

Artistic Competition Information

Artistic competitions involve the four artistic events (vault, bars, beam and floor). Each athlete will have the chance to perform their routines we have been working on throughout the season for a judge on each apparatus.

Artistic competitions are single day events that usually take anywhere from 2.5- 4 hours depending on level and athlete attendance. Awards for artistic competitions are done immediately following your athletes session.

Parent Information:

Athletes are to arrive at the competition venue no later than 20 minutes before their scheduled warmup time. Failure to arrive at the designated time may result in disqualification from the competition.

Athletes are to arrive fully prepared and ready for the competition in their competition suit and with competition hair done.

Parents are to stay in the viewing areas only at all times. Under no circumstances are parents allowed onto the competition floor. If any issue arises your athletes coach will walk them over to the viewing area where you are located, and walk them back to the competition floor.

Each host club will have different rules and policies that we are required to follow while attending their competition, failure to follow said rules and policies can result in club disqualification from the competition.

Parents are not to approach any judge at any point before, during or after the competition. If there are any score disputes your athletes coach will handle them directly.

Competition attire:

Competition suit/ warmup wear: Athletes are required to wear their current competition suit to each competition. For warmup athletes are required to have plain black leggings, white socks and any BGC top (long sleeve, T-shirt or hoodie are



acceptable but not required) or their BGC team jacket.

Competition Hair: Competition Hair for our 2023 season is a slicked back bun (picture provided for example). Athletes' hair should be held in place with pins, and enough hairspray or gel to ensure their hair will not fall out during their competition. Athletes are required to wear their BGC scrunchy that was provided with the competition suit in their hair around their bun.

****There is NO makeup required for artistic competitions, and NO nail polish or toe nail polish allowed****

Competition Scoring:

Each routine performed will be scored based on the different requirements for each level. Scores for artistic are out of 10.00. Average score ranges can vary depending on level, however scores above and 8.00 on any event are considered a successful routine.

****Athletes competing in our amethyst and Topaz groups will not have scores flashed during the competition due to Gymnastics Canada policies****

At the end of each competition athletes scores are added up to get their overall competition score. For athletes in Emerald+ there will be opportunity to place in the All-around depending on their score.

Our overall goal at BGC for all athletes competing in any competition is to have them feel successful and confident in the routines they performed. It is very important that athletes have support from their parents after a competition even if it does not end in the outcome that was expected or hoped for.