

# 2023/24 WARRADALE CENTRE CHAMPIONSHIPS

## INFORMATION

Centre Championships will be a **One Day** event held on Sunday 10<sup>th</sup> March 2024 with a backup date: Sunday 10<sup>th</sup> March 2024.

**First Call:** 8:45am for 9:00am Start.

Entry is **FREE** to all registered athletes in Tiny Tots – U17 age groups.

All athletes **must** enter to compete and may choose up to **4 Events ONLY**.

Use entry form and place in the **BLUE BOX** in the Clubhouse.

Centre Championships is the only time you can set **New Centre Records** (U6-17 only).

**Entry Closes:** Friday 1<sup>st</sup> March. **NO LATE** entries or changes to events will be accepted after closing date.

**Please Note:** Due to limited time on the day, some events will be held earlier during our normal Friday night competition.

These events will be held on **Friday 8<sup>th</sup> March 2024** - the **U11-17 Javelin** as well as **all** the **800m Runs** and the **Walks** will be held during normal competition.

These events will be held on **Friday 15<sup>th</sup> March 2024** - the **U9 & 10 TURBO JAV** as well as the **500m, 700m, 1500m & 3000m Runs** will be held during normal competition.

\*\*All Turbo Jav, Javelin and any postponed events back up will be Friday 22<sup>nd</sup> March 2024.

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## RULES OF COMPETITION FOR CLUB CHAMPIONSHIPS

### TRACK EVENT:

In all Track Events (Straight & Circular - 200m & 400m), there will only be timed heats – **NO FINALS**. Places will be based on times run in the heats. Please Note: *No 400m Walk or 200m/300m Hurdles events*. In the longer distances, Walks and Pack Start events – These will be classed as a **FINAL**.

### FIELD EVENTS:

All Field Events (Jumps & Throws) will be run as **FINALS**. All athletes will receive three jumps or throws in the competition. The winner will be the athlete who has the best jump/throw. In the event of two athletes jumping/throwing the same best distance, a count back will occur and their next best jump/throw will determine the winner.

### RIBBONS:

Ribbons will be awarded to 1st, 2nd, 3rd & 4th place. All other places will receive a Participation Ribbon in all Track and Field Events in the U6 to U17 age groups. These ribbons will be awarded to athletes on the day.

For the Tiny Tots age group, a Participation ribbon will be awarded to all competitors at the end of each event.

**GOOD LUCK TO ALL ATHLETES!**