

September List

for

Act Love Walk Mobile Food Pantry

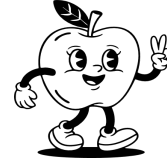
****Items in BOLD are a big need at this time.****

- ☐ ****Cereal, Cereal, CEREAL!**
(We always need a lot of cereal!)
- ☐ **** Shelf-Stable Milk ****
- ☐ **Flavored Oatmeal Packets**
- ☐ **Applesauce & Yogurt pouches**
- ☐ **Meats** (ham, chili, chicken, tuna, etc.)
- ☐ Canned Meals w/ pop tops
(ravioli, stew, soups)
- ☐ Canned Vegetables and Fruit
- ☐ **Instant Mashed Potatoes/Stuffing**
- ☐ **Microwaveable rice/pasta dishes**
(Rice-a-Roni, Pastaroni, Knorr flavored rice)
- ☐ Ramen (bags and microwavable cups)
- ☐ Pasta & Pasta Sauce
- ☐ **Macaroni and Cheese**
(w/ premade cheese sauce and/or microwavable cups)
- ☐ Peanut Butter/Jelly/Honey
- ☐ **Pancake Mix** (just add water) & **Syrup**
- ☐ **Fruit Snacks/Cereal Bars**
- ☐ **Goldfish/Cheezits**
- ☐ Baby Food/Formula (big need)
- ☐ Feminine Sanitary Pads/Tampons
- ☐ Socks (These are a **BIG** hit!)

****No OPEN PACKAGES or EXPIRED food items.**
Thank you for understanding!**

Please bring food items to:
Nativity Lutheran Church
4075 Holly Drive
Palm Beach Gardens, 33410

Sundays 8:30-11:00 am
Mondays-Fridays 10:00-4:00 pm



September List

for

Act Love Walk Mobile Food Pantry

****Items in BOLD are a big need at this time.****

- ☐ ****Cereal, Cereal, CEREAL!**
(We always need a lot of cereal!)
- ☐ **** Shelf-Stable Milk ****
- ☐ **Flavored Oatmeal Packets**
- ☐ **Applesauce & Yogurt pouches**
- ☐ **Meats** (ham, chili, chicken, tuna, etc.)
- ☐ Canned Meals w/ pop tops
(ravioli, stew, soups)
- ☐ Canned Vegetables and Fruit
- ☐ **Instant Mashed Potatoes/Stuffing**
- ☐ **Microwaveable rice/pasta dishes**
(Rice-a-Roni, Pastaroni, Knorr flavored rice)
- ☐ Ramen (bags and microwavable cups)
- ☐ Pasta & Pasta Sauce
- ☐ **Macaroni and Cheese**
(w/ premade cheese sauce and/or microwavable cups)
- ☐ Peanut Butter/Jelly/Honey
- ☐ **Pancake Mix** (just add water) & **Syrup**
- ☐ **Fruit Snacks/Cereal Bars**
- ☐ **Goldfish/Cheezits**
- ☐ Baby Food/Formula (big need)
- ☐ Feminine Sanitary Pads/Tampons
- ☐ Socks (These are a **BIG** hit!)

****No OPEN PACKAGES or EXPIRED food items.**
Thank you for understanding!**

Please bring food items to:
Nativity Lutheran Church
4075 Holly Drive
Palm Beach Gardens, 33410

Sundays 8:30-11:00 am
Mondays-Fridays 10:00-4:00 pm



Sunday Sermon Notes

(Write notes here...then take the ALW list
home along with your notes!)



Sunday Sermon Notes

(Write notes here...then take the ALW list
home along with your notes!)