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NATIVITY LUTHERAN CHURCH 4075 HOLLY DRIVE PALM BEACH GARDENS, FL 33410

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2020 March,

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THE NATIVITY Vol. 56 Issue 3 March, 2020

NEWSLETTER OF NATIVITY LUTHERAN CHURCH & SCHOOL PALM BEACH GARDENS, FLORIDA

Words from

Wednesday Worship in Lent: GIFT...Gathered in Faith Together

Change is a constant in our lives. Some changes mark gradual transitions, as when daytime shifts toward twilight or winter turns to spring. Others happen in the blink of an eye, separating time into "before" and "after". We choose to undergo some changes after carefully considering our options, while others are forced upon us. Change can be hard as well. We long for the expected and familiar, but all too often find ourselves in the midst of uncertainty and the unknown. We cannot predict how things will turn out.

In the weeks, days, and hours before Jesus' crucifixion, the disciples also experienced change: a change of venue as the gates of Jerusalem approached; a change of plans as their long-awaited Messiah was arrested and tried; a change of circumstance as the crowds shouted "Crucify!" The entirety of Jesus' life was aimed at him going to the cross. This was not going to change. His death for our forgiveness. His death, for our healing. His death, for our life. God wants nothing more than for us to be open to experiencing his love story to us in Jesus Christ.

For the five Wednesdays in Lent we are going to explore ways in which we can be open to God's presence. Using the FAITH5 we will share life, read and discuss the Bible, pray, be blessed, and then on our joyful way. This is an opportunity to bolster relationships, and grow closer to a God who is open to you. This is round table worship done easy. Unpretentious and accessible to all ages. This is worship done faithfully different. Let this *change* in your schedule on Wednesday nights be a GIFT to you and your family.

- Family/kid friendly supper served at 5:30.
- Worship 6:30-7:30.
- Childcare for little ones available.

Your brother in Christ, **Pastor Steve**

LENT MIDWEEK SERVICE

There are 5 Wednesdays in Lent and we will have a soup supper at 5:30 p.m. followed by a Lenten midweek worship at 6:30 p.m. beginning March 4 and going through April 1st. If you would like to bring a soup to share with others, please sign up on the reception desk.

NATIVITY LUTHERAN CHURCH & SCHOOL

4075 Holly Drive Palm Beach Gardens, Florida 33410 (561) 622-4998 or (561) 626-6652 nativity@pbnativity.com www.nativitylutheranpbg.com

SUNDAY WORSHIP SCHEDULE 9:30 a.m.

OFFICE HOURS Monday-Friday: 8:30 a.m. - 5:30 p.m.





Pastor:

Pastor Steve Winsor swinsor73@gmail.com (727)542-0287

School Director:

Pia Heiser pia@pbnativity.com

Office Manager:

Kari Donnelly kari@pbnativity.com

Cell: 676-7361

Music Director:

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Dianne Seker, VPK & Extended Care Lauren Oliveri, PreK & Early Care Theresa Saccone, Teacher Asst. Sarah Kasher, Teacher Asst.

OUR

President: Kelly Rogers 267-1725

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Prayer Chain: Sandy McClellan alexandria.mcclellan@gmail.com

Women's Ministry: Ceil Thomas cjthomas@aol.com

God's work...

...Our hands

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HAPPY BIRTHDAY TO:

3/1 3/2 3/3 3/4 3/5 3/6	Diana Ford John Gunning Mark Cirullo Natalie MacDonald Matthew Smith Alexandra Gonzalez	3/19 3/21 3/22 3/24 3/31	Becky Mercer-Willoughby Sandy McClellan Abby Moore Jacob Heiser Doris Karlik
3/6 3/7	Judi Moree Ceil Thomas		C1 (lings)
3/11 3/13	John Johnsen Lou Johnson		Glessings)
3/16	Paul Heiser		

HAPPY ANNIVERSARY To:

Sharon Speckmann

3/7 David Willoughby & Becky Mercer



3/18

3/20 Moon & Chere Jacobs



If you would like to share your birthday and/or anniversary with the church, please send your information to kari@pbnativity.com.



BIBLES, BAGELS AND BREW

Join us on Tuesday mornings at 9:00 a.m. in the living room for Bible study and fellowship. All are welcome.

Mom's Group

Moms of all ages and stages in life are invited to join our group. On March 8 we will meet after worship in Pastor's office and wrap up the study from the book "Love Languages". On Sunday, March 15 we will enjoy lunch together at Panera Bread after worship.

CONFIRMATION AND YOUTH

Confirmation class meets Sunday, March 8th and March 22nd at 6:00 p.m. and the youth will meet at 7:00 p.m.

WOMEN'S LOVE CIRCLE

Join our monthly women's group at 9:30 a.m. in the living room on Monday, March 9.

COUNCIL MEETING

Our church council will meet 6:30 p.m. Monday, March 9.

RUMMAGE SALE

Saturday, March 14 the Women's Love Circle will hold their annual rummage sale here at the church from 8am until 12 noon. You may drop off donations on Thursday and Friday, March 12 and 13. You can also sell your own items by renting a space for \$10. Helpers are needed to set up on Friday at 1pm and to help sell.

SANDWICH MAKING

Sandwiches will be assembled Saturday, March 21st at 9:00 a.m. for distribution at St. George's. Many hands needed.

BLOOD DRIVE

Sunday, March 29 the Big Red Blood Bus will be in our parking lot. Please consider donating blood to save a life!

THANK YOU

Thank you to The Women's Love Circle for financing the painting of the front steps. Thank you to Frank and Mike Saccone for doing the work.

Thank you to Marian Bauer (Cheryl's sister-in-law) for donating a camera tripod and carrying case to Nativity. Hopefully we can use this to do our own in house photo directory.

Thank you to Carolyne Schwartz for giving us new peace lilies and plants behind the communion rail. They look beautiful!

Thank you to Lee Beauchamp for donating a refrigerator to us for the Fellowship Hall. Julius and Linda Roehl were in Home Depot looking for a replacement and stated that they were looking for a fridge for their church. Mr. Beauchamp was in the area and overheard and told Julius that he had one to donate. Talk about being in the right place at the right time!

Thank you to Julius, Linda and Ron Veilleux for picking up and delivering the fridge to the Fellowship Hall.

Previously approved funds for the fridge have been used to replace the fridge in the church kitchen which gave out at the same time.

To everyone who helped with Fat Saturday –THANK YOU!! It was a HUGE SUCCESS because we had so much help. I've heard nothing but positive comments. Everyone had a great time. We have a majority of our preschool families come and join us. Now to plan our next fun and fellowship event.

SOLA DEO GLORIA - To God be the Glory!

Shonda Staudt

Thank you to Shonda for all her tireless planning to make Fat Saturday happen!

Thank you to Kirt Danielson from Holy Spirit for bringing his homemade train to our Fat Saturday event and giving rides all afternoon to the kids.

Please check out more photos in the living room on the bulletin board and on facebook.



REMEMBERING THOSE WHO

Chereck, Donovan

Dodt, Chas
US Navy-S. Carolina, Nephew of Osbornes
US Army-NC, Nephew of Lauren Oliveri
USAF-Salt Lake City, UT, Friend of Glazeners

Joseph

Gaines, Drew
US Army-Germany, Son of Shirley Manko
US Army-Missouri, Brother of Mark Glazener
US Air Force-Azores, Nephew of Ralph & Teri

Henning

Malloy, Brian
Malloy, Christina
US Army-Hawaii, Cousin of Matt Flynn
USAF-Turkey, Cousin of Matt Flynn
USAF-Turkey, Cousin of Matt Flynn
USMC-N. Carolina, Cousin of Matt Flynn
USMC-N. Carolina, Cousin of Matt Flynn
Olson III, Robert A.Army-Colorado Springs, CO, Friend of the

school

Pittman, Mercedes US Army-Ft. Carson, CO, Daughter of Harold

& Debra Pittman

Scalise, Frank IV USMC-Yuma, AZ, Grandson of Dale & Sue

Long

Sioson, Ernie US Air Force, Salt Lake City, UT, Brother of

Ernadel Sioson

THRIVENT MEMBERS' CHOICE DOLLARS

It is time to direct your Choice Dollars to the charity of your choice. This is money that Thrivent has given you to help others. If not directed to a charity by March 30, it will go back to Thrivent. Nativity Church and Preschool is on the list of approved charities!

WORSHIP AND MUSIC HELP NEEDED

Pastor Steve and John Shepherd are seeking individuals who would like to contribute to the shaping and guiding of Nativity's worship. If you are interested please contact Pastor Steve.

MEMBERS NEEDED FOR ALL CHOIRS

"SOUPER BOWL" RESULTS

At 9:25 a.m. Sunday, February 2, we had about 7 different varieties of soup already arrive and similar to Kansas City's comeback in the 4th quarter, by the time 9:35 rolled around, we were hustling to find space to insert another yummy pot of soup. In total, we had 13 different varieties of homemade soup provided by Nativity members. Although the Saints did "win" this year's competition, we all came out winners because we raised...drumroll please...a total of \$726.69! We not only had more soup to sample this year but also raised more donations from the previous year. In addition, we had 35 lbs of non-perishable food donations that will go to the Haitian Baptist Church's food pantry. We're thankful for those that shared their delicious soup and for all of your continued generous donations. Thank you to all those that helped to set up, serve and clean up!





FIRST COMMUNION EDUCATION

Communion education will be offered Sunday 3/8, 15 and 29 from 11AM-12PM in fellowship hall. All ages are welcome to gather for a time of learning and sharing about the Lord's Supper. Instructional emphasis will be given to our young of age learners. But don't let that keep you from joining us! If you or your child currently communes and wants to learn more, this is a time for you. Parents are encouraged to attend. We will celebrate all the "first communion" kids and adults during the 4/9 Maundy Thursday service. Questions? Contact Pastor Steve. Sign-up board at Kari's desk.

COMMUNION BREAD BAKERS NEEDED

Do you like to bake? Looking for a way to help the church? We have a simple recipe for communion bread and will share if you would like to help prepare the bread for Sunday services. Sign up and recipes in office. Below is the recipe if you are interested in baking.

2 cups all purpose flour or bread flour
1 cup whole wheat flour
1 1/4 teaspoon baking powder
1 1/4 teaspoon salt
4 tsp oil
1 cup of very hot water
6 tablespoons of honey

Thoroughly combine the dry ingredients then add the oil. Mix hot water with the honey until dissolved, then add to the dry ingredients and mix well. Dough will be slightly sticky. DO NOT KNEAD! Gently roll into a log shape and cut into thirds. Use one of the thirds to make one larger "loaf" (round disc shape) about the size of a salad plate (9 inches across). Cut the other 2 pieces half again to make 4 smaller loaves about the size of a saucer (5 inches across).

To make the loaves, press dough onto a greased cookie sheet to make a flat circular disc shape about 1/2 inch thick. With a knife score the top of the loaf into 8 pie shaped sections, or score a cross into the top of the loaf.

Bake at 350 degrees for 10 minutes. Take out and brush lightly with olive oil and bake for 10 more minutes.

5

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MARCH BIRTHDAY

3/17 Eli Engi



THIS MONTH'S THEME

This month your child will explore the sun, moon, stars and planets as our theme is "Blast Off to Space." They will make a rocket ship and then countdown to make it fly. Your child will pretend to be an astronaut, have a space snack on their way to the moon and test gravity as they jump their way through the planets. Look to the night sky with your child and imagine what it would be like to touch the sky!

BASICS TO REINFORCE AT HOME

Letters: Rr, Ss and Zz Numbers: 13 and 14

Color: Yellow Shape: Star

DATES TO REMEMBER

3/23-3/30 Spring Break –Inquire about Day Camp

FAMILY ACTIVITIES

Take several night walks together and look for stars. Try to find a book at the library that lists some of the constellations and go on a star search together. Observe the moon over a month and talk about how it appears to change shape.

CUDDLE UP WITH A GOOD BOOK

Clouds by Marion Dane Bauer
Me and My Place in Space by Joan Sweeney
On the Launch Pad by Michael Dahl
I Want to Be an Astronaut by Byron Barton
Our Stars by Anne Rockwell
On the Moon by Anna Milbourne

NATIVITY LUTHERAN CHURCH & SCHOOL

EIGHT MONTH RECAP .- JUNE 2019-JANUARY 2020

CHURCH						
	JANUARY	JANUARY	JANUARY	YTD JUNE-JAN	YTD JUNE-JAN	YTD JUNE-JAN
	ACTUAL	BUDGET	VARIANCE	8 MTH ACTUAL	BUDGET	VARIANCE
REVENUES						
Tithes & Offerings	28,463	18,500	9,963	161,485	156,500	4,985
Building Use	1,850	2,750	(900)	18,238	18,000	238
Other Revenues	126	632	(506)	7,959	3,128	4,831
	30,439	21,882	8,557	187,682	177,628	10,054
EXPENSES						
Payroll Costs	(8,962)	(13,366)	4,403	(99,549)	(106,683)	7,134
Other Expenses	(6,758)	(8,127)	1,369	(65,815)	(66,420)	605
_	(15,720)	(21,493)	5,772	(165,363)	(173,103)	7,740
NET REV (EXP)	14,719	389	14,330	22,318	4,525	17,793
SCHOOL						
	JANUARY	JANUARY	JANUARY	YTD JUNE-JAN	YTD JUNE-JAN	YTD JUNE-JAN
	ACTUAL	BUDGET	VARIANCE	8 MTH ACTUAL	BUDGET	VARIANCE
REVENUES						
Tuition Revenue	17,221	12,500	4,721	85,490	68,000	17,490
Golf Outing	-	-	-	11,570	10,000	1,570
Other Revenues	762	250	512	8,386	2,000	6,386
_	17,983	12,750	5,233	105,446	80,000	25,446
EXPENSES						
Payroll Costs	(9,173)	(10,188)	1,016	(77,438)	(75,302)	(2,136)
Other Expenses	(3,178)	(1,707)	(1,471)	(24,533)	(15,600)	(8,933)
	(12,351)	(11,895)	(455)	(101,971)	(90,902)	(11,069)
NET REV (EXP)	5,632	855	4,778	3,475	(10,902)	14,377

COMBINED CHURCH & SCHOOL

	JANUARY ACTUAL	JANUARY BUDGET	JANUARY VARIANCE	YTD JUNE-JAN 8 MTH ACTUAL	YTD JUNE-JAN BUDGET	YTD JUNE-JAN VARIANCE
REVENUES	48,422	34,632	13,790	293,128	257,628	35,500
EXPENSES	(28,071)	(33,388)	5,317	(267,334)	(264,005)	(3,329)
NET REV (EXP)	20,351	1,243	19,107	25,793	(6,377)	32,170

OMMENTS:

In January, the School had excellent mid-season tuition revenue of \$17,221 compared to a budget of \$12,500.

The School budget approved by the congregation in May 2019 projected an annual deficit of \$12,725 for School operations.

To be reporting a profit through 8 months of \$3,475 against an 8 month projected deficit of \$10,900 is EXCEPTIONAL.

Congratulations to Pia and her entire staff for this strong performance.

Historically, the months of January-April are good months for both the Church and School. We anticipate the same this year. In May, there are three payroll periods which increases cash requirements for May by approximately \$9,000. The solid performance by both the Church and School have placed us in a favorable cash position.

NATIVITY LUTHERAN CHURCH & SCHOOL TREASURER'S REPORT - JANUARY 2020

BALANCE SHEET RECAP OF SIGNIFICANT ACCOUNTS

		Assets:
\$	62,482	Operating Cash
	20,000	Operating Cash (MIF Fund)
	649	MIF (Loan Acct)
\$	83,131	Total Bank Accounts
		-
		<u>Liability:</u>
-\$	(22,231)	Mission Investment Fund Loan

Restricted Fund Balances:

\$ 4,156	Capital	Fund

312 Here, Near, Far Children

1,863 Memorial Fund

800 MIF Principal Paydown

219 Morrissey Fund

2,300 Preschool-Continuing Ed

1,957 Youth Fund

\$ 11,607

2019/2020 CASH ANALYSIS

INCOME & EXP STMT MIF LOAN CASH ACTIVITY OPERATING

	CHURCH	MONTHLY	ACTUAL OR	<u>CA</u>	SH BALANCE	
	& SCHOOL	PRINCIPAL	PROJECTED	1	ICTUAL OR	
	REV LESS (EXP)	PAYMENT *	REV LESS (EXP)	Р	ROJECTED	
				\$	60,084	5/31/2019
JUNE	(8,204)	(414)	(8,618)	\$	51,466	6/30/2019
JULY	(1,929)	(420)	(2,349)	\$	49,117	7/31/2019
AUG	(3,253)	(418)	(3,671)	\$	45,446	8/31/2019
SEPT	4,591	(420)	4,171	\$	49,617	9/30/2019
OCT	10,299	(425)	9,874	\$	59,490	10/31/2019
NOV	(9,714)	(423)	(10,138)	\$	49,353	11/30/2019
DEC	13,654	(438)	13,216	\$	62,569	12/31/2019
JAN	20,351	(438)	19,913	\$	82,482	1/31/2020
FEB			970	\$	83,452	Projected
MAR			818	\$	84,270	Projected
APR			996	\$	85,266	Projected
MAY			(8,594)	\$	76,672	Projected

TOTALS

25,794

(3,396)

NATIVITY PRESCHOOL IS #1

Hulafrog is the go-to website for kid-friendly activities and events around town. For the second year in a row, Nativity Preschool has been named "Most Loved Preschool" by Hulafrog.

SCHOLASTIC BOOK FAIR RESULTS

Thank you to all that supported our Scholastic Book Fair. Our total sales were \$1,202.40 and an extra \$300 donation was made from our Nativity Women's Love Circle. Fifty percent of all sales come back to Nativity Preschool in the form of Scholastic Dollars that can be used to purchase a variety of things to support literacy in young children.

NURTURE CURIOSITY

Children are naturally curious. Whether outside or inside, children build knowledge when they actively touch, smell, taste, listen and talk about their surrounding environment. You don't need fancy toys or tools to trigger learning. Here are some easy ways to encourage your children to



build a love for learning in your natural routine of the day:

- **Ask your child** "what," "how" and "why" questions while you play.
- Encourage them to explore and experiment with everything.
- Keep collage materials, child-safe scissors, glue and paper in a place your child can easily access on their own.
- **Invite them to come up with activities** or ideas for the day. Do them together!
- As your child is involved in an activity, remind them of past similar experiences.
- Integrate basic skills into any playful activity. Name letter sounds, count objects and play silly rhyme games.

The more you involve your child in the process of learning, the more engrossed they will be in their own education.

WORKING TOGETHER FOR Α GREAT START

March 2020

Getting organized

Let your child help you set up a filing system for his paperwork. He can pick a different color folder for each type, such as green for school progress reports and yellow for notes from his checkups. He'll learn about organization, and you'll be less apt to misplace anything.

Manners on display

When you see your youngster doing something polite, take a picture of her. Maybe you notice her putting her napkin in her lap before she eats a snack or writing a thank-you note to her aunt for a gift. Show her the photo so she sees what her good manners look like.



breakfast boosts your child's concen-

tration in school and keeps him satisfied until lunch. Look for shortcuts to make busy school mornings easier, like hard-boiling eggs and cutting up fruit the night before. On weekends, make double batches of wholegrain pancakes or muffins to reheat during the week.

Worth quoting

'There is nothing in a caterpillar that tells you it's going to be a butterfly." R. Buckminster Fuller

Just for fun

Q: Where would you find an elephant?

A: The same place you lost her!



Nativity Lutheran Church & School Pia Heiser, Director

A smart approach to screen time

Your child needs plenty of time to play and to interact with people-and that's one reason that experts recommend limiting her screen time to no more than an hour a day. Here are strategies to use.

Set rules

Designate times when electronics are off-limits, like in the morning before school, during meals, and at least two hours before bedtime. Put your youngster in charge of powering down devices—she'll feel important and be more likely to cooperate. Also, consider keeping electronics out of her bedroom so she's supervised when she does have screen time.

Make a travel kit

It can be tempting to let your child entertain herself with electronics when you're on the go. Instead, help her make a special screen-free kit to keep in the car. You could include paper and crayons, a book of mazes, toy cars, and

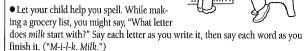
Legos. Add a small tray she can use as a surface for drawing and playing.

Encourage creative play

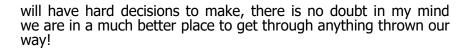
Your youngster may turn to electronics if she doesn't know what else to do. Together, come up with a list of interesting unplugged activities. Examples: Invent a board game by combining pieces from existing games. Create an obstacle course with outdoor toys (hulahoop, wagon). Design habitats for stuffed animals.♥

Ready to spell

When your youngster begins writing his name or adding letters and words to drawings, he's discovering that letters go in a specific order to make words. Encourage his spelling efforts with these tips:



• After your youngster draws a picture, suggest that he write about it. Help him think about which letters to write: "I like your dragon. Can you write any letters in the word dragon?" Whether he spells it correctly or not, he can read his writing to you.♥



It's hard to put into words on how proud I am to be this church's President. When I first started I honestly felt like I was walking into the fire. It was overwhelming! To see the changes that we have made and how far we have come...it is truly humbling. To sit with council every month and see the hard work and lovalty each member brings is amazing. WE ARE BLESSED! I have no doubt in my mind this small church will do big things. I love our church home and everyone who is in it.

This year has been emotionally and physically exhausting for me. Divorce, selling a home, health issues with both myself and children have made me feel lost at times. However, when I sit in the pew on Sunday mornings I am so filled with faith and the love of my church family...and that is one of the only reasons I have made it through. Being part of a church is so much more than budgets and planning. God works through all of us. Even when you don't realize it! Your hugs, your calls, your emails, your words of encouragement impact the lives of others! I feel so blessed to have such an amazing church family that has surrounded me with hope and faith. I don't know what will happen tomorrow in my own life or with our church. What I do know, is we have something special that keeps us surrounded by God's love. We can do anything...and we will!

So, Thank you for your continued love, wisdom, partnership, faithfulness, prayer, encouragement, willingness, honesty, and trust. I look forward to our future...together!

Many Blessings, Kelly Rogers Your humble President

No Council Minutes This Month

The regular church council did not meet in February.

WORDS FROM OUR

Hello Nativity Family,

My apologies for the long awaited report!

It's hard to believe another year has gone by. Last time this year we had just welcomed a new Pastor, we were forming new budgets, placing new bookkeeping procedures in place, and getting our financials in order. As a Council, we had to have many difficult conversations about the school, church membership, the property, possible sale, and so much more!

So where are we now?

Our School has made some amazing adjustments including increase in pricing, additional hours of operation during holidays and/or breaks, and increased advertising. We have renovated our classrooms (which was way overdue), our playground area has new equipment, more outdoor seating, all of these things that help us maintain a competitive school in a city full of great schools. We even have won (two years in a row) Hulafrog's "MOST LOVED PRESCHOOL".

Our budget now gives us the much needed knowledge of where we are and where we should be! We can now accurately plan ahead for a successful financial future with accurate numbers and projections! We have changed our fiscal year to allow for a more realistic budget that correlates with our planned meetings and financial needs.

Our Church Family continues to grow with new members and new faces. Sunday mornings we welcome between 80-120 faithful friends at worship. We are hosting more events, community involvement projects, Bible studies, Youth group ministries, and additional fellowship gatherings.

So, what happens now?

Predicting the future is impossible, however, God certainly has great things planned for us! We are on the right road even if it feels bumpy! You can feel the change, you can see the results in our numbers both finically and in our church body. While we still

Early Years

Colorful science

"Red and blue make purple!" With these activities, your child can make scientific observations and predictions while he investigates the science of colors.

1. Dye water. Have your youngster line up three glasses and measure 1 cup water into each. Then, he should add 10 drops of a different-color food dye (red. yellow, and blue) to each.



2. Watch colors mix. Tell your child that red, yellow, and blue are primary colors—they mix together in different ways to make all the other colors! To see this with his own eyes, he can roll up a paper towel and put one end into the red water and the other end into the yellow. The towel soaks up the colors and turns orange where they meet. Red and yellow make orange! What does he predict will happen when he connects vellow and blue

water? Let him try it and find out (they'll create green). Finally, he could rearrange the cups and connect red and blue. It's purple!♥

Teaching acceptance

At the store last week, my daughter Faye noticed a family using sign language. In the car, she asked me what they were doing with their hands. I explained that some people who can't hear use sign language to communicate.

On our next trip to the library, Faye wanted to check out a book about sign language. We also found a story about a little girl who was learning to sign. Although the character communicated in

a different way than we do, my daughter noticed that she had a lot in common with her. They both have pet dogs and big brothers, for example.

Now when Faye is curious about the way someone looks or acts, we try to find a book that will help her understand. She is discovering that you can be different from someone but also the same.

OUR PURPOSE

To provide busy parents with practical ways to promote school readiness, parent involvement, and more effective parenting. Resources for Educators, a division of CCH Incorporated

128 N. Royal Avenue • Front Royal, VA 22630 800-394-5052 • rfecustomer@wolterskluwer.com ISSN 1540-5567

Tame power struggles

Q: I often find myself negotiating with my preschooler about whether he'll wear shorts when it's cold out or take a bath before bed. How can I break this cycle?

A: Children enjoy knowing their opinions are important. Your son is probably looking for choices that let him have a say.

Consider giving him options, like whether to wear jeans or corduroys or which bath toys he'd like to play with. You might get creative if the situation is non-negotiable, such as wearing a helmet when he rides his bike. For example, pretend the helmet is talking—you could make it say, "I want to go for a bike ride, too!"

Having his way will make your son feel like he has some control, and you'll avoid a power struggle.♥

ACTIVITY

Workouts for little hands

Play time is prime time for building the hand strength and coordination your youngster needs for drawing, buttoning, and zipping. Try these ideas.

Tweezers

out into the bowl.

Have your child duct-tape an empty cardboard tube vertically to the refrigerator at her eye level. Put a bowl underneath. Now she can use tweezers to pick up small objects (cotton balls, dry beans), drop them into the tube. and watch them fall

Hole-punch Get construction paper or index cards in a variety of colors. Let your youngster

punch holes all over several sheets or cards. She can save the tiny circles and glue them on paper to make a mosaic.

Toothpicks

Find a container with small holes in the lid, such as a cheese shaker or a spice jar. Encourage your child to drop toothpicks into the holes. She could dump them out and play again.

March 2020

Office Hours: 9:00 a.m. to 5:00 p.m., Mon-Fri

Preschool: 9:00 a.m. to 12:00 p.m.

Early Care/ After Care: 7:00 a.m. - 6:00 p.m.

SUNDAY	Monday	TUESDAY	WEDNESDAY	Thursday	Friday	SATURDAY	
9:30a Worship 10:45a Men's Choir 11:15a Bell Choir	2 5:30p 12-step FH	9a Bible, Bagels & Brew 6:30p Choir 6:30p School Board 7:30p 12-steps FH & Classroom	4 10aChildren's Chapel 5:30p Soup Supper 6p Girl Scouts FH 6:30p Lent Worship	5 7p 12-step FH	6	7	
9:30a Worship 10:45a Men's Choir 11a Comm. Ed-FH 11:15a Bell Choir 11a Mom's Group 6p Confirmation 7p Youth Group	9:30a Women's Love Circle 5:30p 12-step FH 6:30p Council Mtg.	9a Bible, Bagels & Brew 6:30p Choir Rehearsal 7:30p 12-steps FH & Classroom	11 10aChildren's Chapel 5:30p Soup Supper 6p Girl Scouts FH 6:30p Lent Worship	8a-5p Rummage Sale Drop Off 10:30a Staff Mtg. 7p 12-step FH	8a-5p Rummage Sale Drop Off 1p Rummage Sale Set up	8a-12p Rummage Sale	
9:30a Worship 10:45a Men's Choir 11a Comm. Ed-FH 11:15a Bell Choir Mom's Group Lunch at Panera	16 5:30p 12-step FH	9a Bible, Bagels & Brew 7:30p 12-steps FH & Classroom 6:30p Choir	18 10aChildren's Chapel 5:30p Soup Supper 6p Girl Scouts FH 6:30p Lent Worship	19 7p 12-step FH	20	9:00a Sandwich Making	
22	23	24	25	26	27	28	
9:30a Worship 10:45a Men's Choir	Spring Break - No School						
11:15a Bell Choir 6p Confirmation 7p Youth Group	5:30p 12-step FH	9a Bible, Bagels & Brew 6:30p Choir rehearsal 7:30p 12-steps FH & Classroom	12p Men's Power Lunch 5:30p Soup Supper 6:30p Lent Worship	7p 12-step FH			
29	30	31					
8:30-11:15a Blood Drive	Spring Break						
9:30a Worship 10:45a Men's Choir 11a Comm. EdFH 11:15a Bell Choir	5:30p 12-step FH	9a Bible, Bagels & Brew 6:30p Choir 7:30p 12-steps FH & Classroom				11	