

## QUARTERLY NEWSLETTER

# ALIX BRIEFS

by the Alix and Area Community Resource Centre



## INTRODUCING...

## Bashaw Medical Clinic



## NOW OPEN!

Accepting patients from ALL  
of our regional postal codes!

HOURS:  
Monday to Friday, 9AM-5PM

Please note we will be  
CLOSED on Friday, April 18.

Forms available at Alix and Area Community  
Resource Centre. Please bring your health card  
and one piece of ID with you.

TOB 0H0 · TOB 0B1 · TOC 0B0  
TOC 0C3 · TOB 0E6 · TOB 3C0  
TOB 0A8 · TOB 1H0 · TOB 0G4  
TOB 1J0 · TOB 1M0 · TOB 2Z0

**Contact Us:** 780-372-3740  
bashawprimarycarehub@gmail.com

5308 53 St.  
Bashaw, AB

### Wellness Evening, Coming Soon!

**April 15, 6:30PM-8:30PM**

Drop-in to meet service providers at  
the Centre. Including registered  
massage therapists, foot care, dental  
hygiene, aesthetics, mental health  
counselling and energy practitioners.

Alix and Area Community Resource Centre  
Open Monday to Thursday 10AM - 4PM

\*Closed all statutory holidays\*

5008 50 Ave, Alix, AB  
403-396-3369

## Volunteerism Strengthens Communities

### COME & GO VOLUNTEER APPRECIATION



»»—————<<<  
Tuesday | April 15  
6:30PM-8:30PM  
»»—————<<<

Open to  
ALL  
volunteers,  
ALL ages!

The evening will include light refreshments & treats, a community activity  
and the 2024 Project Unveil



## SPRING HIGHLIGHTS

### ~INCOME TAX ASSISTANCE~

Trained volunteers file, FREE, basic income tax returns. For seniors and individuals with low to modest incomes and simple tax situations. Program continues until the end of this month.

### ~Weekly Veggie Delivery~

Available to Everyone! ONE bag per HOUSEHOLD. Veggies will be available for pick-up beginning on Tuesday, as of 1PM. Thank you Pic N Pac!

~Don't forget **RAINBOWS** begins on April 24~



## confident squad

Celebrate uniqueness, friendship and empowerment.

**Every other Tuesday!**

**Begins on April 1,  
3:30PM-5:30PM**

**for preteen/teen girls**  
(target group is Grades 5, 6, 7)

**BEING  
YOU  
IS YOUR  
power**



### SAVE THE DATE for a chance to attend major events and help a great cause...

This summer volunteer at Ponoka Stampede: June 25 - July 1 and Big Valley Jamboree: July 31 - Aug 3.  
More details coming soon!

**FREE**


**Friday,  
May 9  
6PM-9PM**

**Mini Family  
Photo Sessions**


**LIGHT SNACKS  
& REFRESHMENTS**

**MAKE & TAKE  
SCENTED ROOM SPRAY  
& BATH SALTS**

Drop-in & FREE ... (2-3 photos per family). Sessions will be first come first serve with Life's Little Moments Photography. Everyone is welcome.



Mother's Day  
**Pamper  
Evening**



(Backdrop Sample)

## Services Available

- Information & Referral
- Resource Navigation
- Family Wellness
- Alix Food Bank
- Meals on Wheels
- Community Services
- Adult Learning
- Volunteer Services
- Wise Owls

[alixmirrorwellness@gmail.com](mailto:alixmirrorwellness@gmail.com)

Follow us on social  
@AlixandAreaCommunity  
ResourceCentre

[www.alixcrc.com](http://www.alixcrc.com)

*For complete details on all upcoming events and programs visit online or contact us.*

**403-396-3369**