

♦ NYC ♦ BEC ♦ OG'Z ♦

The 5 Boroughs

\$17⁰⁰

NY- Imported Kaiser Roll

Pasture-Raised Eggs & Butter (default—ask to omit butter)

All-Natural Applewood Smoked Bacon

Organic American Cheese

Salt / Pepper / Ketchup (SPK)

+ \$3 for GF bagel (plain/everything)

GFO

DFO

NYCO

The Long Island

\$16⁰⁰

NY- Imported Kaiser Roll

Pasture-Raised Eggs & Butter (default—ask to omit butter)

All-Natural Sausage Patty

Organic Pepper Jack Cheese

Salt / Pepper / Ketch up (SPK)

+ \$3 for GF bagel (plain/everything)

GFO

DFO

NYCO

The Queen Cali

\$18⁰⁰

NY- Imported Kaiser Roll

Pasture-Raised Eggs & Butter (default—ask to omit butter)

All-Natural Turkey Bacon

Organic Baby Swiss Cheese

Avocado | Tomato | Pickled Red Onions | Microgreens

Pesto Aioli + \$3 for GF bagel (plain/everything)

GFO

DFO



Curated by Dr. Sue, ND
with GF/DF option

NYCO

The Vegetarian

\$17⁰⁰

NY- Imported Kaiser Roll

Pasture-Raised Eggs & Butter (default—ask to omit butter)

Slices Swiss Cheese

Avocado | Tomato | Pickled Red Onions | Microgreens

Pesto Aioli

+ \$3 for GF bagel (plain/everything)

GFO

DFO

NYCO

The Eazy Cheezy

\$13⁰⁰

NY- Imported Kaiser Roll

Pasture-Raised Eggs & Butter (default—ask to omit butter)

Organic American Cheese

+ \$3 for GF bagel (plain/everything)

GFO

DFO

NYCO

The Keto Bowl

\$19⁰⁰

(3) Pasture-Raised Eggs & Butter (default—ask to omit butter)

(3) Protein of your choice (Pork bacon, turkey bacon, sausage patty)

(2) Cheese of your choice (American, baby swiss or pepperjack)

or DF (American or provolone)

Avocado | Tomato | Pickled Red Onions | Microgreens

Pesto Aioli or Salt / Pepper / Ketchup (SPK)

GFO

DFO

NYCO

Additions

EGGS SERVED SCRAMBLED - FRIED (OVER MEDIUM) UPON REQUEST

3⁰⁰

Gluten Free Bagel | (2) Bacon | (2) Turkey Bacon | (2) Sausage Patty | Pesto Aioli | Avocado

2⁰⁰

Organic Cheese (American,Pepperjack,Swiss) | Dairy-Free Cheese (American,Provolone) | (1) Pasture-Raised Egg

1⁰⁰

Microgreens | Pickled Red Onions | Tomato

Gluten Free Bread Options: Gluten-Free Bagel - Plain or Everything | Gluten & Wheat Free Bagel - Plain or Everything
(Contains deglutenized wheat - CONTAINS WHEAT)