

QUARTERLY NEWSLETTER

ALIX BRIEFS

by the **Alix and Area Community Resource Centre**



INTRODUCING... REGIONAL TRANSPORTATION PROGRAM

With the support of Government of Alberta and Government of Canada funding, a Regional Transportation Program has come to life!

A door to door service, designated to support Healthy Aging in the Bashaw region. This is currently a FREE service, and is subject to change based on funding availability. **Eligible riders are 50+ AND:**

- Live within the areas of Bashaw, Donalda, Alix, Mirror, Mecca Glen, Ferintosh, Edberg, Meeting Creek and everywhere in between
- Folks who need transportation services to medical and other health related appointments
- Folks that do not drive, or do not drive in the cities where their appointments may be
- Folks who are attending short-term appointments

Each service request is evaluated on a case-by-case basis.

Riders must meet screening requirements prior to approval of services.

To find out more and to book, please call Bashaw & Area Community Resource Centre 780-372-4074 or email frontdesk.bdss@gmail.com.



True Joy!

...Last Oct - Dec we hosted several fundraising and giving opportunities. We are so amazed by the results: During the 2023 Giving Campaign we surpassed our goal and raised over \$25,000! **Thank you** everyone who supported the Winter Escapes Online Auction, 50/50 Raffle, Who Tree & Indoor Centerpiece making events and many individual and corporate sponsors!!

...As well, a special note and thanks to the numerous donations and community food drives in support of the Alix Food Bank.

...The Joy of Giving: 96 participants were matched to help spread some holiday cheer. This annual program facilitates a way to anonymously give/receive gifts for local adults/seniors.



OPEN

Monday to Thursday 10AM - 4PM

Closed all statutory holidays

**Bay 1 & 2,
5008 50 Ave, Alix, AB**

403-396-3369



Health & Wellness Fair

Nurturing yourself
is not selfish-
it's essential...



Join us to discover a variety of vendors, from conventional to alternative and learn ways to enhance your well-being. An afternoon of sharing ideas and health & wellness information. Admission is FREE.

Lunch and light refreshments available. Cash Only.



**ALIX COMMUNITY HALL
5008 49 AVE.**

**Sunday, Jan 28
11AM-4PM**



**TIME TO
UPDATE**

2024 HIGHLIGHTS

~Have you been able to pick up some of the fresh veggies, delivered weekly to the Centre? Available to everyone, typically on Tuesdays. Thank you Pik-N-Pak Produce for the wonderful donations and volunteers who help to make sure veggies are brought to our community every week.

~NEW Addition to the Alix After-School! Programming will now run every Monday... Milkshake Monday will be a part of the regular schedule. For ages 8+, Mon/Tues/Wed/Thurs, 3:00PM-5:30PM. Join in planned activities daily and check out our monthly schedule.

~Cooking Connections begins! Sharing ideas and laughs, while working together to assemble jar recipes to take home. Each week 1 meal and 1 dessert/drink will be created. FREE. Must register. Jan 23, 30 & Feb 6, 13, 20, 27
Tuesdays @ 10:30AM-12PM

~Pencil in Feb 19 and plan to be around Alix for all of the Family Day activities. We will host an Artisan Market, Community BINGO, scavenger hunt, snow painting and sculpture contest. FREE Chili, smores and hot chocolate. WE will be announcing the numerous other community activities soon. Please stay tuned!!!

~In February we will offer Child & Youth Safety Week. Watch for more details coming soon on Confident Kids- Feb 20, Home Alone- Feb 21 and Babysitters Course- Feb 22.

~We are beginning to ASK for items to include in the Winter Wishes online auction, coming this March. Please keep us in mind and get in touch if you would like to make a donation!

Services Available

- Information & Referral
- Resource Navigation
- Family Wellness
- Alix Food Bank
- Meals on Wheels
- Community Services
- Adult Learning
- Volunteer Services
- Wise Owls

alixmirrorwellness@gmail.com

Follow us on social
[@AlixandAreaCommunity
ResourceCentre](https://www.instagram.com/AlixandAreaCommunityResourceCentre)

www.alixcrc.com

*For complete details on all upcoming events and programs visit online or contact us.
403-396-3369*