



ALIX MIRROR
WELLNESS
SUPPORTS SOCIETY

Annual Report

2025

WWW.ALIXCRC.COM

Our goal is to help to improve the health, quality of life and well-being for all by making connections to people, support and resources.

-Alix Mirror Wellness Supports Society



**The Board of Directors present the
Annual Report of the Society
together with the Statements of Accounts
for the Financial Year ending December 31, 2025.**

BOARD OF DIRECTORS

Melody McBride	Chair
Mandi Peterson	Vice Chair
Trish Verveda	Treasurer
Vanessa Massey	Director
Lisa Honish	Director
Rozanna Amlin	Director

EMPLOYEES

The Board of Directors appreciates and acknowledges the unstinting efforts put in by all employees of the Alix and Area Community Resource Centre. They continually achieve by increasing productivity levels, responding to programming needs and maintaining a cordial work atmosphere.

Thank you!

VOLUNTEERS

The Board of Directors acknowledges and appreciates the unending commitment and contributions made by the Society volunteers.

2025 Message from the Chair

Wow! 5 years... It is hard to believe we have been making the dream of a small group of community members become a reality. These last five years have been full of hard work, determination, collaboration and constant evolution. Once it was recognized that there were gaps in the social services area, as well as a need for a place that community members could access a multitude of services and support, collaboration with BDSS began and the vision and goal to provide our rural community with the same services available to those in urban communities was set in motion. Evolution of programs easily accessible to the community, setting resources in place to assist any community member that enters the building, and above all the welcoming & safe place to come to when you need support has been the driving force to the success of what the Community Resource Centre has become in our community. The drive, determination, pride and love for what we have accomplished is undeniable and makes me honored to be part of the Alix Mirror Wellness Supports Society.

As chair of this organization, I am so thankful for our staff, volunteers and the Board of Directors that help run and administer the programs efficiently. By the efforts of this incredible group of people, and with the support of our partners, we have been able to continue to develop, adapt, evolve and can roll out great programming to our community. Through this we have the ability to offer support, referrals and host some amazing community events. Our success will always be a result of the connection and collaboration with external partners locally and regionally and the support of the community. Thank you, and I appreciate everyone that has had a part in making our dream a reality.

Melody McBride,
Board Chair
Alix Mirror Wellness Supports Society



2025 Message from Executive Director

It has been an incredible 5 years of development, adversity and growth. From a “what if” conversation to the development of a society, a renovation to a grand opening, partnerships and collaboration, development and constant evolving, we are here. Five years of dedication, perseverance and adversity as we sit here today full of gratitude and immense pride. It is incredible to see how much we have accomplished in five years. It again, has been a busy year in terms of programming, partnerships, collaboration and fundraising. The support we have received from the community and our partners has played a big part in our success and gives us the information we need to evolve to continue to meet the needs of our community. Being part of an organization that has an effect on everyone in the community from seniors to youth, families to individuals, is a big part of what evokes the pride and gratification I feel every day being in the role that I am in.

This past year saw the integration of Healthy Aging, regional summer camps for youth, evaluations and adaptation of programs and fostering of new and existing partnerships. There are always new challenges but with the unconditional support and problem-solving abilities of staff and board members, we can face them head on and make that challenge become a success. In such a short time we have accomplished so much and I am excited for what the next five years has in store for our organization. A key to our success over the past five years is the team that I have supporting me, from my staff to the board of directors, our partners and our volunteers. Whether it be for guidance, support, day to day operations, fundraising, all those involved do their part to foster success. Without their support, commitment, dedication and hard work, the vision we had five years ago would not be the reality we are seeing today and for that I am truly appreciative. It is exciting to think about what we can accomplish together in the future. I am grateful to be part of this organization, and it has been an honor to be able to help make the vision of Alix Mirror Wellness Supports Society become a reality the past five years.

Jill Hillman,
Executive Director



**ALIX MIRROR WELLNESS
SUPPORTS SOCIETY
Annual General Meeting 2025
May 28, 2026- 7PM
@ Alix and Area Community
Resource Centre**

AGENDA

Welcome and Call to Order

1. Adoption of Agenda
2. Approval of 2025 Annual General Meeting Minutes
3. Message from the Chair
4. Program Report
 - a. 2025 Year in Review
5. Financial Report
 - a. Adoption of 2025 Financial Statements
6. Election
7. Introduction o 2026 Board

Adjournment



Annual General Meeting 2025

May 29, 2025 @ 7PM at Alix and Area Community Resource Centre

MEETING MINUTES

Present: Melody McBride, Mandi Peterson, Trish Verveda, Latisha Niehaus, Jill Hillman, Sheila Sandul, Janice Besuijen

Regrets: Rozanna Amlin, Vanessa Massey

Welcome and Call to Order - Melody McBride called the meeting to order at 7:08PM.

1) Adoption of Agenda

Motion to adopt the agenda with the addition of '6.Election, 6.a) Election of Directors' and '7. Introduction of 2025 AMWSS Board', made by Mandi Peterson.

CARRIED

2) Approval of 2024 Annual General Meeting Minutes

Motion to adopt the 2024 Annual General Minutes made by Trish Verveda.

CARRIED

3) Message from the Chair- refer to Annual Report.

4) Program Report

a) **2024 Year in Review-** refer to Annual Report.

5) Financial Report

a) **Adoption of 2024 Financial Statements**

Jill Hillman presented the financial statements. Thank you volunteers for commitment to programs and to donors who have continued to support and expand contributions.

Motion to adopt the 2024 Financial Statements as presented made by Mandi Peterson and seconded by Trish Verveda.

CARRIED

6) Election

a) **Election of Directors-** Jill Hillman presented the Slate of Directors

Motion to approve the Slate of Directors as presented made by Mandi Peterson, seconded by Melody McBride.

7) Introduction of 2025 AMWSS Board

Lisa Honish, Melody McBride, Mandi Peterson, Trish Verveda, Rozanna Amlin and Vanessa Massey.

8) Adjournment

Melody McBride adjourned the meeting at 8:00PM.

Motion to adjourn the meeting made by Sheila Sandul

CARRIED


Recorded by Latisha Niehaus


Approved by Melody McBride, Board Chair

HOW IT ALL BEGAN



our vision

CONCERNS SUCH AS ENABLING SENIORS TO AGE IN PLACE; IMPROVING MENTAL HEALTH AND ALLEVIATING STRESS; ADOPTING HEALTHY HABITS AND REACHING PERSONAL GOALS; BUILDING PARENTING SKILLS SO FAMILIES CAN THRIVE; ELIMINATING BARRIERS TO ACCESS SUPPORTS AND REDUCING CRIME ARE ALL WITHIN SCOPE.



It's hard to believe just 5 years ago...

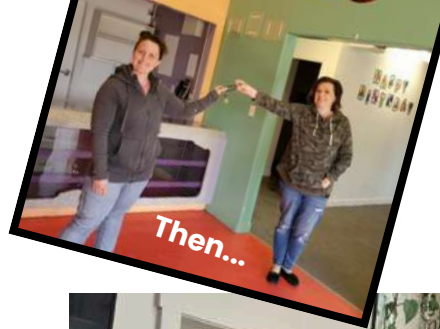
On a cool November morning in 2019, dedicated community members had heard about and attended a Bashaw Regional Wellness Initiative Team meeting at the B.D.S.S. office, in Bashaw. There sparked a fire in them and the collaboration and partnership with the Bashaw Regional Wellness Team was ignited. This included the desire to provide their rural community with the same level of support and services offered in urban centers. Their vision and dream quickly evolved and the Alix Mirror Wellness Supports Society was formed. The members committed their time and dedication to collaborate with local, regional and provincial agencies to form valuable partnerships that would bring their dream closer to reality. At a local level the Alix Community Wellness Team was established and included: Alix Mirror Wellness Supports Society, Bashaw & District Support Services, Bashaw RCMP, Alix MAC School, Alix Drugs I.D.A. and Bashaw Adult Learning. Soon following, a location was selected and with countless volunteers hours, the Alix and Area Community Resource Centre came to life.

In September 2020, the doors to the centre opened, welcoming the community. Coordination of volunteers, staffing and programs were in place and put into motion. Quickly, it was realized that more office space and room for programming was needed and the decision to move ahead with the second phase of renovations was made. The construction of three additional private offices, storage, a meeting room and a recreation area were completed by March 2021...

...In June 2021, the leased space at Bay 1 expanded to include Bay 2 of Railway House. This addition provided many opportunities to offer a wider array of community programs to all ages. The vision of this space is to provide a common area for the community to connect, events to be held and a space that can be utilized by outside users. The space has since been updated and renamed, the Community Connections Activity Centre. Since opening, it has hosted numerous community events and programming for children & youth, families, seniors and adults, as well it has been rented for private use.

The Alix and Area Community Resource Centre has been widely acknowledged and accepted by the community and its services, supports and programs are being accessed and utilized on a daily basis. Through tracking, statistics have been developed to enable us to constantly review, adjust and evolve our services and programs to meet the needs of the community and promote well-being. Our story continues to evolve and grow to meet the needs of our community and surrounding area. As always striving to fill the gaps and shifting as needed. 2025 marked a proud milestone, in operation for 5 years!





PROUD TO SERVE OUR COMMUNITY...

Thank you all who joined us to celebrate 5 years since opening, on September 8, 2025 - participants, board members and community groups. A special mention to Lacombe and Area Family Resource Network for bringing the fun and partnership to this day. AND thank you Sweet Crumbs Cakery - The Pantry for our cake and Mandi Peterson for cupcakes!

We are grateful for our community who continually shows support for the Centre and what we offer.

Did you know?



1 We host community events throughout the year with the goal to bring all ages together, including Connecting Clans and an annual wellness fair, markets and online auctions!

2 We partner with many wellness service providers to bring to you, what is offered in larger centers, without the need to travel...

3 Our center is governed by a board of directors named, Alix Mirror Wellness Supports Society.

4 We employ 9 - 12 staff, with extra help during the summer months to offer programs for children and youth while school is out! AND Many programs, events and fundraisers are supported by our dedicated volunteers.

5 Our facility has expanded since opening and houses the Alix Food Bank and Community Connections Activity Centre- which can be rented out for private bookings.



Celebrating 5 years growing together, serving our community.

Sept 8, 2025

ALIX AND AREA COMMUNITY RESOURCE CENTRE

2025

YEAR END REVIEW

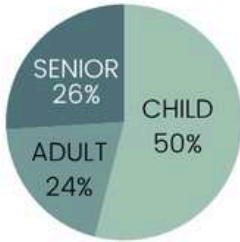
by Alix Mirror Wellness Supports Society

Information & Referral

Village of Alix: 69%
 Mirror: 6%
 Lacombe County: 16%
 Other: 9%

Forms & Technology Support: 1%
 Program Assistance: 55%
 Health & Wellness: 4%
 Client Care: 22%
 Other: 9%
 Food Bank: 9%

12,356
 ENGAGEMENTS



15,137
 # of Needs Served

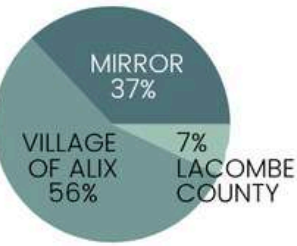
Wise Owls

8
 CLIENTS

Meals on Wheels

447
 MEALS DELIVERED

9 Clients
 8 Volunteers



FOOD BANK

Children: 127
 Adults: 248
 Seniors: 174

287
 FOOD HAMPERS

External Partnerships

PRIVATE PARTNER LONG-TERM

26 PRIVATE
14 PARTNER
13 LONG-TERM
 FACILITY USE

31

PROGRAM PARTNER

Partner Highlights

Lacombe FRN- 47 Families (Children: 76, Adults: 5)
 Tina Larkin: 13 Clients (Children: 1, Adults: 10, Senior: 2)
 Healthy Minds Online: 31 Clients (Children: 14, Adults: 11, Senior: 5)

Holiday Programs

OF PARTICIPANTS

JOY OF GIVING (55 RECEIVED/32 GAVE) 82
FEEDING THE HOLIDAYS 30 (households)
ANGEL TREE 16
SANTA'S AN. 11



Programs & Events

OF PARTICIPANTS

ADULT/ SENIOR

Tech Support- 33, Senior Fun- 211,
 Self-Care Retreat- 13, Cookies & Caroling- 7, Meetings- 110,
 Seniors Week- 31, Senior Wisdom- 15, Online Auction: Bidding- 95/
 Donation- 126, Giving Campaign- 24, 50/50 Raffle- 452,
 Quilt Raffle- 115, Wreath Wonderland: Donor- 25/ Raffle- 101,
 Income Tax Assistance- 46

FAMILY/ COMMUNITY

Mother's Day Pamper Evening- 12, Self Defense Workshop- 8,
 Wellness Fair- 186, Pop-up Artisan Market & Family Day- 160,
 Anything Goes Market- 72, Santa Paws- 19, Community BINGO &
 Skate- 36, Winter Wishes: Gift- 40, Winter Wishes: Top-up-23,
 Community Gardens- 7, Volunteer Come & Go and Wellness Meet &
 Greet- 43, Touch a Truck- 263, Beach Days- 125, Rock Ninja- 54,
 Veggie Pick-up- 821, Patient Enrollment- 55, 5 Yr Celebration/ Block
 Party and Registration Night- 177, Christmas in the Village- 269

CHILD & YOUTH

Alix Afterschool- 2,306,
 Child & Youth Safety Week- 20,
 Cub Crew- 22, Summer Day Camp- 171,
 Schools Out Drop-in- 42, Rainbows- 30,
 Swimming Lessons- 51, Confident Squad-83,
 Summer Outings- 231, Princess & Superhero
 Party- 83, Extended Learning- 2,340

Volunteers



1,515 HOURS
 DONATED

Resource Navigation

800 ENGAGEMENTS
 (DEBRIEF/ FOLLOW-UP, FORM SUPPORT)

62 REFERRALS
 Mental Health & Addiction: 27%
 Food Bank: 45%
 Housing: 11%
 Emergency, Income Support & Other: 21%



219
 PARTICIPANTS

Village of Alix: 66%
 Mirror: 21%
 Lacombe County: 6%
 Other: 7%

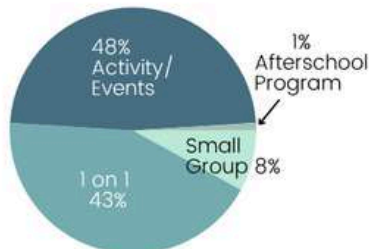
Family Wellness

JAN TO APR ONLY

190 PARTICIPANTS

Elementary: 45%
 Junior: 18%
 Senior: 24% Family: 13%

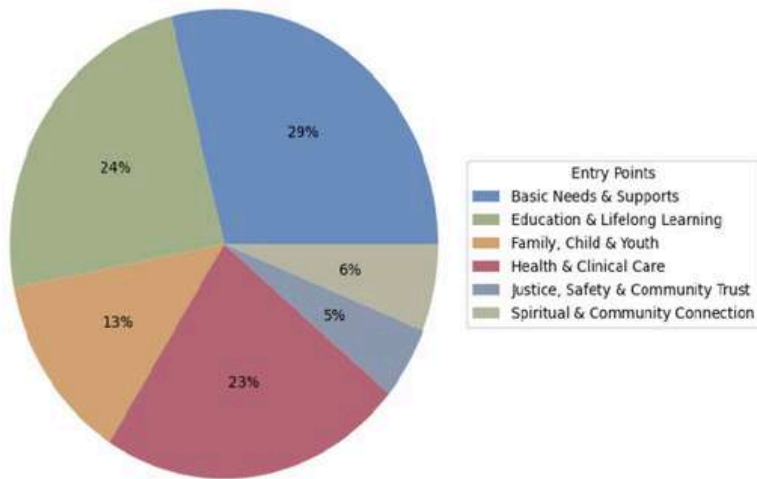
1,411 ENGAGEMENTS



As a rural model for serving locally, wrap-around services help to reduce barriers and promote personal health and community well-being. Collaborative partnerships with individuals, agencies and organizations both inside and outside the community form the pillars of this work.

Services are offered in a region comprising of Alix, Bashaw, Buffalo Lake Estates, Donalds, Doreenlee, Edberg, Ferintosh, Meeting Creek, Mirror, Pelican Point and Tees. Bashaw is a natural hub in the geographic area and the Village of Alix is the second largest center. These communities are a part of a broad vision to bring responsive and accessible programs and services to a rural population.

Community Entry Points into Integrated Care



This chart reflects the first point of connection where community members entered support under the 'Any Door is the Right Door' integrated care model.

Percentages based on 11,800 community service visits (touchpoints).

Place of Residence of Community Members Served

Location	Percentage
Bashaw	28%
Alix	29%
Counties (Camrose, Lacombe, Ponoka, Stettler)	31%
Other (Outside the area)	12%

Population Age Distribution Within Service Area

Age Group	Percentage of Total Population (10,255)
Youth (0–17)	25%
Adults (18–64)	57%
Seniors (65+)	20%



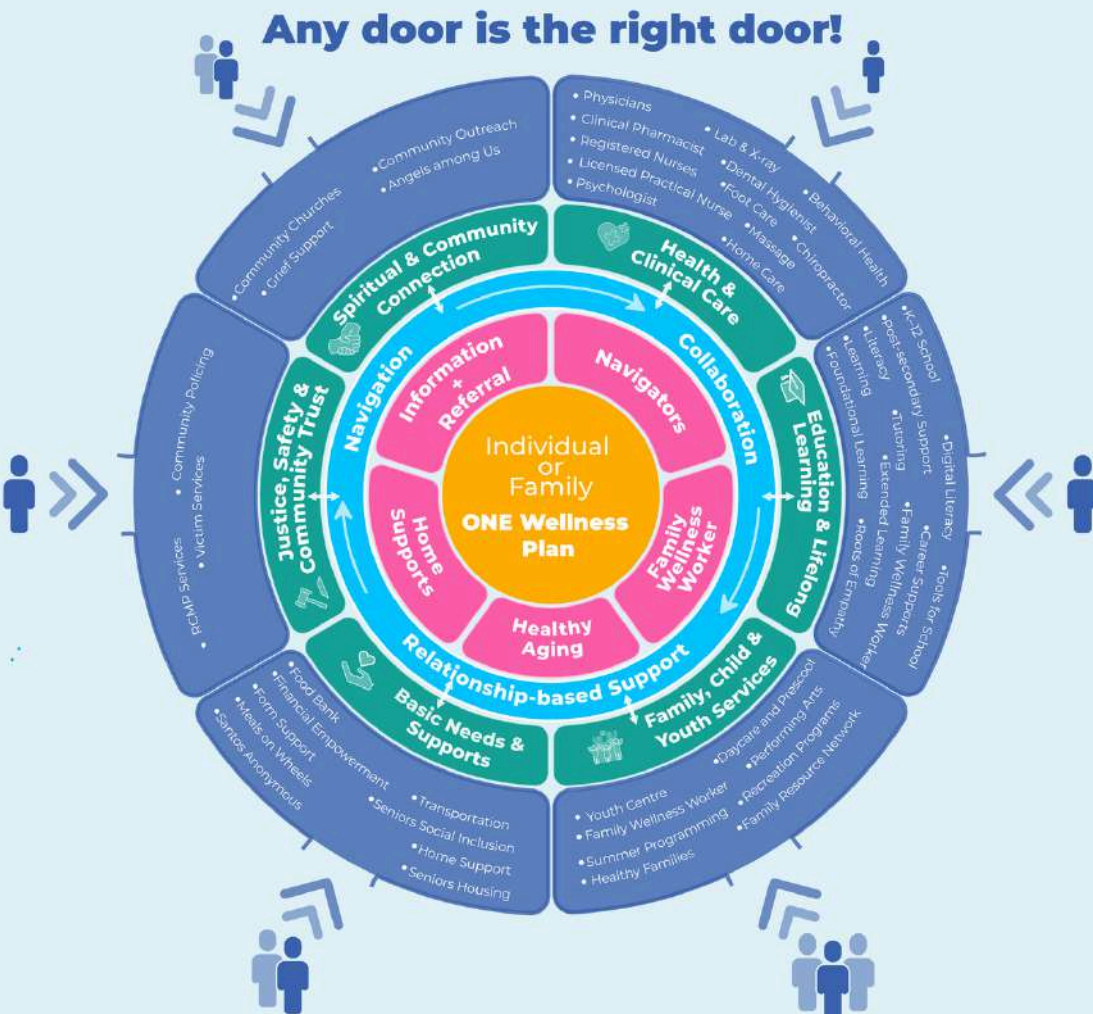
During 2025, the Bashaw Wellness Team developed a collaborative model of health to complete the circle of services for the community.

As a region, this model works to support individuals and families no matter how they access services through one wellness plan.

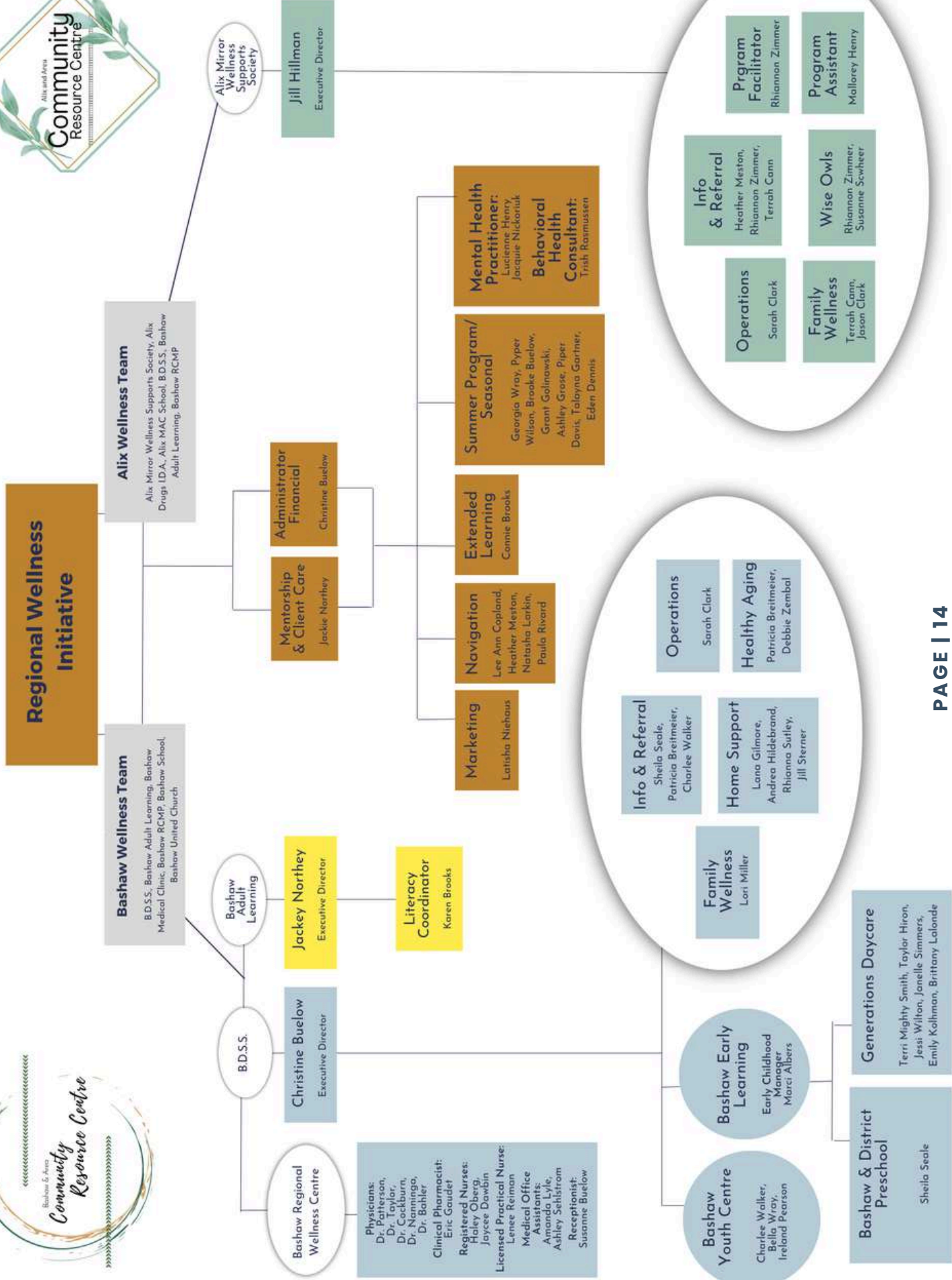
We are working towards implementing new data collection to reflect this update and support how we are serving our community, as 'any door is the right door!'.

How does the Integrated Care Model Work?

The team works together to support individuals and families in different ways. By connecting, making decisions as a team, and acting early, they can spot problems before they get worse. By building trust, offering help, and tackling challenges together, they not only solve issues right away but also make the community stronger for the future, helping everyone live safer and healthier lives.



connections supports well-being



introducing



Behavioral Health Consultant:
Trish Rasmussen, MPCC-Provisional

No Charge Counselling for All Ages

- 50 min sessions available 3 days per week on Monday, Wednesday and Friday
- For children, youth, families, adults, seniors and couples
- Available in-person or virtually, by appointment
- Located at the Bashaw and Area Community Resource Centre
- Serving those who reside in Bashaw and area including, Alix, Buffalo Lake Estates, Donalds, Doreenlee, Edberg, Ferintosh, Meeting Creek, Mirror, Pelican Point and Tees

“Joining this team late in the year, I've had the opportunity to spend November and December getting to know the people, programming, and communities that make this work so meaningful. Even in this short period of time, I've witnessed a deep commitment to supporting mental health across our region. I am honored to spend time in both the Bashaw School and Alix School, which gives our kids access to mental health during school hours.

I am incredibly grateful to be a part of this initiative, and I look forward to continuing to learn, contribute and help expand access to compassionate, effective care in the years ahead.”

31

of Clients from
Alix & Area



How to access?

Connect with our
Resource Navigators
for a referral, 403-396-3369.

The Wellness Navigation program provides support that is kind, empathetic, consistent and is a revolving door for anyone accessing the centre. We work towards bridging gaps in various areas throughout the community and not duplicating services. The primary responsibility of the Wellness Navigator is to manage the intake process for individuals seeking the support services offered. The program is ever expanding, as the demand continues to grow, through ongoing training as well as getting to know our partners, community members and the needs of the surrounding area.

The impact of the program has compounded and been easy to recognize the positive outcomes for individuals and families supported, as well throughout the community as a whole. It has provided statistics which supports the needs for this program and has been proven and supported through ongoing success stories. The number of community members accessing support has remained consistent throughout 2025.

Our external partners have become stronger through mutual referrals, case conferencing and collaboration of the Alix Community Wellness Team. Key partnerships include Bashaw RCMP, Healthy Aging, Lacombe and Area Family Resource Network, Alix MAC School, Alix Drugs I.D.A. and the Family Wellness Program.

This program is well established and committed to continuing to provide services, referrals and supports as needed. Much gratitude is extended to the ongoing training, support and relationships with the internal and external partners who have made and will continue to make the program successful. The Navigators are always growing and learning of new resources and finding ways to support the program. Navigation services are available 4 days a week.

Participant Comments:

Big relief to know there is someone willing to listen and help.- S.S.

Easy to access and get support with what I need. -G.C.

219
PARTICIPANTS

Village of Alix: 66%
Mirror: 21%
Lacombe County: 6%
Other: 7%

**PROGRAM DESCRIPTIONS:
WELLNESS
NAVIGATION**

Continued partnership with the Region and Healthy Aging enables this program to continue to evolve, meet needs and serve the community.

800 ENGAGEMENTS
(DEBRIEF/FOLLOW-UP, FORM SUPPORT)

62 REFERRALS

- Mental Health & Addiction: 27%
- Food Bank: 45%
- Housing: 11%
- Emergency, Income Support & Other: 21%



Information and referral provides the opportunity for any individual or family who walks through the doors of the Alix and Area Community Resource Centre to be greeted by front desk staff with a welcoming and friendly smile. They are offered information for any need or concern they may encounter. This service is available to everyone and provides a channel to connect the community to local resources or external agencies to help meet their needs.

Statistics have indicated and proved a high need for support services in the areas of mental health, social supports, program supports and family supports. Much of this service is accessed on a walk-in basis.

Information and referral is where the first impression is made and the onset of trust, security and a relationship is established. These engagements are the cornerstone of building a long lasting relationship with clients and establishing a safe place for them to return with any future needs. Assistance in finding and assessing resources or general information is available to every community member who visits us or connects via phone, by email or through social media.

Participant Comments:

I randomly got stranded. I did not think I would be around that area for a couple days. Turns out this community center helped me out with food when I was in need. They were kind. I highly recommend it. -J.T.

Thank you for your devotion to make Alix such a great place to live. Ive been blessed this year with lots of travel, but there is no place like home Alix. - D.T.

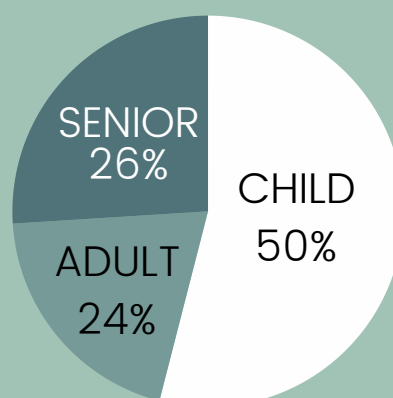
12,356
ENGAGEMENTS

Village of Alix: 69%
Mirror: 6%
Lacombe County: 16%
Other: 9%

**PROGRAM DESCRIPTIONS:
INFORMATION &
REFERRAL**

Assist- Any door is the right door.
Assess- What is needed, how can we help?
Access- Resources, information and referral.

Forms & Technology Support: 1%
Program Assistance: 55%
Health & Wellness: 4%
Client Care: 22%
Other: 9%
Food Bank: 9%



PROGRAM DESCRIPTIONS: ADMINISTRATION SERVICES

How we Connect

The website (www.alixcrc.com), Facebook (@AlixandAreaCommunityResourceCentre), monthly program calendars, quarterly newsletter (Alix Briefs), highlight columns found in newspapers and posters all serve the community as a go to sources for locals to stay connected. These communication tools promote all of the services available at the centre, feature external supports, other partner organizations and share current information for important resources available in our region and remotely.



Community Resources

This service includes all steps involved to provide client care such as assistance with booking appointments, referral to partner organizations, filling out forms, photocopying, printing, faxing, access to technology services and providing information for any supports or local information as needed.



Community Capacity Building

The board and staff are committed to community building, actively participating in meetings/conversations to build resources, programs and gain feedback from citizens.



Board Support

The staff assist the Alix Mirror Wellness Supports Society by providing marketing and administrative activities for all board meetings, training opportunities and any events.



Engagements

Throughout 2025, our services were engaged 12,356 times (see Information & Referral for statistic details).

The Alix and Area Community Resource Centre provides this program and collaborates with staff at the Alix MAC School and Wolf Creek Public to better serve the students and families and meet individual needs based on shared outcomes for overall success.

The position of Family Wellness Worker proactively serves those in need at the Alix MAC School and within the community. This role is constantly evolving and adapting to ensure that supports are in place where needed. This involves assisting students academically and socially within the community and also connecting in the home setting. Programs are in place and being utilized to support students in various areas such as social skills, confidence building, life skills and coping skills. In collaboration with the Alix Community Wellness Team, we are ensuring the students in our community have the tools they need to achieve success. Input from staff, students, parents and partners are utilized to adapt and conform the Family Wellness Program to best meet needs.

The Family Wellness program offers support through one on one interactions, small group activities, school wide activities and community engagements. Support is also given to those students who might otherwise not continue to attend school without it. The Family Wellness position exists to compliment traditional social support systems for students and their families.

Students, staff, parents or community members can reach out to the Family Wellness program to access support, referrals to the Resource Navigation Program or external resources depending on the request. This program has been well received within the community and has helped assist individuals and families with the valuable connections needed.

Partner Comments:

What a great program. Alix is so lucky to have it. - D.S.

The Family Wellness Worker did a wonderful job making connections with students I am thankful for all the hard work. -A.P.

PROGRAM DESCRIPTIONS: FAMILY WELLNESS

Family wellness serves students & families, staff and community members.

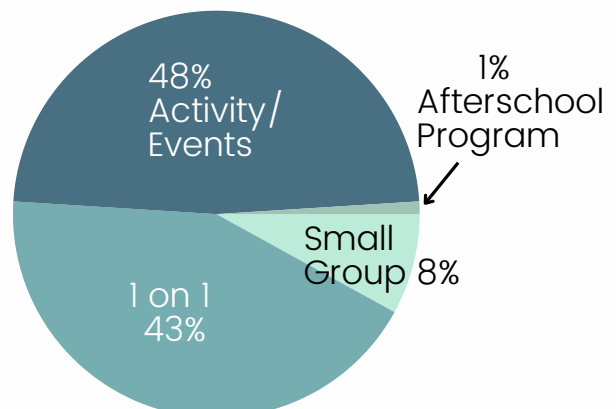
Connections... Support... Bridging Resources

JAN TO APR ONLY

190 PARTICIPANTS

Elementary: 45%
Junior: 18%
Senior: 24% Family: 13%

1,411 ENGAGEMENTS



Extended Learning

The Extended Learning Program was again offered to the students of Alix, Bashaw and the surrounding areas. This position works tirelessly in the schools of Alix and Bashaw to support students with connecting material and learning strategies.

Help includes speech therapy, assignment completion, literacy, study skills, one-on-one assistance and small group work. Teachers utilized regular assistance in classrooms, primarily in Grades K-6.

Partner Comments:

Having Connie as a member of our school community through the Centre programming is a true blessing. She adds enthusiasm, wisdom, kindness and compassion to every situation that she works in. Her extensive school environment background comes in handy when she is working with small groups, facilitating one-on-one learning opportunities, working in a small group, or helping with an art project. Her commitment to our staff and students is deeply appreciated and respected. We are ALL deeply grateful that the Resource Centre continues to be able to offer this programming.

-K.S.

2,340
ENGAGEMENTS

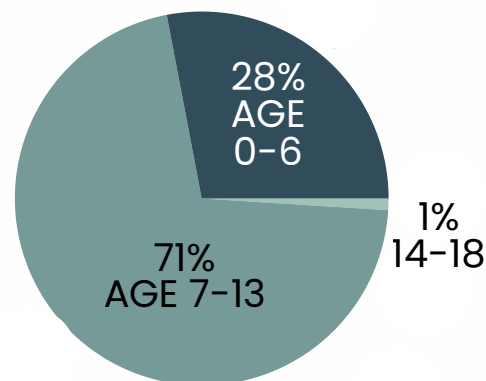
PROGRAM DESCRIPTIONS: FAMILY SUPPORTS



Family Resource Network

Collaboration with the Lacombe and Area Family Resource Network is an integral service for local families. Programs include Connecting Clans, Confident Squad, Rainbows, Alix After-school, and connection to supports, referrals and home visitation.

47 Families (Children: 76, Adults: 5)



Participant Comment:

Such a fantastic addition to the village, the kids programs are absolutely amazing. The staff are all incredible. -M.B.

Alix CRC Summer Recap 2025

PROGRAMS FOR SCHOOL-AGED CHILDREN

JULY 3 TO AUGUST 28



A Regional Partnership

Thank you for helping make summer programs possible:

~Canada Summer Jobs~

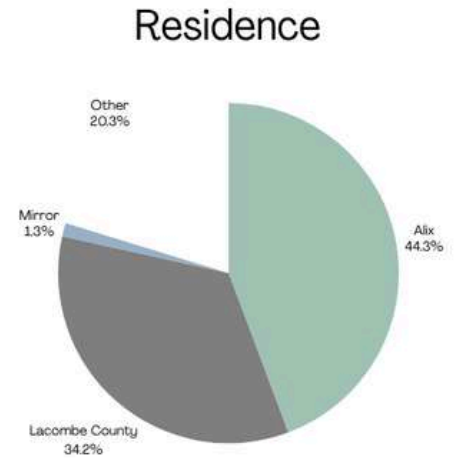
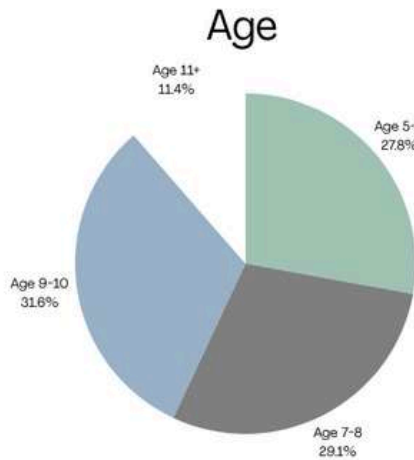
~Alix Village Shoppe, Well Mannered Mutts, Saving Grace Animal Society, Servus Credit Union, Bibs to Bookbags Child Care Centre

48 MONTHLY PARTICIPANTS REGISTERED

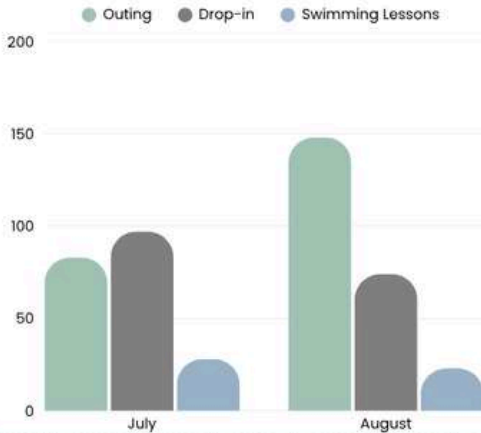
(# of Children: 6 July, 9 August, 33 Both)

AND 31 DROP-IN PARTICIPANTS REGISTERED

(Each child attended 1-2 times during July to August)



Total Attendance



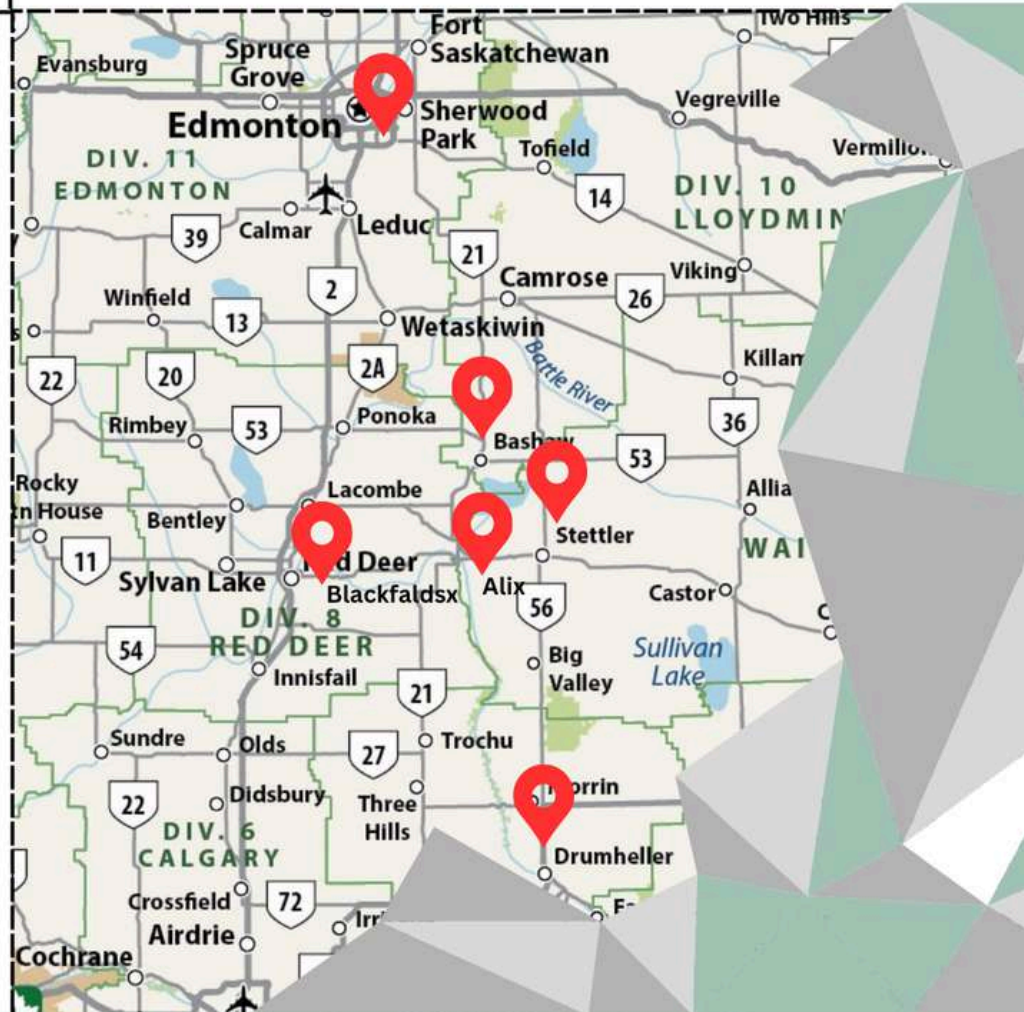
Night at the Centre

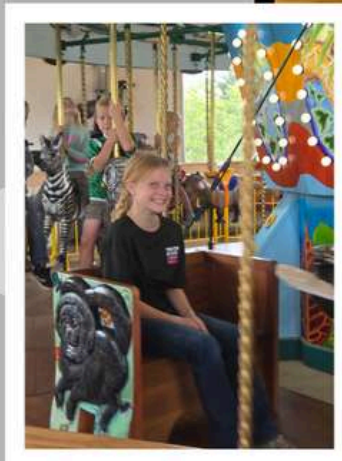
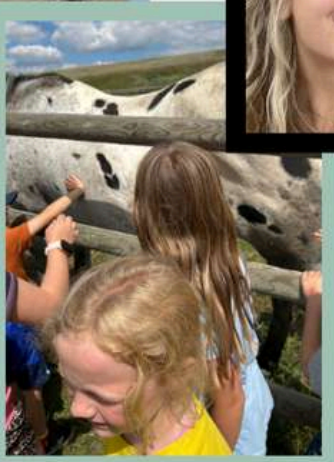
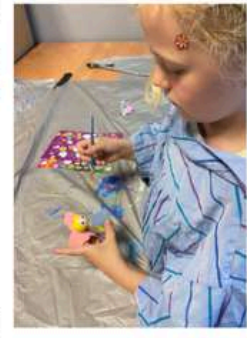
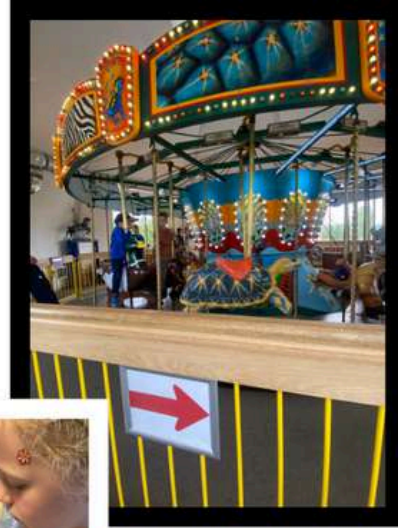
Alix Youth Attendance

JULY Glow in the Dark: 5 Youth
AUGUST Tie Dye Party: 13 Youth

Outings to

- Deer Valley Meadows
- Bashaw United Church Kids Summer Program
- Barney's Adventure Park Drumheller
- Alix Wagon Wheel Museum
- Swimming Lessons (July and August)
- Stettler Town & Country Museum
- Edmonton Valley Zoo
- Blackfalds Abbey Centre
- Treehouse Indoor Playground Red Deer





PROGRAM DESCRIPTIONS: AT HOME SERVICES

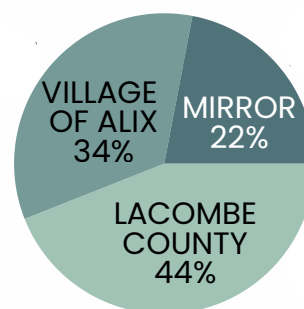
Wise Owls

The Wise Owls program provides individuals in the community access to support within their home. Wise Owls services include friendly visiting, menu planning & preparation, pet care, transportation, errand & social assistance, support liaison and home support (light housekeeping, lawn care and snow removal). The majority of clients are seniors but can also be those who have health and mobility issues or require some extra support. This program enables the client to have someone caring spend a few hours with them in their home on a weekly, bi-weekly or monthly basis allowing them to stay in their own home independently. All services are available within any package, custom to suit each individual client's needs. This service is a vital component in enabling the seniors in our community the ability to age in place.



Meals on Wheels

The Meals on Wheels program provides clients with a warm meal delivered to their door three times a week. Clients are most often seniors but also include those that have suffered an accident, illness or are unable to care for themselves for a period of time. It is an essential service that requires the coordination of volunteers to deliver meals. Our group of dedicated volunteers are the driving force of this service. As an important component to the program we always welcome new volunteers. A local partnership with Sally's Kitchen provides a monthly menu for the clients to choose from, provided by print and digitally. This gives the flexibility to choose and order meals weekly or monthly. Clients are appreciative of this service and have expressed positive feedback on the portion, variety and quality of the meals received.



9 Clients
8 Volunteers

PROGRAM DESCRIPTIONS:

Alix Food Bank

The Alix Food Bank is located at the Alix and Area Community Resource Centre and provides one hamper per month, per household, for anyone who needs to utilize this primary service. The Alix Food Bank benefits as a member of the Alberta Food Banks Association and has established connections with **Bashaw Meats and Alix Foods**. Much gratitude to continuous support from community food drives and donations.

Veggie Pick-up

In 2023, a partnership began- a weekly veggie delivery, courtesy of **Pik-N-Pak Produce Ltd.**. This gift to our community is delivered by volunteers, generally available on Tuesday as of 1PM. One bag per household, is limited so that as many individuals can benefit from this program. During 2025 this service was accessed 821 times (23% food bank clients).

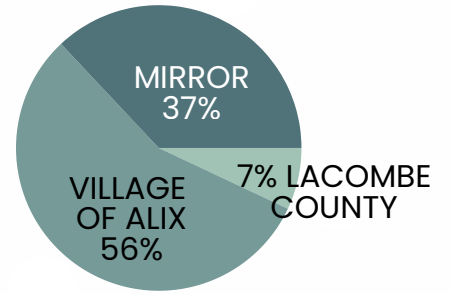
Fresh Goods

In 2025 gracious donations of excess bakery products continued to be shared with our facility. We are grateful for another fresh food source to offer locals and the effort of volunteers, from **the Mirror Market**, who have delivered these items (since 2024).

Emergency Assistance Program

The Emergency Assistance Program was developed through the generous donations from members of the community. The donations entrusted to us are to be utilized to offer assistance and cover individual needs, when all other options have been exhausted. Upon approval of need, at the Program Manager's discretion, the funds from the Emergency Assistance Program can help offer assistance to individuals when an unexpected need may arise. The intended purpose is to be a one-time use fund per client. It is reassuring to know these funds are available and accessible to the community.

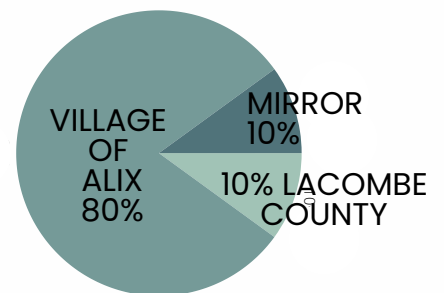
287 FOOD HAMPERS



Children: 127 Adults: 248
Seniors: 174



VEGGIE PICK-UP



PROGRAM DESCRIPTIONS: VOLUNTEER SERVICES

Community Participation

To promote and encourage ways to give back, an inventory of community services and volunteers has been developed and continuously being added to and utilized.

Volunteerism is essential to provide many of the services offered, such as Meals on Wheels delivery, Wise Owls, veggie pick-up, board member involvement and individual support of various projects. These efforts to assist during fundraising activities, program delivery, outings, event preparation/ set up and updates/ upkeep of the facility are essential to sustain what we do. We are truly grateful to our volunteers!



Number of Volunteers in 2025:

Volunteers generously gave their time and skills in varying capacities.

- | | |
|-------------------------|------------------------|
| 41- Ponoka Stampede | 6- Board |
| 25- Big Valley Jamboree | 8- Meat Draw |
| 14- Casino: AMWSS | 16- Program and Events |
| 5- Youth | |
| 11- Meals on Wheels | |

Hours Volunteered in 2025:

Volunteers donated 1,515 hours of service.



volunteerism
strengthens
COMMUNITIES

CONTRACTED/ PARTNER SERVICES

Collaboration with external agencies, to offer additional services to the community, is another way that we can provide diversity in what we offer at the Alix and Area Community Resource Centre. These various partnerships help us provide the community with opportunities to utilize services and programs that previously were not as easily accessible.

Partnership with Bashaw Adult Learning enables us to provide individuals with support in education and employment. The Extended Learning Program, managed by B.D.S.S., allows us to offer support for K-12 students who need additional help. Collaboration with Lacombe & Area Family Resource Network gives us access to programming and support services for families, parents, teens and children that promote and foster parenting skills, family connections and child development. Through the Bashaw Regional Wellness Initiative collaboration with the Bashaw RCMP, Mental Health and Addictions, Healthy Families, AHS and B.D.S.S., provides us with valuable extensions of services, supports and programming including a new Medical Clinic. Other valuable partnerships like Turning Point, Lacombe F.C.S.S., Alberta Food Bank Association and Alberta Sexual Assault Center give clients the opportunity to participate in a variety of additional programs and services. The Alix Village Shoppe has also been an important partner in the community by giving the centre access to items such as clothing and household items for clients in need. Utilizing these extensions, our community can easily access support and improve well-being.

We have created new partnerships, including with counselling provider: Tina Larkin who served 13 Clients in 2025 (Children: 1, Adults: 10, Senior: 2)

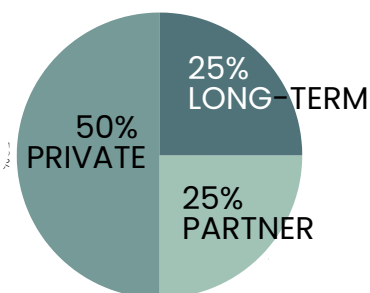
We have also been fortunate to continue to host mental health resource, Healthy Minds Online, Trish Ramussen- Registered Professional Counsellor offering subsidized services. During 2025 Healthy Minds Online served 31 Clients (Children: 14, Adults: 11, Senior: 5)... See page 15.

We are committed to expand the wellness-based services offered in Alix, see a complete list below.



31
PROGRAM PARTNERS

FACILITY USE



EXTERNAL PARTNERSHIPS

The Alix and Area Community Resource Centre provides space to host wellness services within our facility. The community now benefits from these services without a transportation barrier. These partnerships include regular services provided by: Tina Larkin-Counsellor, Healthy Minds Online, Henna Rose Massage Therapy, Foot Care by Kaitlin, Tooth Travelers, Stettler Medi-Aesthetics, Moon Child Wellness & Energy Healing and Organized Chaos Life Coaching. As well as special events to introduce spiritual based providers during March Wellness, a Self-Care Retreat and a Self-Defense Workshop. We look forward to expanding wellness services, by partnering with more providers that will serve a variety of needs in the future. Community input plays an important role in the services we will attempt to bring to the community.

SELF-CARE Matters

Available at Alix and Area Community Resource Centre



Counsellor:
Tina Larkin



Prairie Land
Psychology



Programs & Events

OF PARTICIPANTS

ADULT/ SENIOR

Tech Support- 33, Senior Fun- 211,
Self-Care Retreat- 13, Cookies & Caroling- 7, Meetings- 110, Seniors Week- 31, Senior Wisdom- 15, Online Auction: Bidding- 95/ Donation- 126, Giving Campaign- 24, 50/50 Raffle- 452, Quilt Raffle- 115, Wreath Wonderland: Donor- 25/ Raffle- 101, Income Tax Assistance- 46

FAMILY/ COMMUNITY

Mother's Day Pamper Evening- 12, Self Defense Workshop- 8, Wellness Fair- 186, Pop-up Artisan Market & Family Day- 160, Anything Goes Market- 72, Santa Paws- 19, Community BINGO & Skate- 36, Winter Wishes: Gift- 40, Winter Wishes: Top-up-23, Community Gardens- 7, Volunteer Come & Go and Wellness Meet & Greet- 43, Touch a Truck- 263, Beach Days- 125, Rock Ninja- 54, Veggie Pick-up- 821, Patient Enrollment- 55, 5 Yr Celebration/ Block Party and Registration Night- 177, Christmas in the Village- 269

CHILD & YOUTH

Alix Afterschool- 2,306, Child & Youth Safety Week- 20, Cub Crew- 22, Summer Day Camp- 171, Schools Out Drop-in- 42, Rainbows- 30, Swimming Lessons- 51, Confident Squad-83, Summer Outings- 231, Princess & Superhero Party- 83, Extended Learning- 2,340

Holiday Programs

OF PARTICIPANTS

JOY OF GIVING (55 RECEIVED/32 GAVE) 82

SANTA'S AN. 11

FEEDING THE HOLIDAYS 30 (households)

ANGEL TREE 16

COMMUNITY DEVELOPMENT

Over the past 5 years partnerships were fostered and have played an important role in the evolution of the services and programs are now able to provide to the community and surrounding area.

The Alix and Area Community Resource Centre has become a welcomed facility and now plays an important role in the community. This is greatly due to the many partnerships that Alix Mirror Wellness Supports Society has developed along with continuous community feedback. The governing board is dedicated to, and continues, to connect and engage with the Alix Community Wellness Team, Bashaw Regional Wellness Team, B.D.S.S., the Village of Alix, Lacombe County, Alix MAC School and other valuable external agencies to maintain relationships and collaboration. Partnership meetings and presentations have been held locally, regionally and provincially sharing our vision of providing our rural community with the services available to those in urban areas. Past programs have been evolving as the needs have changed too. Community engagement is ongoing, as partnerships and programs respond and adjust, to continuously serve the community.

2025 ANNUAL HIGHLIGHTS

JANUARY – APRIL EVENTS

Community Skate & BINGO, Princess & Superhero Party, Health & Wellness, Fair, Family Day Activities & Artisan Market, Child & Youth Safety Week, Self-Defense Workshop, Self-Care Retreat, March Wellness, Winter Wishes Complementary Treat/ Pantry Top-up/ Warm Items, Volunteer Appreciation: Dessert Come & Go and Wellness Evening, Income Tax Assistance, Rainbows

FUNDRAISERS

~Quilt Raffle ~AMWSS Casino
~Winter Wishes Online Auction

MAY – AUGUST EVENTS

Mother's Day Pamper Evening, Community Gardens, Senior 's Week, Adult/ Senior Outings, Touch a Truck, Anything Goes Market, Rock Ninja and Alice-Community Rock Snake Project, Beach Days, Child & Youth Summer Camps/ Outings/ Sleepovers/ Swimming Lessons, Mirror Parade, Alix Parade

FUNDRAISERS

~Ponoka Stampede Bartending
~Big Valley Jamboree Shuttle and Casino

SEPTEMBER – DECEMBER EVENTS

Launch A Learner, Block Party & Registration Night, Christmas in the Village, Cookies & Caroling, Feeding the Holidays, Santa's Anonymous, Joy of Giving

FUNDRAISERS

~Winter Escapes Online Auction
~50/50 Raffle
~Giving Campaign
~Angel Tree
~Wreath Wonderland

Participant Comments:

Cookies & Caroling

A big thank you to all the students for the great entertainment... we appreciate it so much. -J.G.

Christmas in the Village

Thank you for having us today. It was the perfect day. My kids enjoyed everything that was planned which provided hours of entertainment. We hope to come again next year.- K.H.

Child & Youth Summer Program

You all put in alot of hours and kept the activities for the kids safe, taught them and laughed with them at the same time. The friendships and memories will last a lifetime. -J.B.

Family Day Activites & Artisan Market

Thank you for always putting on the best Family Day. -K.K.

Great little market. -T.H.

Health & Wellness Fair

Well Done! Some really cool stuff and tonnes of information. - P.P.

It was simply a fabulous and amazing event. -M.J.

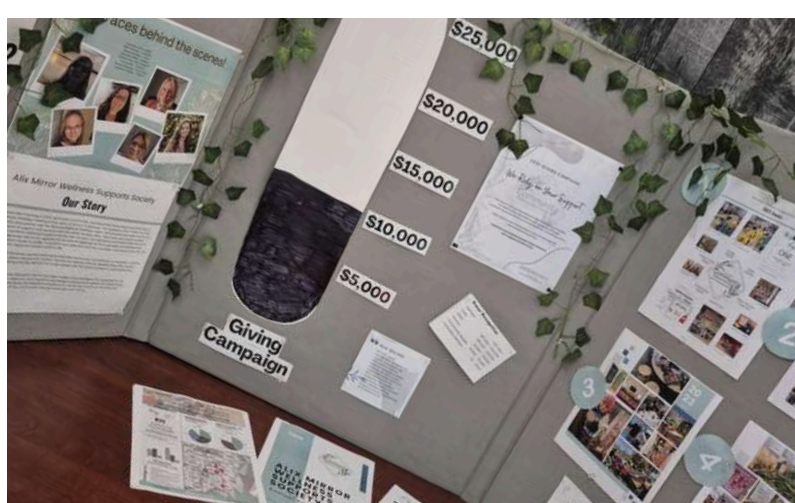
Beach Days

This was so fun!! (We) Started off with the parade, headed to the Car Show, did the Passport tour, checked out Alix lake. Alix is a great little town! -C.D.

Ongoing programs include Tech Support, Alix After-School, Senior Fun, Fitness Fun, Confident Squad, Community Puzzle Exchange and Veggie Pick-Up.



2025



FUNDRAISING

Alix Mirror Wellness Supports Society appreciates all of our generous supporters; your 2025 donations and efforts help to sustain existing programs. Thank you to all of our auction, raffle, fundraiser, giving campaign supporters, funders, organization/ business donors and individual donors.

Proceeds

ANGEL TREE \$80

SANTA PAWS \$365

QUILT RAFFLE \$575

WREATH WONDERLAND \$1,130

50/50 RAFFLE \$2,445

BVJ VOLUNTEER \$2,482

PONOKA STAMPEDE VOLUNTEER \$6,270

WINTER ESCAPES \$7,268.50

WINTER WISHES \$7,734

GIVING CAMPAIGN \$30,780

AMWSS CASINO \$31,267.70



2025 AUCTION PARTICIPANTS

Jessie Hillyer
Allister & Linda Allan
Naomi Bennett
Andrea Webster
Krista Frizzell
Susan Giesbrecht
Dawn Shine
Lee Ann Copland
Chris & Ingrid Clarke
Elaine Fodor
Jan Richardson
Valerie Vert
Melissa Damberger
Melissa Johnson
Candace Olson
Jolene Wilkie
Cathy Sim
Talayna Gartner
Mandi Peterson
Jenny Peterson
Lenee Kari Reiman
Nicole Duffin
Lesley Leggott
Megan & Garth Meehan
Robyn Walker
Agnes Scoggins
Brenda Brayford
Jennafer Rowley
Shannon Stenerson
Coralee Peterson
Niki Tenbrinke
Joe & Dany Emelson
Erin Adams
Meston Family
Tammy Ripley
Brydelle Kayler
Marilyn Sutley
Sandra Sargent
Catherine Hepburn
Jason & Sara Clark
Kim LeRoy-Wiazek
Melody Hopkins
Stephanie Mast
Dixie Love


Alyssa Dinter
Doug McDermant
Jaime Flewelling
Laura Rowley
Rayna Davis
Callie Sauer
Life's Little Moments
Photography
Lisa Brown
Pammy MacKinnon
Trista Beamish
Marla's Marvelous Donuts
Cake Ly's
Apryl Cassidy
Terrah Cann
Susanne & John Schweer
Gilliat Family
Rena Moulton
Kim Carrington
Jackie Stauffer
Jason, Marcy Henry & Family
Bonnie & Danny Scheller
Jill Hillman
Elsie Stoupe-Trigg
Janice Solberg
Kim Wraight
Karen Stoupe- Trigg
Theresa Lowes
Ron Greenlee
Kathryn Haustein
Rosemary Johnson
Bagshaw Family
Carol Olson
Tanya Henderson
Louise Peterson
Catherine Hallbauer
Kelly Redmond
Hacker's Lounge
Happy Hounds Training
LV Energy Services
Meli Mela Sewing
Oodles of Chocolates
Saving Grace Animal Society

Clark's Country Kitchen
Jeanne's Pizza Pantry
Royal Tyrrell Museum of Palaeontology
Sleepy Dragon Crystal Co.
Stettler Brewing
Jeanne and Peter Lougheed
Performing Arts Centre
The Gritty Paw
Berry's Busy Bees
Big Bubba's Bar & Grill and
Sally's Kitchen
Flying Squirrel
Jolane's Island Dreams by
Fareconnect
Sweet Crumbs - The Pantry
Branded by BH
Alix Drugs IDA
Bill Russell Sand & Gravel
Cilantro and Chive
Cow Patti Theatre Company
Hawk Tail Brewery
Henry Farms
Gary Moe Chevrolet Buick GMC
Boho Apothecary and Studio
Stettler Imperials
At Home Escape Rooms
Country Waters Kayaking
Honey Garage
Jorde's Trinkets
The Gutter
Alix Arena Association
Aspen Ford Sales Ltd
Cando Rail
Edmonton Riverhawks
Prairie Fire Café and Lounge
Footcare by Kaitlin
Handmade Nest
Kreations by Tam
Tees Agricultural Society
Abbey Centre Blackfalds
Alix Agricultural Society

2025 AUCTION PARTICIPANTS

Discovery Wildlife Park
Gameland Laser Tag & Vrcade
Country Sunshine Cleaning
Crafty Beaches
Lacombe Generals
Blindman Brewing
Boston Pizza Stettler
Lovell Farms Ltd.
Ponoka Stampede
Rad Golf
Roosters Roadhouse
Rosebud Theatre
Anita Sutley at Branded by BH
Bibs to Bookbags Child Care Centre
Stettler Medi-Aesthetics
Airforced Daylighting
Shannon Lukens- CIBC Mobile
Mortgage Advisor
Kri-Tech Products Ltd
Pro Shot Hockey
Jorgy's Hot Spot
Kromm Oilfield Hauling
Clive ATB & Blackfalds ATB
Adventure Ice Fishing
Well Mannered Mutts
Haunted Lakes Golf Club
Aurora Golf
Slash Sports
Clive Village Foods
Royal Lepage Central
Better Gnomes & Gardens
Henna Rose Massage & Wellness
Alix Village Shoppe
Bashaw Meats & Sausage Ltd.
Alix Foods
Ol' MacDonalds Resort
Crop Management Network
CTRL V Red Deer
MJ Walgenbach
Pam Hiron
Bobbi Blake
Vonda Martens

Boylan Imaging
Sunset Molasses
Enhance Energy
Heritage Lanes
Tooth Traveller
Alix Home Hardware
Metal Mountain Jewelry
RahrBSG
Integra Tire Mirror- Kerry's Mechanical
Val's Wicked Works
Louis de Beaudrap
Rob Richmond
Danica Sutton



Where do auction
proceeds go?

- community
- local families,
children & youth
- adults and seniors

Twisted Scissors
Urban Studio
Boardwalk Entertainment Centre
Mom n Pops Liquor
Barney's Adventure Park
The Range
Wood Shed Axe Throwing
Rock Jungle Climbing
Ab Sports Hall of Fame
Snake Lake Brewery
Sylvan Lake Gulls
Troubled Monk

2025 ORGANIZATION/ BUSINESS DONORS

The Mirror Market, Clive FCSS, Handmade Nest, Tailcreek Greenhouse, Mirror Seventh-Day Adventist Church, Healthy Minds Online, Alix United Church, Mirror Alliance Church, RahrBSG, Alix Village Shoppe, Servus Credit Union, Saving Grace Animal Society, Royal Canadian Legion Branch 189- Mirror, Quality Creations, Sweet Crumbs - The Pantry, Melaleuca, Lacombe County, ATB Financial, Enhance Energy, Ember Resources, Moomba Holdings, Central Alberta Lodge of Perfection 14, Chain Lakes Gas Co-op, Kri-Tech Products Ltd, George Community Group, Well Mannered Mutts, Alix IDA, Alix Foods, Clark's Country Kitchen, Footcare by Kaitlin and Henna Rose Massage & Wellness.

2025 INDIVIDUAL DONORS

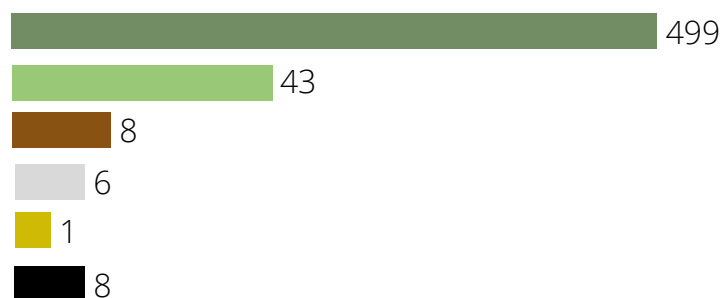
Joanne Meston, Ken Stoupe, Cathy & Peter Rosenburger, Irene Ironside, Pat Phillips, Ron & Irene McIntosh, Elaine Meehan, Karen Stoupe-Trigg, Ed Cameron, Doug McDermind, Don & Marion Madsen, Leah Simeniuk, Michelle Guevemont, Michelle LeBoutillier, Agnes Scoggins, George Lamoureux, Ian Cuffe, Joanne Keeping, Megan & Garth Meehan, Melissa Johnson, Norma Clark, Cameron Clark, Allister & Linda Allan, Valerie Vert, Hillary Ann McClelland, Rick & Kitty Parlby, Heidi Henderson, Ian & Tammy Wood, Cheryl Sydor, Mandi Peterson, Tammy Chick, Elle Vanderzwaag, John & Allison Ireland, Verveda Family, Robert Peterson, Catherine Hepburn, Doreen Scott, Linda Trapp and Alfredo Trejans.

2025 FUNDERS

FCSS- Lacombe County, FCSS- Village of Alix, Canada Summer Jobs and Canada Food Bank Grant .

Donors

TOTAL # OF SUPPORTERS



THANK YOU SUPPORTERS