

NALOXONE

► WHAT IS NALOXONE?

Naloxone is a medication that temporarily reverses the effects of an opioid overdose. Naloxone is effective during an opioid overdose, but does not reverse the effects of overdoses from other drugs or substances (e.g. alcohol). Naloxone is a safe medicine that can save someone's life until professional medical help arrives.

♥ HOW DOES IT WORK?

Naloxone stops the effects of an opioid overdose by blocking the parts of the brain that respond to opioids. It temporarily reverses the symptoms of an opioid overdose, including unresponsiveness or breathing difficulties.

📍 WHERE CAN I GET NALOXONE?

Consult with your health provider. Many pharmacies also carry naloxone. In California, pharmacies are authorized to sell naloxone without a prescription. Call or check with your local pharmacy to ensure naloxone is in stock.

👜 WHY CARRY NALOXONE?

- It's safe and easy to use
- You don't need to be a medical professional to use it
- It can save a life during an opioid overdose!

RESOURCES



SAMHSA'S NATIONAL HELPLINE 1-800-662-HELP (4357)

FREE, CONFIDENTIAL, 24/7, 365-DAY-A-YEAR TREATMENT REFERRAL AND INFORMATION SERVICE (IN ENGLISH AND SPANISH) FOR INDIVIDUALS AND FAMILIES FACING MENTAL AND/OR SUBSTANCE USE DISORDERS.

NAMI (NATIONAL ALLIANCE ON MENTAL ILLNESS) HELPLINE 1-800-950-NAMI (6264)

FREE, CONFIDENTIAL NATIONWIDE SERVICE THAT PROVIDES ONE-ON-ONE EMOTIONAL SUPPORT, MENTAL HEALTH INFORMATION AND RESOURCES NEEDED TO TACKLE TOUGH CHALLENGES THAT YOU, YOUR FAMILY OR FRIENDS ARE FACING.

988 SUICIDE & CRISIS LIFELINE TEXT OR CALL 988

THE NATIONAL SUICIDE PREVENTION LIFELINE PROVIDES CONFIDENTIAL EMOTIONAL SUPPORT TO PEOPLE IN SUICIDAL CRISIS OR EMOTIONAL DISTRESS 24 HOURS A DAY, 7 DAYS A WEEK, ACROSS THE UNITED STATES.

DON'T WAIT. GET HELP!

NALOXONE: TACKLING THE OPIOID OVERDOSE PANDEMIC



T.E.A.C.H. Project

OPIOIDS

WHAT ARE OPIOIDS?

Opioids are a type of drug that affect the brain and nervous system by binding to specific receptors in brain cells, reducing the perception of pain and producing feelings of relaxation or euphoria.

WHY ARE THEY USED?

Doctors have prescribed opioids to manage pain for more than a century. Opioids are mainly prescribed to reduce pain after surgeries, serious injuries or cancer. However, their use carries a significant risk for misuse and addiction.

COMMON PRESCRIPTION OPIOIDS: HAVE YOU HEARD OF THESE BEFORE?

- HYDROCODONE (VICODIN®)
- OXYCODONE (OXYCONTIN®, PERCOCET®)
- OXYMORPHONE (OPANA®)
- CODEINE
- MORPHINE (KADIAN®, AVINZA®)
- FENTANYL

WHAT COULD GO WRONG?

Opioids can be very dangerous if a person takes too much, uses someone else's prescription, or mixes them with alcohol or other drugs. Misusing opioids can lead to addiction, where the brain and behavior are so affected that the individual can no longer control their use. Overdosing can slow breathing and the heart rate, potentially leading to death.

SIGNS OF AN OVERDOSE:

Difficulty breathing

- slowed breathing or no breathing at all
- gasping or gurgling

Unresponsiveness

- limited reaction to your voice or when you tap their shoulders
- do not open their eyes or wake up
- may also have bluish or greyish colored skin

Small pupils

- sometimes referred to as "pinpoint"



**IF YOU SUSPECT AN OVERDOSE,
CALL 911 IMMEDIATELY**

**ADMINISTER NALOXONE IF AVAILABLE &
STAY WITH THE PERSON UNTIL HELP
ARRIVES**

NALOXONE PRODUCTS YOU COULD USE!



NASAL ATOMIZER



NARCAN® NASAL SPRAY

YOU ARE THE HELP UNTIL HELP ARRIVES.

"If not for Naloxone, it's likely that tens of thousands more Americans would have died in 2019-2020."
(American Medical Association)