

## RDC IN-PERSON CLASS INSTRUCTIONS – Parents & Dancers

### **BEFORE YOU ARRIVE:**

- Confirm that you or your dancer do not have any signs of illness or symptoms of COVID-19.
  - We will not allow any dancer, family member or staff who have been exposed or believe to have been exposed to someone who has tested positive for COVID-19, or who have a fever or any symptoms that could be related to COVID-19, in to RDC for in-person classes. You must notify us immediately and quarantine themselves away from RDC for 14 days, regardless of a negative test. That means dancing from home on Zoom!
  - If any dancer, family member or staff has any illness/cold/allergy symptoms, they should not come to RDC, and dance at home until the symptoms subside or you have a negative test, to be safe.
- **HYBRID CLASS DANCERS:** Make sure you are attending in-person classes on your assigned week. Verify the dates your dancer is assigned on the weekly scheduled [HERE](#) (click on the orange button) to be absolutely sure.
- Verify which studio (A or B) your dancer's class is in and what that's location process is, as the arrival and departure processes are a little different for each location. See the 'LOCATION SPECIFIC' section below for details.
- Within 24 hours of your in-person class, before you arrive for class, [Complete the COVID-19 waiver before you arrive at the studio](#). If you do not complete the waiver before your dancer enters the studio, your dancer will be not permitted in.
- Gather and bring ONLY the things your dancer needs for their class (see below).
- Plan ahead and make sure your dancer arrives with their dance clothes already on and their hair done for class. They will not be able to use the bathroom or the dressing room to get ready for class. They may wear outside shoes and bring their dance shoes in their dance bag.

### **WHAT DANCERS SHOULD BRING:**

- A mask.
- A dance bag that ONLY includes:
  - Dance shoes
  - A full water bottle they can open themselves.
  - Hair ties, if needed.
- Dancers will not be permitted inside with extra clothes or items with them. They will NOT be allowed to use the dressing room or bathroom to get ready for class.

### **STUDIO ARRIVAL:**

- PARENTS
  - You and your dancer must wear your masks at all times.
  - You must be on time. 😊
    - Your dancer will only be able to enter the building through the lobby door a maximum of 10 minutes before your class starts, and will likely be closer to 5 minutes prior. If you arrive early, please wait with them outside the studio (in your car or on a white feet spot) until you are greeted by an RDC staff person. If you wait in your car, when approaching the door, please stand on the white feet spots or maintain at least 6 feet of distance between you and any other dancers/parents.
    - **DO NOT BE LATE!** If you are late, or your dancer is not ready when they arrive, they may not be let in. Your dancer must arrive already in their dance clothes with their hair done for class. They will not be able to use the bathroom or the dressing room to get ready for class. They may wear outside shoes and bring their dance shoes
  - Your dancer may not arrive at the studio by themselves and you MAY NOT drop your dancer off and leave, until RDC staff has given them approval to enter the building. We'll check one dancer in at a time and a guardian must be present for this or the dancer will not be permitted into the building. Before we can allow your dancer in the space, we must verify that you've completed the COVID-19 waiver. You should complete this ahead of time using [this](#) link, but it can also be completed onsite.

- We've allotted 5 minutes of time between each class to make sure we're safely managing the class transition, but we cannot allow your dancer in the studio until the dancers from the prior class are gone. The time this transition takes may fluctuate, especially the first few weeks, so we appreciate your patience.
- DANCERS
  - Once RDC staff has cleared a dancer to enter the studio, RDC staff will let dancers through the door one at a time, give them hand sanitizer and assign them a color X to wait on in the lobby or dressing room until the class starts.
  - Once the teacher is ready to start class, RDC staff will send dancers into the dance room one at a time, to the color X that corresponds to the color X dancers were waiting on in the lobby/dressing room.
  - Dancers must stay on/near their color X for their entire class. Dancers will not be permitted to leave their X, unless approved by the teacher.
  - Dancers will keep their dance bags against the wall near their X. They will change shoes, drink water and dance on/near their X.
  - Dancers must:
    - Wear their masks at all times, including while they are dancing.
    - Be accompanied by an adult when they arrive. Adults must stay with dancers until RDC staff have given approval to leave.
    - Enter through the lobby doors and exit out the dance room doors.
    - Use hand sanitizer when arriving, after using the bathroom (in addition to washing their hands) and before departing.
    - Stay on/near their designated X while dancing and until excused to leave.
    - Not get within 6 feet of another dancer or parent.
    - Follow all rules and instructions laid out by RDC staff or they will not be able to dance in person.
- DANCERS WITH MULTIPLE CLASSES
  - If you have multiple classes in one week, you do not need to fill out a new waiver every day you're here. One before your first class each week is good.
  - If your dancer has more than one class on the same day and they stay in the same studio, your dancer will stay on their X during the break.
  - If your dancer has more than one class on the same day and they move studios during the break.
    - They will be escorted by an adult RDC staff member to the other studio.
    - They will follow the arrival instructions for the studio they're going to.

## DEPARTURE

- **PARENTS – YOU MUST NOT BE LATE.** Please arrive at least 5 minutes prior to the end of your dancer's class, so you're waiting for them outside when they exit the dance room.
  - The transition between classes is extremely time sensitive and if you are late picking your dancer up, this will definitely impact our ability to start the next class on time!
  - If you are consistently late picking up your student, your dancer will not be able to take in-person classes.
- You may wait in your car or outside the dance door for your dancer. Please make sure you can see the dance room door and that RDC staff is able to see you immediately.
- Each dancer will be given hand sanitizer and released with their dance bag, one at a time, out the dance room door to their adults. RDC staff will make sure each student is supervised and connected with their adult. No dancer will be let out of the building unless we see their adult.
- Once all dancers have left the building and connected with their adult, RDC staff will close the door and disinfect for the next class.

## HYBRID CLASS IN-PERSON DANCER SCHEDULE

- If your dancer is enrolled in a hybrid (In-person AND Zoom) class, please make sure to check the hybrid in-person schedule for all classes [HERE](#) (click on the orange button) every week. Make sure to note which studio your class(es) is in (Yellow/Blue on the left), find your dancers class next to that, and then scroll over and find your dancers name! Their name is listed under the week they should be here in-person (dates are included at the top).
- We'll send reminder emails to help you, but please add these dates to your calendar now so you don't forget!

**LOCATION SPECIFICS:** We have 2 different spaces with slightly different processes below. **Please be sure to confirm the studio your dance classes are in (A or B) and then follow the detailed arrival and departure guidelines for that location!**

### **Studio A (9264 - main)**

- Arrival
  - If you're able to wait outside (weather permitting), you may wait with your dancer in front of the black fence, south of the lobby door.
  - You may also wait in your car with your dancer, but please make sure you can see the lobby door and that you and your dancer are ready to walk to the door as soon as it opens. When waiting and then approaching the door, maintain at least 6 feet of distance between you and any other dancers/parents.
  - RDC staff will check each dancer in one at a time, verify that you've signed the COVID-19 waiver, let them through the front lobby door and assign them a color X to wait on (that is at least 6 feet apart) in the lobby or dressing room until their class starts. We will send them one at a time into the dance room as soon as possible.
- Departure
  - Parents will need to wait outside the orange studio door or in their car for their dancer. If you choose to wait in your car, please make sure you can see RDC staff and get out of your car when you see us open the door.
  - Each dancer will be given hand sanitizer and released with their dance bag, one at a time, out the orange dance room door to their adults. RDC staff will make sure each student is supervised and connected with their adult. No dancer will be let out of the building unless we see their adult.

### **Studio B (9250, exit only door is in the glass door next to Jude's)**

- Arrival
  - You'll be required to drop your dancer off in the back of the building, via the parking lot behind the building, on Ithaca Pl. *From 57<sup>th</sup> Ave S, drive north toward Rainier, go right on Rainier and then take your first right on Ithaca. Go past the first parking lot on the right and take a right into the driveway and go down.* You can park anywhere.
  - Go up the stairs on the right and then up to the left, following the signs to RDC.
  - If you're able to wait outside (weather permitting), you may wait near the RDC back door on the stairs or walkway leading up to the backdoor of the RDC lobby.
  - You may also wait in your car with your dancer, but please make sure you can see the back door and wait for RDC staff to come out.
  - RDC staff will check each dancer in one at a time, verify that you've signed the COVID-19 waiver, let them in through the back lobby door and assign them a color X to wait on in the lobby or dressing room until their class starts. We will send them one at a time into the dance room as soon as possible.
- Departure
  - Parents need to wait outside the front of studio B (outside Jude's) for their dancer.
  - Each dancer will be given hand sanitizer and released with their dance bag, one at a time, out the front dance room glass door (between Jude's and Souvanny's) to their adults. RDC staff will make sure each student is supervised and connected with their adult. No dancer will be let out of the building unless we see their adult.