

QUARTERLY NEWSLETTER

ALIX BRIEFS

by the Alix and Area Community Resource Centre

OUR SUPPORTERS

Endless gratitude to everyone who is behind what we do!

Volunteers... We are so fortunate to have many dedicated volunteers who commit their time to the various services we offer including Meals on Wheels, Grief Support, community events, providing transportation and many tasks in between to allow the Centre to operate. We are currently recruiting for several upcoming fundraising opportunities and events. Numerous positions & shifts will need to be filled along with tasks outside of the day-of events. Please get in touch if you want to be apart of: Casinos, Ponoka Stampede, Big Valley Jamboree and the Bashaw End of Summer Celebration!

Donors... We are so grateful for your contributions, past and present donors! Thank you to all who donated auction items and everyone who bid during the 1st Annual Winter Wishes-Online Auction. A total of \$10,080 was raised for youth and senior programs!! We are looking forward to next Spring, to do it again.

Our Champions... You help us to share what we do by simply passing on Alix CRC information through referrals, word of mouth and online. Thank you!

Founding Partners... The Centre would not exist without the initial dedication and efforts of many individuals and organizations/ businesses; a special acknowledgement of those leaders...
Alix Mirror Wellness Supports Society, Bashaw & District Support Services, Bashaw Adult Learning, Bashaw RCMP, Alix Drugs I.D.A., Alix MAC School, Bibs to Bookbags Child Care Centre, Lacombe County and Village of Alix.

Touch A Truck - May 29

This community event offers hands on opportunities to explore, climb and touch vehicles. Save the date, more details to follow!

EVERYONE is welcome, this event will be hosted at the Alix MAC School grounds.

Do you have a vehicle that could be included in this event? Contact Jill, 403-588-5199, to be added to the list of trucks, emergency response vehicles, heavy machinery and other equipment.

presented in partnership with



Alix MAC
School



Alix MAC
Parent
Council

NEXT Connecting Clans:

There will be no event in April...
Coming up is Touch a Truck in May!

Alix Community Gardens 2023: If you are interested in reserving a garden plot, please stop by our office. There are 9 plots available. *We will only accept applications in person.*

Program Update: Home Support services are now available via the Wise Owls program. Contact us to arrange in home supports to promote your independence and well-being.

NEW! Fresh veggies are now delivered weekly to the Centre.
Thank you Pic N Pac! Free for everyone and while quantities last.

Services Available

- Information & Referral
- Resource Navigation
- Family Wellness
- Alix Food Bank
- Meals on Wheels
- Home Support
- Community Services
- Adult Learning
- Volunteer Services
- Wise Owls



**Monday to Thursday
10:00 AM - 4:00 PM**

Closed all statutory holidays

Bay 1 & 2, 5008 50 Ave, Alix, AB

403-396-3369

alixmirrorwellness@gmail.com

Follow us on social
@AlixandAreaCommunity
ResourceCentre

www.alixcrc.com

We are fundraising for youth programs during April at the Alix Hotel- Meat Draws, Fridays at 6PM-8PM!!

Volunteerism Strengthens Communities

Stop by during April 17 – 27...

Are you looking for ways to get involved or give back?

We are celebrating how 'Volunteerism Strengthens Communities'!

Stop in to view a display promoting volunteer groups & organizations in our community

AND check out local volunteer opportunities.

**April 26, 6:30PM – 8:30PM
Volunteer Appreciation- Come & Go**

This event is open to all volunteers, all ages!

The evening will include Dessert & Beverages, Photobooth and special activity to celebrate volunteers.



Reach Help After Hours:

LIFE-THREATENING EMERGENCIES

Please call 9-1-1 or go directly to your nearest emergency department.

HELP LINES

- Alberta Health Link: call 8-1-1, for assistance determining what your symptoms are related to.
- 24 Hour Mental Health: 1-877-303-2642
- 24 Hour Addiction Help Line: 1-866-332-2322
- Kids Help Line: call 1-800-668-6868 or text 686868
- The Open Door 24 Hour Help Line: call or text 780-679-HELP (4357)
- Alberta 211 Services: call 2-1-1, to connect to community services.

Baby Clinic Update!

Every 3rd Thursday appointments can be made to book routine child immunizations. As of May please call: Stettler Health Unit, 403-742-3326.

Your Health

Prescribing Pharmacist

Alix Drugs I.D.A.

Trish Verveda
403-747-2405

Medical Clinic Information

Bashaw Medical Clinic

5308 53 St, Bashaw
780-372-3740

Delburne Medical Centre

2102 20 St, Delburne
403-749-3939

Stettler Clinic

4710 50 St, Stettler
403-742-3441

Lacombe Walk In Clinic

4956 Highway 2A, Lacombe
403-782-1408

Discovery Walk In and Medical Clinic

3410 50 Ave #130, Red Deer
403-342-9444

Camrose Smith Clinic

Duggan Mall. Camrose
780-672-2423



For complete details on all upcoming events and programs visit online, www.alixcrc.com or contact us, 403-396-3369.