




What's on July 2025 - :©2025 Incurably Wonderful

Email: incurablywonderful@gmail.com Website: <https://incurablywonderful.org>

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
<p>@ Otterspool Promenade, L3 4AZ</p> <p>Every Monday at 5.30 pm Walk N Talk Riverside Rambles</p>	<p>@ The Unitarian Church, L17 2AS</p> <p>Tuesday 1st of July at 10.15 am Taichi and Qigong</p> <p>Tuesday 8th of July at 9.45 am Chair Yoga and Chanting</p> <p>Tuesday 15th of July at 10.15 am Incurably Crafty</p>	<p>@ Home, Online, on Zoom</p> <p>Wednesday 2nd of July at 5.30 pm Bookworm's Haven</p> <p>Wednesday 9th of July at 5.30 pm Let's Talk About It</p> <p>Wednesday 16th of July at 5.30 pm Creative Haven: Express Writing</p> <p>Wednesday 23rd of July at 5 pm Live Guided Meditation</p>	<p>@Life Bank, 23 Quorn Street, L7 2QR</p> <p>Every Thursday at 10 am Chair Yoga for Over 60s</p> <p>Thursdays</p> <p>@ The Unitarian Church, L17 2AS, at 11.45 am</p> <p>Thursday 3rd of July Chair Yoga and Meditation</p> <p>Thursday 10th of July Chair Pilates</p> <p>Thursday 17th of July Chair Yoga and Chanting</p>	<p>@ Sefton Park, L17 0ES</p> <p>Every Friday at 11am Walk N Talk Park Rambles</p> <p>Fridays</p> <p>@ Nuffield Health Café, L3 4EN at 1 pm</p> <p>Friday 4th of July Health and Wellness</p>
 <p>Incurably Wonderful SUPPORT AND COMMUNITY</p>				<p>@ John Archer Hall, L17 2AS, at 11.45 am</p> <p>Thursday 24th of July Chair Pilates</p> <p>Phone number 07955 702 960</p>