

June Workshops and Special Classes

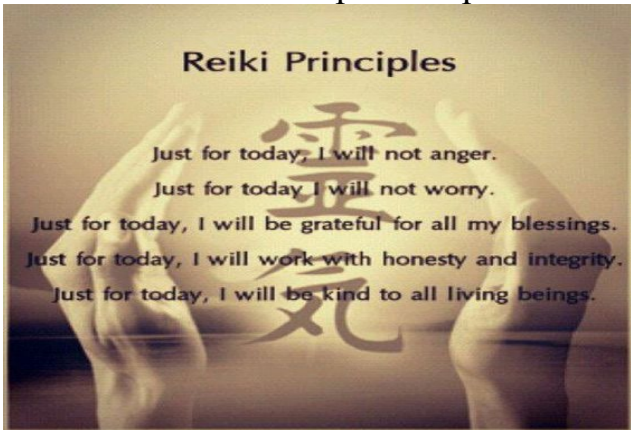
Reiki Trainings

Reiki Level 1

June 4th 11:30am-5:30pm

Reiki Master

June 5th 12:45pm-5:45pm



Fall/Winter 200 Hour Yoga Teacher Training Info Session's

June 11th or June 12th at 4:30pm

Meditative Acupuncture w/Kristina Langdon and Tricia Glynn

Friday June 3rd Sessions available at 6:30pm (full), 7:00pm and 7:30pm



Restorative Yoga and Yoga Nidra w/Peg

Sunday June 19th 4:00pm-5:15pm



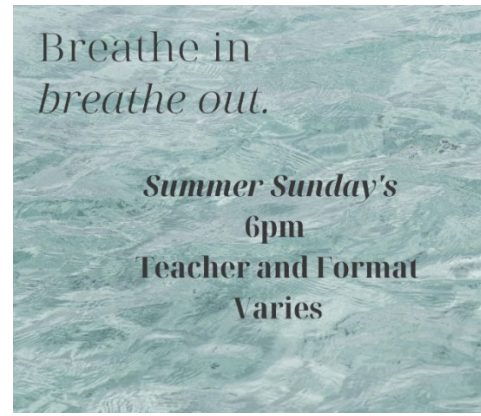
Sunday Evenings in June

June 5th Flow and Let Go w/Linda

June 12th Full Moon Salute w/Tara

June 19th Flow and Let Go w/Angela

June 26th Flow and Let Go w/Lindsey



Full Moon Salute w/Tara

June 12th 6:00pm-7:15pm



Angela's New Moon Practice

June 24th 6:30pm-7:45pm

