

ALIX BRIEFS

The Alix and Area Community Resource Centre - Quarterly Newsletter



A NEW Centre Is Open

Community members have been welcomed to come by, see our new space and learn what it has to offer.

We are located in Bay 1 at Railway House, on 50 Ave, in Alix.

Monday to Thursday

10:00 AM - 4:00 PM

Closed all statutory holidays

Clients are able to access Home Support, Meals on Wheels, Healthy Families programming, Family Resource Network services, food hampers and bus transportation along with referral to addictions, mental health support and family counseling. A nurse practitioner, Primary Care Network services and other health professionals are pending. The planning of more community based programming and activities are currently being organized.

This development has extended from the Bashaw Regional Wellness Initiative, they have been working closely with a local group, the Alix Mirror Wellness Supports Society. As a rural model for serving locally whenever possible, or navigating any further steps needed to access outside resources, barriers have been reduced and needs are being met.

Connect with us to order a meal, book a service, register for an event or meet with our Wellness Navigator. Follow us on Facebook @AlixandAreaCommunityResourceCentre to see what's new at the Centre.



CENTRE HIGHLIGHTS

ADULT EDUCATION AND FAMILY LITERACY IS NOW AVAILABLE

PHASE 2 RENOVATIONS BEGIN

OPEN HOUSE: TO BE PLANNED FOR UPON COMPLETION OF THE NEXT RENOVATIONS

UPCOMING

Oct. 9:
10AM-11:30AM Moms Matter
1PM-3PM Family Fun

Oct. 24:
10AM-12PM Dad & Me

Activities hosted at the Centre, in Alix.
Offered in partnership with Lacombe Family Resource Network

Oct. 15, 22, 29 and Nov. 5, 12, 19:
12PM-2:30PM Fear-Less Triple P

Sessions hosted at Bashaw Neighborhood Place, in Bashaw.
Offered in partnership with McMann, Bashaw Adult Learning and Camrose Family Resource Centre

Serving Alix, Mirror, Tees and the surrounding area.



How We Support You

Community members have been learning more, by contacting the Information and Referral workers or by coming into the Centre. Through self referral or a community referral, the Wellness Navigator, has been connecting clients to support. Working alongside community stakeholders, referrals can be initiated by the RCMP, childcare providers, educators, health professionals and many others. After being interviewed, clients are guided through the next steps in reaching their personal goals. A new role, the Family Wellness Worker is reaching out to assist students, operating within the Alix-MAC School.

We are proud to introduce our team:

Volunteers - Meals on Wheels Delivery and 24/7 Call Line
 Bashaw Regional Wellness - Melissa Lenz, Jackie Northey and
 Christine Buelow

Healthy Families - Amanda Lyle

Alix Mirror Wellness Supports - Melody McBride, Jill Hillman, Trish
 Verveda, Lori Giles and Latisha Niehaus

Please help us welcome our newest team members!

Wellness Navigator and Home Support - Kyla Nidd
 Family Wellness Worker - Susanne Schweer

Our community's **generosity** continues to humble us. The success of this initiative would not have been possible without it. We have received many in-kind item donations to help renovate and set up the Centre. This has been in addition to the support received throughout our donor campaign along with the effort of countless volunteer hours in cleaning, painting and construction. **THANK YOU!**

Our founding partners: Airforced Daylighting, BDSS, Alix FCSS, Rahr Malting, Alix Lions Club, Alix Drugs I.D.A., Alix Auto Wreckers, Rob Fehr, Alix Servus Credit Union, Alix Foods, Bill Russell Sand & Gravel, Mike & Margaret Wasylenko, Chain Lakes Gas Co-Op, Alix Home Hardware, John & Sandy Ubels, Kles-Air Mechanical, Eagle Canada Seismic Services, CJ Energy and Alix Village Shoppe.



PARTNERSHIP FEATURE

Bashaw Adult Learning, along with Lacombe Lifelong Learning, have partnered to offer Adult Education & Family Literacy opportunities for our area.

Individualized plans through personal appointments, as well as extended learning courses, are available. For more information please call.