



Welcome to WIC

Any person signing up for WIC must be present at the appointment (infants and children up to age five included). Appointments generally last 15 to 20 minutes. Height, weight, hemoglobin and an income/nutrition screening will be performed.

Please be sure to bring the following items with you on your first appointment:

- Proof of your pregnancy (if applicable)
- Proof of your address (a recent piece of mail)
- Any photo ID
- One month's worth of pay stubs (If you receive Snap, Rite Care or Cash Assistance, you are automatically income eligible)



WOOD RIVER HEALTH
Caring for Our Community Since 1976



This entity receives HRSA Health Center Program grant funding under 42 U.S.C. § 254b and has been deemed a Public Health Service employee for purposes of certain liability protections, including Federal Tort Claims Act coverage, under 42 U.S.C. § 233(g)-(n).

As a Federally Qualified Health Center, Wood River Health's services are provided without regard to a patient's race, color, sex, religion, age, disability status, national origin, sexual orientation, gender identity or expression, protected veterans status, or any other characteristic protected by law.

This institution is
an Equal Opportunity Provider.

HOPE VALLEY
823 Main Street
Hope Valley, RI
02832

WESTERLY
11 Wells Street
Westerly, RI
02891

401.539.2461
WoodRiverHealth.org

WIC PROGRAM

The Special Supplemental Nutrition
Program for Women, Infants and Children



WOOD RIVER HEALTH
Caring for Our Community Since 1976

Rhode
Island **WIC**



Connecting families with supplemental foods, nutrition and health care referrals.

Our WIC Program

WIC (Women, Infants, and Children) is a nutrition program that provides pregnant, breastfeeding, non-breastfeeding women, infants and children up to age five with supplemental foods, health care referrals, breastfeeding support and nutrition education.

Our WIC program consists of a small, friendly and knowledgeable team of compassionate staff who are Certified Lactation Counselors. They provide mothers with breastfeeding education, helpful support and assistance with any issues that may arise. They also help mothers obtain a breast pump through their health insurance.

Program Eligibility

Income eligible people in the following categories are encouraged to apply to our WIC program:

- Pregnant, Breastfeeding and Postpartum Women
- Infants
- Children up to age 5
- Foster Children up to age 5
- Mothers, fathers, grandparents, foster parents and other guardians are encouraged to apply for WIC for children (under age 5) in their care

Benefits of WIC

There are many benefits to participating in a WIC Program. Participants receive the following tools and support:

- Healthy Foods on an e-WIC Card
- Nutrition Education
- Farmers Market Benefits
- Breastfeeding Education and Support
- Healthcare Referrals

It's easy to enroll in our WIC Program. Call to make an appointment or stop by during our business hours.