

Sunday Monday

# July 2025

# Assisted Living.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>July 2025</div> <div>Assisted Living.</div>						
		10:15am Senior Fitness Class: Chair Dancing-A 11:00am Daily Chronicles-A 11:15 CURRENT EVENTS 1:30 PAINT & SIP W/ NILO-A 2:15 Movies MT 3:30 POKENO FUN!-A 5:30 Replay Movies-MT	10:15am Senior Fitness-A 10:30pm Bible Study w/ Dave-L 11:00am Daily Chronicles A 11:15 CURRENT EVENTS 1:15pm Bingo Bonanza-A 3:00pm Horse race -A 5:30- Ring toss/bean bag fun (night game)- B	10:15am Senior Fitness Class: Weight Training-A 11:00am Daily Chronicles-A 11:15am CURRENT EVENT -A 1:00pm travelogue -A 1:30pm Movies- MT 2:00 POKENO FUN- A 3:30 Thirsty Thursdays -B 5:30- Replay Movies- MT	10:00am Community Trip: Walgreens& Dunkin donut-R 10:15am Senior Fitness Class: Stretches-A 11:00 DAILY CHRONICLES/CURRENT EVENTS- A 1:30pm Bingo Bonanza-A 3:30pm Happy Hour Fridays with ENTERTAINMENT -A 5:30- Movies- MT	10:15am Fitness with US)-A 11:00am Daily Chronicles-B 11:15am Karaoke -A 1:00pm Movie Matinee: - Popcorn Snack-MT 2:00pm Casino fun with Carl-S 3:00pm word game-B 3:30pm Bistro Hour: Saturday Social Hour-B NAIL'S FUN W/LIZ
9:15am Bible Study w/ Dave-L 10:00am St Francis Church Trip-R 10:15am Fitness: Self-Stretch-A 11:00am Daily Chronicles/CURRENT EVENTS-B 1:00pm Bingo Bonanza-A 1:00 Movies- MT 2:30pm Puzzle Table-ACT3	10:00 Trip to Roosevelt park 10:30am Senior Fitness-A 11:00am Daily Chronicles A 1:15pm BINGO -A 3:00 Craft time A OR 3:00 Movies-MT 3:30 Bank errand 3:30 Trivia fun -A 5:30 Monday night Bowling B	10:15am Senior Fitness Class: Chair Dancing-A 11:00am Daily Chronicles-A 11:15 CURRENT EVENTS 1:30 PAINT & SIP W/ NILO-A 2:15 Movies MT 3:30 POKENO FUN!- A 5:30 Replay Movies- MT	10:15am Senior Fitness-A 10:30pm Bible Study w/ Dave-L 11:00am Daily Chronicles A 11:15 CURRENT EVENTS 1:15pm Bingo Bonanza-A 3:00pm Horse race -A 5:30- Ring toss/bean bag fun (night game)- B	10:15am Senior Fitness Class: Weight Training-A 11:00am Daily Chronicles-A 11:15am CURRENT EVENT -A 1:00pm travelogue -A 1:30pm Movies- MT 2:00 POKENO FUN- A 3:30 Thirsty Thursdays -B 5:30- Replay Movies- MT	10:00am Community Trip: Dollar tree/lotte market (Asian supermarket) -R 10:15am Senior Fitness Class: Stretches-A 11:00 DAILY CHRONICLES/CURRENT EVENTS- A 1:30pm Bingo Bonanza-A 3:30pm Happy Hour Fridays with ENTERTAINMENT -A 5:30- Movies- MT	10:15am Tai-Chi (meditation in motion)- A 11:00am Daily Chronicles-B 11:15am Karaoke -A 1:00 Bible study Group -L 1:00pm Movie Matinee: - Popcorn Snack-MT 3:00pm word game-B 3:30pm Bistro Hour: Saturday Social Hour-B NAIL'S FUN W/LIZ
9:15am Bible Study w/ Dave-L 10:00am St Francis Church Trip-R 10:15am Fitness: Self-Stretch-A 11:00am Daily Chronicles/CURRENT EVENTS-B 1:00pm Bingo Bonanza-A 1:00 Movies- MT 2:30pm tea party-ACT3	10:30am Senior Fitness-A 11:00am Daily Chronicles A 1:15pm BINGO -A 2:15 VIRTUAL QUIZ 3:00 Craft time A OR 3:00 Movies-MT 3:30 Trivia fun -A 5:30 Monday night Bowling B	10:15am Senior Fitness Class: Chair Dancing-A 11:00am Daily Chronicles-A 11:15 CURRENT EVENTS 1:30 PAINT & SIP W/ NILO-A 2:15 Movies MT 3:30 POKENO FUN!- A 5:30 Replay Movies- MT	10:15am Senior Fitness-A 10:30pm Bible Study w/ Dave-L 11:00am Daily Chronicles A 11:15 CURRENT EVENTS 1:15pm Bingo Bonanza-A 3:00pm Horse race -A 5:30- Ring toss/bean bag fun (night game)- B	10:15am Senior Fitness Class: Weight Training-A 11:00am Daily Chronicles-A 11:15am CURRENT EVENT -A 1:00pm travelogue -A 1:30 Resident council/food for thoughts A 2:00 POKENO FUN- A 3:30 Thirsty Thursdays -B 5:30- Replay Movies- MT	10:00am Community Trip: Walmart -R 10:15am Senior Fitness Class: Stretches-A 11:00 DAILY CHRONICLES/CURRENT EVENTS- A 1:30pm Bingo Bonanza-A 3:30pm Happy Hour Fridays with ENTERTAINMENT -A 5:30- Movies- MT	10:15am Tai-Chi (meditation in motion)- A 11:00am Daily Chronicles-B 11:15am Karaoke -A 1:00 Bible study Group -L 1:00pm Movie Matinee: - Popcorn Snack-MT 3:00pm word game-B 3:30pm Bistro Hour: Saturday Social Hour-B NAIL'S FUN W/LIZ
9:15am Bible Study w/ Dave-L 10:00am St Francis Church Trip-R 10:15am Fitness: Self-Stretch-A 11:00am Daily Chronicles/CURRENT EVENTS-B 1:00pm Bingo Bonanza-A 1:00 Movies- MT 2:30pm Puzzle Table-ACT3	10:30am Senior Fitness-A 11:00am Daily Chronicles A 11:15am CURRENT EVENTS-B 1:15pm BINGO -A 3:00 Craft time A OR 3:00 Movies -MT 3:30 Trivia fun -A 5:30 Monday night Bowling B	10:15am Senior Fitness Class: Chair Dancing-A 11:00am Daily Chronicles-A 11:15 CURRENT EVENTS 1:30 PAINT & SIP W/ NILO-A 2:15 Movies MT 3:30 POKENO FUN!- A 5:30 Replay Movies- MT	10:15am Senior Fitness-A 10:30pm Bible Study w/ Dave-L 11:00am Daily Chronicles A 11:15 CURRENT EVENTS 1:15pm Bingo Bonanza-A 3:00pm Horse race -A 5:30- Ring toss/bean bag fun (night game)- B	10:15am Senior Fitness Class: Weight Training-A 11:00am Daily Chronicles-A 11:15am CURRENT EVENT -A 1:00pm travelogue -A 1:00 Friendly's ice cream 1:30pm Movies- MT 2:00 POKENO FUN- A 3:30 Thirsty Thursdays -B 5:30- Replay Movies- MT	10:00am Community Trip: Diner -R 10:15am Senior Fitness Class: Stretches-A 11:00 DAILY CHRONICLES/CURRENT EVENTS- A 1:30pm Bingo Bonanza-A 3:30pm Happy Hour Fridays with ENTERTAINMENT/ birthday-celebration A 5:30- Movies- MT	10:15am Tai-Chi (meditation in motion)- A 11:00am Daily Chronicles-B 11:15am Karaoke -A 1:00 Bible study Group -L 1:00pm Movie Matinee: - Popcorn Snack-MT 3:00pm word game-B 3:30pm Bistro Hour: Saturday Social Hour-B NAIL'S FUN W/LIZ
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**B**-Bistro 2<sup>nd</sup> floor    **L**-Library 3<sup>rd</sup> floor    **A**-Annex 2<sup>nd</sup> floor    **M**-Movie Theatre 3<sup>rd</sup> floor    **R**-Reception 1<sup>st</sup> floor    **ACT3**-3<sup>rd</sup> floor Activity room    **S**-Salon- 3<sup>rd</sup> floor Salon opens every other Tuesdays 10am-2pm Activities are subjected to change