

May Workshops and Special Classes

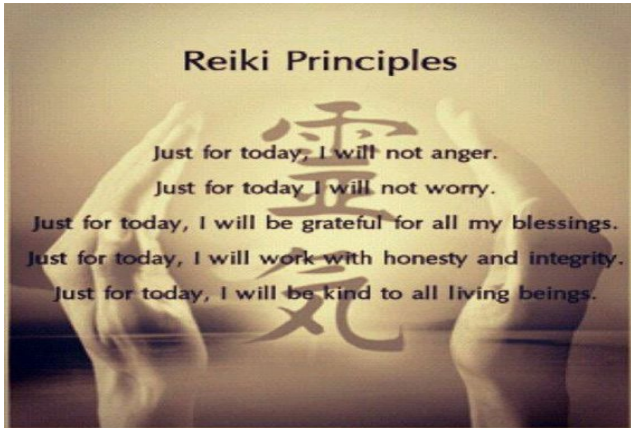
Reiki Trainings

Level 3- Master

Saturday May 14th 12pm-6pm

Reiki Level 1

June 4th 11:30am-5:30pm



Prenatal Partner Yoga with Angela O'Sullivan

Sunday May 15th 12:45pm-2:15pm



Restorative Yoga and Yoga Nidra with Peg

Crawford

Friday May 20th 5:00pm-6:30pm



Vibrational Sound Cleanse with Tara and

Tricia

Sunday May 22nd 4:30pm-5:45pm



Angela's New Moon Practice

May 27th 6:30pm-7:45pm



Memorial Day Weekend

No Sunday Evening Class

Monday: Flow and Let Go w/Tricia

9:00am-10:30am

