

QUARTERLY NEWSLETTER

Alix Briefs

by the Alix and Area Community Resource Centre



The Joy of Giving is an anonymous gifting program for any adult/senior who may need some extra joy during the holidays, from Alix, Mirror, Tees or the surrounding area.

RECEIVE A GIFT
OR
GIVE A GIFT

- Sign-up/Nominate by Dec 15~
- Purchase a gift & drop-off by Dec 21~
- Pick-up Gifts on Dec 22 or 23~

Don't Forget!

The deadline to apply for Fill A Fridge & Santa's Anonymous is on December 9.

THANK YOU

Thank you to everyone, who attended our celebration on September 30, marking a year in since opening. We have had a year of growth and could not have done it without your support. The Alix Mirror Wellness Supports Society would like to express their gratitude for the most recent donors: Holly & Wayne Buelow, Roberta Sissons, Jim Green, Chris & Edith Shultz, Marion Doran, John Frew, Tom Foley & Pat Rayner, Ron & Irene McIntosh, Darren Rouse, Wilson & Mary Lovell, Mandi Peterson, Cathy & Brant Perry, CJ Volk, Gail & Paul Estell, Margaret Litke, Dane Nelson, Henna Rose Massage, Gadsby Lake Community Club, Sole Revival, Haynes Creek Design, Ye Old Nook, The Pantry, Citizens on Patrol and DOW.

NEW

We have expanded! We are proud to introduce the new, Community Connections Activity Centre. This facility will be utilized for community events, be available to rent and run programming for Children, Youth, Families, Seniors & Adults. Already, this space has been host to the After-School Program, events, meetings and play groups. Coming soon: FRN youth activities and Community Cooking in the New Year!

Services Available

- Information & Referral
- Resource Navigation
- Family Wellness
- Alix Food Bank
- Meals on Wheels
- Home Support
- Community Services
- Adult Learning
- Volunteer Services



Monday to Thursday  10:00 AM - 4:00 PM

Closed all statutory holidays
Bay 1, 5008 50 Ave, Alix, AB

403-396-3369

alixmirrorwellness@gmail.com

Follow us on Facebook
[@AlixandAreaCommunityResourceCentre](#)

www.alixcrc.com

After-School Programming

This free program provides a safe and nurturing place for children (ages 8+) to relax, play, socialize, do homework and craft after school.

Hosted at the new

Community Connections Activity Centre (Bay 2), every Tues/Wed/Thurs, from 3:30PM-6:30PM.

Designated helpers can provide homework help on Wed & Thurs.

Tutoring Services

The Extended Learning Program offers 1:1 tutoring services for K-12 students.

This program is free and offered online or in-person.

Get help with a subject, access study space and technology support.

Youth Counselling

Generalized counselling services are now being offered, for ages 13-17, by a Registered Psychiatric Nurse, BA Child & Youth Studies.

Call ahead to schedule your appointment. Now booking for Dec 14.

Parental consent is required.

50/50 Raffle

\$5 Each, Draw Date: Dec 23
(4000 available)

Proceeds will help to support programming offered at our facilities.



Purchase tickets online or at local establishments.
<https://www.rafflebox.ca/raffle/bdssa>

Must reside in AB and be 18+. License #AGLC-587486

Senior Fun

A free drop-in program for seniors.

Take part in afternoons full of connection, socializing, activities and games. Every 1st Thursday is Bingo!

Join in on Thursdays from, 1PM-3PM.



NEW FOR SENIORS!

Wise Owls programs are designed to support seniors within their home. Services include friendly visiting, menu planning & preparation, pet care, errand & social assistance, support liaison and home support.

Plans are individually tailored for each and every client. Assessment interviews are FREE. All services are available within any package.

Hourly rates are available for when "one-time only" supports are needed. Gift Certificates are available.

Contact us to learn more about how this program can support you or a loved one.

Holiday Giving Campaign

Alix Mirror Wellness Supports Society invites you to be a part of one of several giving opportunities:

- **Joy of Giving**- An anonymous gifting program to bring joy to adults/seniors this season from Alix, Mirror, Tees and area.
- **General Donation**- Help to ensure our programs are sustainable. All donors are acknowledged on a recognition display.
- **Partner Programs**- Lacombe FCSS: Santa's Anonymous, Fill A Fridge & Coats for Kids, Alix Lion's Club: Mitten Tree
- **Alix Food Bank**- Monetary donations and non-perishable & unopened food items are accepted.
- **Legacy Fund**- Make a lasting difference in your community.
- **Live Experience Fund**- A matching grant for larger donations.

Contact us to learn more or to discuss any of these options. Charitable tax receipts can be issued.

Join in free Adult Drop-in Fitness Classes on Mondays, Dec 6, 13, 20, from 5:15PM - 6:15PM.

Check out the online schedule to keep up with all other current events and programs.