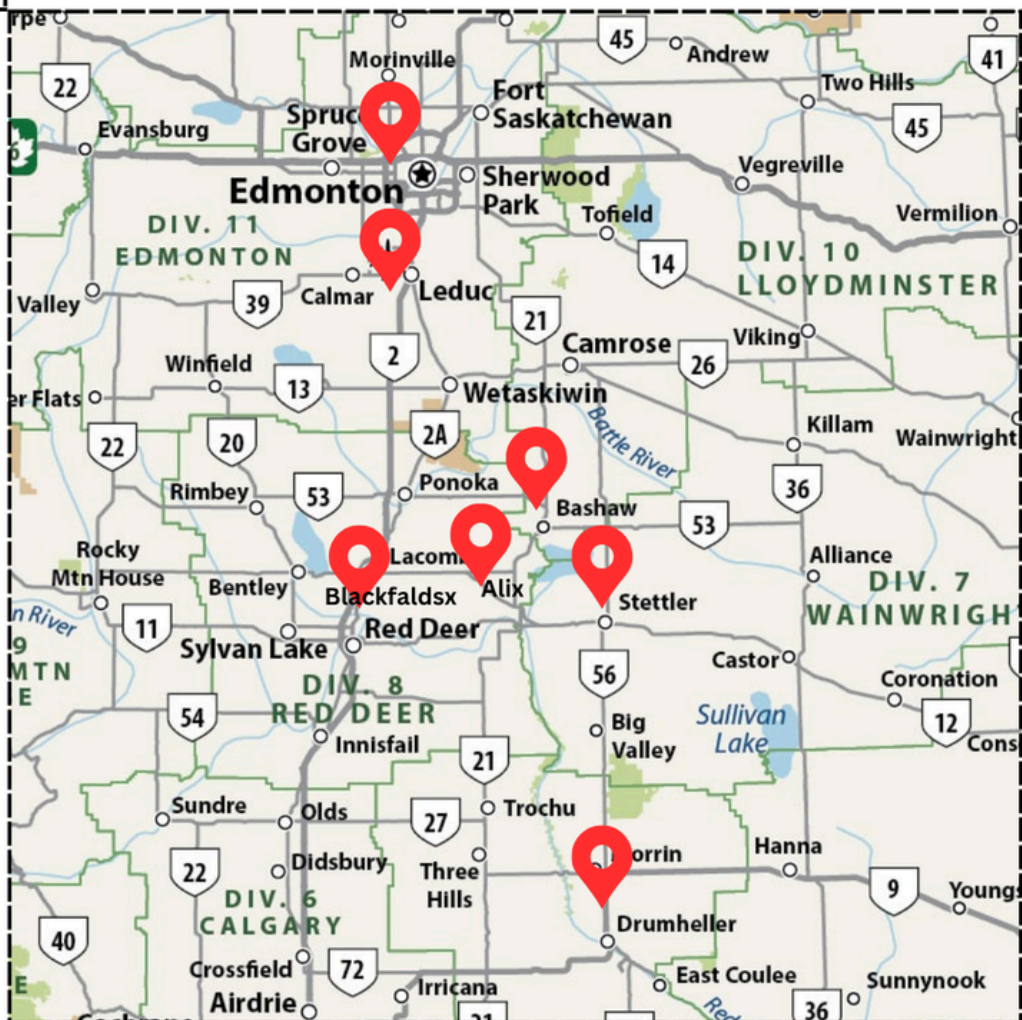
Night at the Centre

Alix Youth Attendance

JULY Glow in the Dark: 9 Youth
AUGUST Tie Dye Party: 26 Youth

Outings to:

- ~Barney's Adventure Drumheller
- ~Deer Valley Meadows
- ~Leduc Alexandra Outdoor Pool & Spray Park
- ~Blackfalds Abbey Centre
- ~Edmonton Valley Zoo
- ~Alix Wagon Wheel Museum
- ~Stettler Town & Country Museum





PROGRAM DESCRIPTIONS: AT HOME SERVICES

Wise Owls (and Home Support)

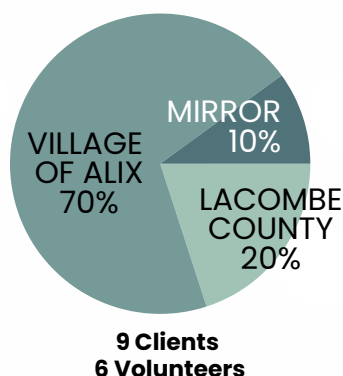
The Wise Owls (and Home Support) programs provide individuals in the community access to support within their home. Home Support is phasing out to our now established Wise Owls program; Home Support is limited to light housekeeping, lawn care and snow removal. Wise Owls services include friendly visiting, menu planning & preparation, pet care, transportation, errand & social assistance, support liaison and home support. The majority of clients are seniors but can also be those who have health and mobility issues or require some extra support. This program enables the client to have someone caring spend a few hours with them in their home on a weekly, bi-weekly or monthly basis allowing them to stay in their own home independently. All services are available within any package, custom to suit each individual client's needs. This service is a vital component in enabling the seniors in our community the ability to age in place.



Meals on Wheels

The Meals on Wheels program provides clients with a warm meal delivered to their door three times a week. Clients are most often seniors but also include those that have suffered an accident, illness or are unable to care for themselves for a period of time. It is an essential service that requires the coordination of volunteers to deliver meals. Our group of dedicated volunteers are the driving force of this service. As an important component to the program we always welcome new volunteers. A local partnership with Sally's Kitchen provides a monthly menu for the clients to choose from, provided by print and digitally. This gives the flexibility to choose and order meals weekly or monthly. Clients are appreciative of this service and have expressed positive feedback on the portion, variety and quality of the meals received.

Meals
on Wheels
723
MEALS
DELIVERED



Senior Comments:

The cards are so appreciated (Senior's Week).
-D.T.

I love finding them (rock ninja rocks) when I walk my dog. They always make me smile.
B.P.

PROGRAM DESCRIPTIONS:

Alix Food Bank

The Alix Food Bank is located at the Alix and Area Community Resource Centre and provides one hamper per month, per household, for anyone who needs to utilize this primary service. The Alix Food Bank benefits as a member of the Alberta Food Banks Association and has established connections with **Bashaw Meats and Alix Foods**. Much gratitude to continuous support from community food drives and donations.

Veggie Pick-up

In 2023, a new partnership began—a weekly veggie delivery, courtesy of **Pik-N-Pak Produce Ltd.**. This gift to our community is delivered by volunteers, generally available on Tuesday as of 1PM. One bag per household, is limited so that as many individuals can benefit from this program. During 2024 this service was accessed 808 times (12% food bank clients).

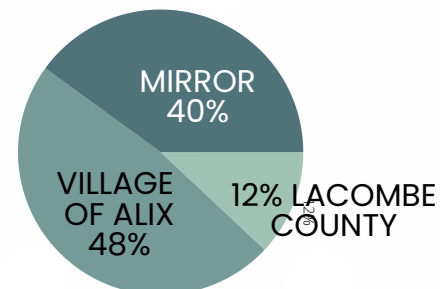
Fresh Goods

During 2024 a gracious donation of excess bakery products was shared with our facility. We are grateful for another fresh food source to offer locals and the effort of volunteers who deliver these items.

Emergency Assistance Program

The Emergency Assistance Program was developed through the generous donations from members of the community. The donations entrusted to us are to be utilized to offer assistance and cover individual needs, when all other options have been exhausted. Upon approval of need, at the Program Manager's discretion, the funds from the Emergency Assistance Program can help offer assistance to individuals when an unexpected need may arise. The intended purpose is to be a one-time use fund per client. It is reassuring to know these funds are available and accessible to the community.

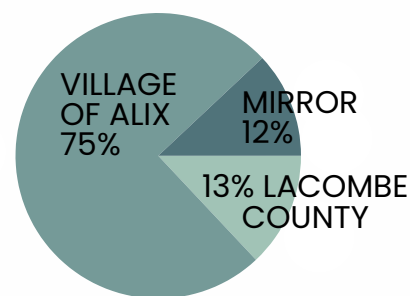
284 FOOD HAMPERS



Children: 138 Adults: 266
Seniors: 149



VEGGIE PICK-UP



PROGRAM DESCRIPTIONS: VOLUNTEER SERVICES

Community Participation

To promote and encourage ways to give back, an inventory of community services and volunteers has been developed and continuously being added to and utilized.

Volunteerism is essential to provide many of the services offered, such as Meals on Wheels delivery, Wise Owls, veggie pick-up, board member involvement and individual support of various projects. These efforts to assist during fundraising activities, program delivery, outings, event preparation/ set up and updates/ upkeep of the facility are essential to sustain what we do. We are truly grateful to our volunteers!



Number of Volunteer Positions in 2024:

Volunteers generously gave their time and skills in varying capacities.

46- Ponoka Stampede	6- Board
25- Big Valley Jamboree	8- Meat Draw
23- Chuckwagon Finals	10- Program and Events
5- Youth	
6- Meals on Wheels	

Hours Volunteered in 2024:

Volunteers donated 1,418 hours of service.

volunteerism
strengthens
COMMUNITIES



CONTRACTED/ PARTNER SERVICES

31
PROGRAM
PARTNERS

Collaboration with external agencies, to offer additional services to the community, is another way that we can provide diversity in what we offer at the Alix and Area Community Resource Centre. These various partnerships help us provide the community with opportunities to utilize services and programs that previously were not as easily accessible.

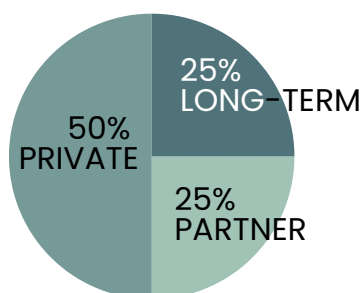
Partnership with Bashaw Adult Learning enables us to provide individuals with support in education and employment. The Extended Learning Program, managed by B.D.S.S., allows us to offer support for K-12 students who need additional help. Collaboration with Lacombe & Area Family Resource Network gives us access to programming and support services for families, parents, teens and children that promote and foster parenting skills, family connections and child development. Through the Bashaw Regional Wellness Initiative collaboration with the Bashaw RCMP, Mental Health and Addictions, Healthy Families, AHS and B.D.S.S., provides us with valuable extensions of services, supports and programming including a new Medical Clinic opening soon. Other valuable partnerships like Turning Point, Lacombe F.C.S.S., Alberta Food Bank Association and Alberta Sexual Assault Center give clients the opportunity to participate in a variety of additional programs and services. The Alix Village Shoppe has also been an important partner in the community by giving the centre access to items such as clothing and household items for clients in need. Utilizing these extensions, our community can easily access support and improve well-being.

We have created new partnerships including with Prairieland Psychology, Jessica Harvey-Registered Provisional Psychologist. This service has been utilized by 10 clients (Children: 4, Adults: 4, Senior: 2).

We have also been fortunate to introduce a new mental health resource, Healthy Minds Online, Trish Ramussen- Registered Professional Counsellor hosting grief workshops and future subsidized services.

We are committed to expand the wellness-based services offered in Alix, see a complete list below.

FACILITY USE



EXTERNAL PARTNERSHIPS

The Alix and Area Community Resource Centre provides space to host wellness services within our facility.

The community now benefits from these services without a transportation barrier. These partnerships include:

Henna Rose Massage Therapy, Foot Care by Kaitlin, Alternative Acupuncture, Tooth Travellers, Lacey Dee's Holistic Health, Stettler Medi-Aesthetics, Moon Child Wellness & Energy Healing, The Wellness House and West of the 5th Therapies & Wellness. We look forward to expanding wellness services, by partnering in the future with more providers that will serve a variety of needs. Community input plays an important role in the services we will attempt to bring to the community.

SELF-CARE Matters

Available at Alix and Area Community Resource Centre



ANNUAL HIGHLIGHTS 2024

A look back to the events and fundraising projects that helped us work towards our goal- to help improve the health, quality of life and well-being for all by making connections to people, support and resources.

-Alix Mirror Wellness Supports Society



JANUARY - APRIL EVENTS

Community Skate & BINGO, Health & Wellness Fair, Family Day Activities & Artisan Market, Child & Youth Safety Week, Cooking Connections, Winter Wishes Complementary Treat/ Pantry Top-up/ Warm Items, Volunteer Appreciation: Dessert Come & Go, Wellness Fun: Meet & Greet

FUNDRAISERS

- ~Meat Draw
- ~Quilt Raffle
- ~Winter Wishes Online Auction

CONNECTIONS



SUPPORTS

MAY - AUGUST EVENTS

Senior's Week, Adult/ Senior Outings, Touch a Truck, Anything Goes Market, Rock Ninja, Beach Days, Child & Youth Summer Camps/ Outings/ Sleepovers/ Swimming Lessons

FUNDRAISERS

- ~Ponoka Stampede Bartending
- ~Big Valley Jamboree Shuttle and Casino
- ~World Finals Chuckwagon Bartending

SEPTEMBER - DECEMBER EVENTS

Block Party & Registration Night, Christmas Crafts in the Village, Paint & Sip, Group Grief Workshops

FUNDRAISERS

- ~Winter Escapes Online Auction
- ~50/50 Raffle
- ~Giving Campaign
- ~Angel Tree
- ~Wreath Wonderland
- ~Meat Draw

WELL-BEING

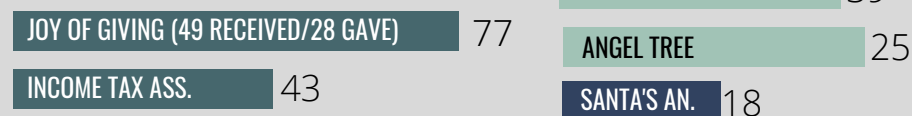


COMMUNITY DEVELOPMENT

Over the past few years partnerships were fostered and have played an important role in the evolution of the services and programs we were able to provide to the community and surrounding area.

Seasonal

OF PARTICIPANTS



ADULT/ SENIOR

Tech Support- 20, Senior Fun- 301, Drop-in Cards- 12, Standard 1st Aid- 7, Cooking Connections- 18, Meeting- 141, Outings- 42, Seniors Week- 37, Online Auction: Bidding- 131/ Donation- 192, Giving Campaign- 13, 50/50 Raffle- 197, Quilt Raffle- 299, Wreath Wonderland: Donor- 15/ Raffle- 71

FAMILY/ COMMUNITY

Grief Support- 3, Make it Events- 6, Paint Events- 29, Connecting Clans- 168, Wellness Fair- 188, Pop-up Artisan Market & Family Day Activities- 250, Anything Goes Market- 148, Santa Paws- 36, Community BINGO- 83, Winter Wishes: Gift- 42, Winter Wishes: Top-up-19, Community Gardens- 8, Volunteer Come & Go- 32, Touch a Truck- 272, Beach Days- 96, Rock Ninja- 51, Veggie Pick-up- 808, Alix Food Bank Drive- 26

CHILD & YOUTH

Alix Afterschool- 2,004, Coloring Contest- 12, Child & Youth Safety Week- 21, Cub Crew- 228, Summer Day Camp- 140, Schools Out Drop-in- 59, Rainbows- 19, Swimming Lessons- 42, Summer Outings- 136, Extended Learning- 2,752

The Alix and Area Community Resource Centre has become a welcomed facility and now plays an important role in the community. This is greatly due to the many partnerships that Alix Mirror Wellness Supports Society has developed along with continuous community feedback. The governing board is dedicated to, and continues, to connect and engage with the Alix Community Wellness Team, Bashaw Regional Wellness Team, B.D.S.S., the Village of Alix, Lacombe County, Alix MAC School and other valuable external agencies to maintain relationships and collaboration. Partnership meetings and presentations have been held locally, regionally and provincially sharing our vision of providing our rural community with the services available to those in urban areas. Past programs have been evolving as the needs have changed too. Community engagement is ongoing, as partnerships and programs respond and adjust, to continuously serve the community.



20
24



FUNDRAISING



Alix Mirror Wellness Supports Society appreciates all of our generous supporters; your 2024 donations and efforts help to sustain existing programs. Thank you to all of our auction, raffle, fundraiser, giving campaign supporters, funders, organization/ business donors and individual donors.

Proceeds



WREATH WONDERLAND \$710

MEAT DRAW \$2,526

ANGEL TREE \$100

GIVING CAMPAIGN \$25,340

50/50 RAFFLE \$2,000

BJV VOLUNTEER \$4,637.20

PONOKA STAMPEDE VOLUNTEER \$6,953.10

CHUCKWAGON FINALS \$3,405

WINTER ESCAPES \$7,000

WINTER WISHES \$10,125



2024 AUCTION PARTICIPANTS

Ab Sports Hall of Fame
Abbey Centre Blackfalds
Adventure Ice Fishing
Age Gracefully Wellness Spa
Airforced Daylighting
Alix Agricultural Society
Alix CRC Cooking Connections – Senior Cooking

Alix Fire & Medical Association
Alix Foods
Alix Home Hardware
Alix MAC Volleyball & Basketball Teams
Alix Village Shoppe
Alternative Accupuncture
Angels Gate Holistic Healing
Aspen Ford Sales Ltd
Assure Health and Wellness
At Home Escape Rooms
Aurora Golf
Barney's Adventure Park
Bashaw Esso
Bashaw Meats & Sausage Ltd.
Berry's Busy Bees
Better Gnomes & Gardens
Bibs to Bookbags Child Care Centre

Big Bubba's Bar & Grill
and Sally's Kitchen

Bill Russell Sand & Gravel
Blindman Brewing
Boardwalk Entertainment Centre
Boho Apothecary and Studio
Branded by BH
Campfire Pokers
Cando Rail
Casting Cats Art Studio
Clive ATB & Blackfalds ATB
Clive Village Foods
Country Sunshine Cleaning
Cow Patti Theatre Company
Crafty Beaches
Crystals & Sun Signs Co
CTRL V Red Deer
Cyberus Protection Services Ltd
Discovery Wildlife Park
DOW Canada
Edmonton Riverhawks
Elite Bridal
Enhance Energy
Esmeray Designs

Fairy Fancy 23
Find Your Wild
Flying Squirrel
From the Shed
Gary Moe Chevrolet Buick GMC
Genuine Reveal
Grandpa Mike's Woodshop
Handmade Heaven on Earth
Haunted Lakes Golf Club
Haylie Broad Photography
Henna Rose Massage & Wellness
Heritage Lanes
Heritage Ranch
HLR Creations
I.D.A. Alix Drugs
iFly Calgary

Integra Tire Mirror-
Kerry's Mechanical
Jeanne and Peter Lougheed
Performing Arts Centre

Jeanne's Pizza Pantry
Jolly Seniors of Mirror
KMA Soaps
Kreations by Tam
Kri-Tech Products Ltd
Kromm Oilfield Hauling
Lacombe Generals
Lacy Dee's Holistic Healing
Lakeside Go Karts & Mini-Golf
Lori Lorensen/ Pixalted Readings
Lovell Farms Ltd.
Lux-fur-ious
Mae's Kitchen
Marla's Marvelous Donuts
Mom n Pops Liquor
Monster Controls Inc
Monster Mini Golf

Moon Child Wellness
and Energy Healing
Mountain Music DJ Services
Mt. Leinster Consulting
Must Halves
Ol' MacDonalds Resort
Oodles of Chocolates
Options Inc
Painted Earth
Pet Valu Stettler
Ponoka Stampede
Rahr Malting

Railway Liquor Store
Railway Pub
Red Deer Festival of Trees
Red Deer Rebels
Rock Jungle Climbing
Roosters Roadhouse
Rosebud Theatre
Royal Lepage Central
Royal Tyrrell Museum of Palaeontology
Running Reins Guest Ranch
Sally's Play Centre
SASART
Saving Grace Animal Society
Servus Credit Union
Shannon Lukens- CIBC Mobile Mortgage Advisor
Sleepy Dragon Crystal Co.
Small Town Barn
Snake Lake Brewery
Something to Say
Soul Works by Sue Pickering
Stettler Brewing
Stettler Imperials
Stettler Medi-Aesthetics
Sunset Molasses
Sunsport Recreation
Sweet Peas Cleaning
Sylvan Lake Gulls
Team Tanner Aurora
and Weather Chasers
Tees Agricultural Society
Terry Walker Studio
The Busy Nurse
The Club House Red Deer
The Gutter
The Hatchet
The Range
The Sodfather
Troubled Monk
Twig and Pine
Val's Wicked Works
Vintage Thistle
Well Mannered Mutts
Wellnest Coaching
Well's Furniture
West of the 5th Therapies
& Wellness
Wheat Bag Shop
Wood Shed Axe Throwing
Yamnuska Wolfdog Sanctuary

2024 AUCTION PARTICIPANTS

Agnes Scoggins
 Alicia Giles
 Allister & Linda Allan
 Amanda Lucki
 Bagshaw Family
 Bailey Rennie
 Barb Gano
 Bev Nielsen
 Bonnie & Danny Scheller
 Brady Guynup
 Brandon Stubling
 Candace Olson
 Carol Olson
 Casey Wright
 Cheryl Saunders
 Chris & Ingrid Clarke
 Clay Duffy
 Cody Marshall
 Dawn Shine
 Dixie Love
 Dona Dahl Bowles
 Elaine Fodor
 Elaine Meehan
 Elizabeth Chizmadia
 Elle Vanderzwaag
 Elsie Stoupe-Trigg
 Gaytan Humphrey
 Glenna Carlson
 Iris Buchaski
 Jackie Stauffer
 Jaida Lynne
 Jane Lang
 Janine England
 Janny Libeton
 Jason & Sara Clark
 Jason, Marcy Henry & Family
 Jean McDermand
 Jennafer Rowley
 Jennifer Andrew
 Jill Hillman
 Jody R Marshall
 Jolene Guynup
 Kapri Brayford
 Karen Stoupe-Trigg
 Katelynn Keddy
 Kathleen Moxham
 Kayla Marie
 Krista Armstrong
 Larry Friars

Latisha & Cody Niehaus
 Laura Bleakley
 Lawrie Saunders
 Leah Simeniuk
 Lee Ann Copland
 Lena Morin
 Lesley Leggott
 Life's Little Moments Photography
 Linda Bourque
 Linda Peterson
 Lindsay Otto Winslow
 Lori Giles
 Louise Peterson
 Marian Pitt
 Marilyn Sutley
 Melanie Derocher
 Melanie Morrow
 Nicole Duffin
 Norene Gaudet
 Pam Hiron
 Ralph Kamlah
 Ramona Gartner
 Rena Moulton
 Rob & Terri Fehr
 Ron Greenlee
 Rosemary Johnson
 Sandra Sargent
 Sandy Cariou
 Sarah Arndt
 Shannon Stenerson
 Sharon Mailloux
 Shona McGonigal
 Skylar Leptich
 Stephanie Tofsrud
 Susan Russell
 Susanne & John Schweer
 Talayna Gartner
 Tammy Morrill
 Tammy Ripley
 Tanya Henderson
 Tanya Stevens
 Terri Swan
 Toni Lee Rairdan
 Trista Beamish
 Valerie Vert
 Verveda Family
 Wardly Family

Where do auction proceeds go?



community



local families,
children & youth



adults
and seniors

WINTER WISHES

During March...

Stop in to grab your **complimentary treat**. Something to warm your spirits to help get through the last of winter.

AND

We are offering a **Pantry Top-up**. Everyone is welcome to utilize this chance to restock their pantry staples.

The Winter Wishes - Online Auction will run during March 11-21

Check out our Facebook page to bid! Proceeds support programs for all ages at the Alix and Area Community Resource Centre.



Thank you

Your donations are appreciated so much.

Winter Escapes Online Auction
November 12 - 18, 2024

2024 ORGANIZATION/ BUSINESS DONORS

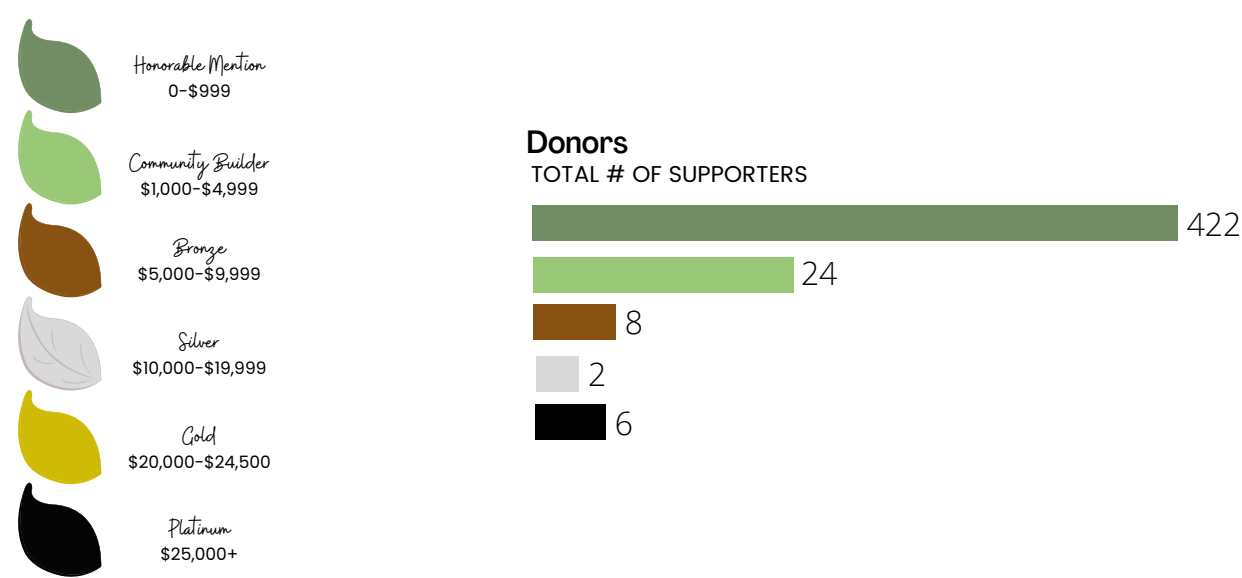
I.D.A. Alix Drugs, Alix Village Shoppe, Ember Graphics Trim & Signs Ltd. , Sweet Crumbs – The Pantry, Alix Home Hardware, Bibs to Bookbags Child Care Centre, Ty Co. & Sons , What Eh Pickle, Ember Resources, Enhance Energy, Rahr Malting, Bashaw & District Victim Services, Gadsby Lake Community Club, Lacombe County, Stride Management, Val's Wicked Works, Airforced Daylighting, ATB Financial, Servus Credit Union, Footcare by Kaitlin, DOW Canada and Genesis Reciprocal Insurance.

2024 INDIVIDUAL DONORS

Dan Fraszter, Debbie Mercer, Donna Dawes, Holly & Wayne Buelow, Larry Garrett, Della Mae Thull, John & Allison Ireland, Agnes Scoggins, Jaime Flewelling, Lee Ann Copland, Rena Moulton, Sandra Sargent, Glenna Carlson, Sweere Family, Ken Stouppe, Norma Clark, Catherine Hepburn and Ian Cuffe.

2024 FUNDERS

FCSS- Lacombe County, FCSS- Village of Alix, Canada Summer Jobs, CIP Youth Project and New Horizons.



THANK YOU
SUPPORTERS