SUPPORT OUR LOCAL TROOPS OVERSEAS



OPERATION: TOUCH OF HOME, INC.

Imagine going on a long, harsh trip in which the bare necessities are considered luxuries. This is the situation that our American Troops stationed overseas are experiencing. Operation: Touch of Home is collecting items to send to local Troops serving overseas. Please remember that these Troops, who, in the name of America are under fire in foreign lands, could use our support and would greatly appreciate any help that we can offer.

The following is a list of suggested individual items that our troops overseas would appreciate.

Food/Drink	Toiletries / Hygiene	
Beef jerky / beef sticks	Moist Wipes/Wet Ones/Baby wipes	Washcloths/ Hand towels/Towels
Gr <mark>anol</mark> a Bars/Protein bars, Trail Mix	Tooth Brush/Tooth Paste	Anti-itch Cream Anti-Fungal Cream
Ind <mark>ivid</mark> ual Powdered drink mixes (non- alcoholic)	Sunscreen SPF 45 & higher (lotion only)	Socks – colored, mid calf (No white)
Instant coffee, tea or tea bags	Q – tips	Pain Relief Patch
Flavored creamers/sugar	First Aid Kits/Band-Aids	Tampons/Feminine Hygiene Products
Protein Powder	Disposable razors	Anti-Diarrheal/laxative
Almonds / Cashews/Mixed Nuts	Foot powder	Miscellaneous
Gum/Candy – in <mark>cluding chocolate</mark>	Antacids	Batteries – AA or AAA
Cookies/Crackers	Cough drops	Lysol wipes
Soup to Go / Cup of Soup / Cup of Noodles	Dental floss picks	Zip lock bags – large sizes
Tuna/Chicken snack kits	Facial care items	Fly swatters / fly traps
Pretzels/Snack Bags (Doritos, Fritos, etc.)	Nail care items/Kits	Balloons – (to cover guns from sand)
Fruit Snacks/Raisins	Body Wash (16oz or less)	Air fresheners
Peanut Butter To-Go Cups	Shampoo (16oz or less)	Cooling Towels
Pudding Cups	Conditioner (16 oz or less)	Frisbees/ Nerf toys/small footballs, etc.
Canned Meats	Body Lotion (16 oz or less)	Crossword puzzles, word game books
Instant Mac <mark>& Cheese</mark>	Breath Strips	Thumb Drives
Pasta Bowls	Desitan Ointment/A&D Cream	Flashlights (small LED)
Rice Krispie Treats/Snack Bars	Lip balm/Chapstick	Small Notebooks
	Deodorant	Pens
	Eye drops/Nasal Spray	Ear Plugs
	Bug Spray/Lotion (16oz or less)	Dice, Cards, YoYo's, Puzzles, water
	After Bite	guns/toys
	Shower shoes (flip flops)	Sewing Kits

NO GLASS CONTAINERS OR AEROSOLS NO LIQUIDS MORE THAN 16 OZ.

Thank You from Operation: Touch of Home, Inc.

A non-profit, all volunteer group dedicated to our American fighting men and women serving in harm's way.

Contact us for more information: 570-236-9695 or 570-350-2981 <u>www.operationtouchofhome.org</u> OR touchofhome@hotmail.com