

Oral Hygiene Policy

Aim of our policy

It is our policy to promote high standards of oral health by actively encouraging tooth-friendly food and drink choices and promoting good habits of personal and oral hygiene.

Food and snacks

- Snacks will be varied and all children encouraged (but never forced) to try new foods.
- Children will be provided with tooth-friendly snacks with minimal sugar. We operate a no-added-salt-and-sugar policy in our fresh home-cooked meals.
- All foods served in the setting will be supervised by our staff in accordance with this oral health policy.
- Only milk and water will be offered to the children as a drink with their snack or at other times throughout the day.
- No juices, squash or fizzy drinks will be served to the children.
- Sweets and chocolates will not be used as a reward for good behaviour or work.
- A birthday cake brought from a shop is allowed to be brought into the setting to celebrate the child's birthday. However, this will be cut up and then sent home for the children's parents/carers to decide if they want to give it to them.