GAD-7 Anxiety

1. Feeling nerve is anylous an			Thinity				
2. Not being able to stop or control worrying 0 1 2 3 3. Worrying too much about different things 0 1 2 3 4. Trouble relaxing 0 1 2 3 5. Being so rest less that it is hard to sit still 0 1 2 3 6. Becoming ea sily annoyed or irritable 0 1 2 3 7. Feeling afraic as if something awful 0 1 2 3 Column totals + + + + Total score I you checked any problems, how difficult have they made it for you to do your work, take care of hings at home, or get along with other people? Not difficult at all Somewhat difficult Very difficult Extremely difficult Source: Primary Care Eval atton of Mental Disorders Patient Health Questionnairs (PRIME-MD-PHO). The PHQ was peoples at his Googloumble sign. PRIME-MD® is a trademark of Pfizer Inc. Copyrightio 1999 Pfizer Inc. All rights reserved. Scoring GAD-7 Anxiety Severity This is calculated by sesigning scores of 0, 1, 2, and 3 to the response categories, respectively, 3AD-7 total score for the seven items ranges from 0 to 21.			chowing problems?	1		than half	Nearly every
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Source: Primary Care Eval atton of Mental Disorders Patient Health Questionnaire (PRIME-MD-PHQ). The PHQ was reproduced with permission. Scoring GAD-7 Anxiety Severity Scoring GAD-7 Anxiety Severity This is calculated by sesigning scores of 0, 1, 2, and 3 to the response categories, respectively, and anxiety A: minimal anxiety —9: mild anxiety			Column totals + + + + + + + + + + + + + + + + + + +				
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5-21: severe anxiety			y .				