

Dear Delegate,

We are eagerly looking forward to meeting you in McLeod Ganj, Himachal Pradesh and hope that your stay remains comfortable and memorable.

A few points for your consideration:

Hosts: The symposium is being organized under the auspices of the Hypobaric Hypoxia Society HHS (<https://www.hypoxiasociety.com>), India. Other hosts are ZIHP Zurich, SNM Hospital Leh,and

Venue: Our event will be held at the Fortune Park Moksha, Strawberry Hills, Satobari, near Dal Lake, Satovari, McLeod Ganj, Dharamshala, Bhatala, Himachal Pradesh 176216 (<https://www.itchotels.com/in/en/fortuneparkmoksha-mcleodganj>). The hotel has all the facilities.

Presentation: Each talk is 20 minutes and 5 minutes of discussion.

Poster size: 120 cm height and 90 cm width.

The **Scientific program** is attached. Its duration is from October 23 to 27, 2026.

Travel: We hope that you are ready for your trip to McLeod Ganj, Himachal Pradesh, India. Please book your travel as soon as possible to avoid last-minute hassles, and share your itinerary.

The nearest airport is Dharamshala Airport or Kangra Airport (Gaggal airport, DHM). The major airport is Chandigarh international airport or Delhi (New Delhi) to travel to McLeod Ganj and back.

Gaggal airport to Fortune Park Moksha, McLeod Ganj, Himachal Pradesh: The taxi fare may vary between INR 1500 to 2500 per taxi/Single or four passengers, depending on the taxi model. It is approximately a 45-60 minutes road journey.

Registration: Registration is compulsory. If you have still not registered, please register for the symposium through the registration form available at <https://www.lehsymposium.in/>. The registration fee must be paid online in advance using the scan-and-pay mode available on the website. A receipt will be issued to you.

- **Indian participants:** Payable either:
 - Via the online portal (scan and pay mode)
 - Onsite at the registration desk (cash accepted),
- **Foreign participants:** Payable onsite in INR at the registration desk.

- An on-site registration facility will be available for those who couldn't pay online

- Registered delegates need to collect their badges at the registration desk

- Badges are required to enter into conference room.

Health precautions: A medical team will be available round the clock for consultation.

Weather in McLeod Ganj, Himachal Pradesh will be pleasant. Nights could be cool. As a precaution, bring warm clothing, skincare creams, lip balms, head gear and a few precautionary medicines.

Sightseeing: Before or after the Symposium, one can go around sightseeing and trekking. The Tibetan Museum, Triund, Bhagsunath Temple & Waterfall, Namgyal Monastery, Dharamkot, Minkiani Pass, Naddi View Point, Dal Lake, Dhauladhar Ranges, Kangra Fort, Indrahhar Pass, The Dalai Lama's Temple, and other attractions.

Local Travel agents and guides speak multiple languages and are reliable. Taxi fares are comparatively higher.

Gourmet/Food during Symposium: Simple Continental with an Indian touch.

Please feel free to reach out to us should you have any specific concerns or queries.

See you in Leh!

Best Regards,

Team Leh Symposium