



## NOVEMBER

### Shopping List

for

**Act Love Walk** Mobile Food Pantry

- Canned Meats (fish, chicken, ham etc.)
- Canned Vegetables, Beans, Fruit
- Stuffing/Cornbread/Rice
- Instant Mashed Potatoes
- Microwaveable rice/pasta dishes
- Canned Soups (pop tops, if possible)
- Shelf stable milk
- Instant Oatmeal/Cereal
- Protein/M meal Replacement bars
- Muffin/Quick Bread mixes  
("just add water")
- Sugar
- Vegetable Oil
- Baby Food/Formulas
- 100% Juice boxes
- Individually wrapped snacks
- Microwaveable popcorn
- Nuts/Trail Mix/Dried Fruit
- Adult/Infant Hygiene products

Please bring food items to:  
**Nativity Lutheran Church**  
**4075 Holly Drive**  
**Palm Beach Gardens, 33410**  
**Sundays 8:30-11:00 am**  
**Mondays-Fridays 10:00-4:00 pm**



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