

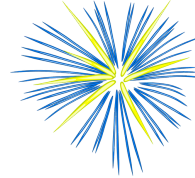
## July Shopping List

for

**Act Love Walk** Mobile Food Pantry

- ☐ Canned Meats (fish, chicken, ham etc.)
- ☐ Canned Vegetables, Beans, Fruit
- ☐ Stuffing/Cornbread/Rice
- ☐ Instant Mashed Potatoes
- ☐ Microwaveable rice/pasta dishes
- ☐ Canned Soups (pop tops, if possible)
- ☐ Shelf stable milk
- ☐ Instant Oatmeal/Cereal
- ☐ Protein/Meal Replacement bars
- ☐ Muffin/Quick Bread mixes  
("just add water")
- ☐ Sugar
- ☐ Vegetable Oil
- ☐ Baby Food/Formula
- ☐ 100% Juice boxes
- ☐ Individually wrapped snacks
- ☐ Microwaveable popcorn
- ☐ Nuts/Trail Mix/Dried Fruit
- ☐ Adult/Infant Hygiene products
- ☐ BOGO sales

Please bring food items to:  
**Nativity Lutheran Church**  
**4075 Holly Drive**  
**Palm Beach Gardens, 33410**  
**Sundays 8:30-11:00 am**  
**Mondays-Fridays 10:00-4:00 pm**



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