

# Weekly Bulletin



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Week of February 19, 2019

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**Hope You  
Enjoyed Family  
Day!**

## Let's Live Like Children!

No matter how you spent yesterday, I hope everyone enjoyed their downtime. I know myself that I had great fun watching the kids across the street out playing in the snow. We could learn so much from watching them. Children live life with complete freedom. They live in the moment and look at everything as if it were the first

time they were seeing it. They laugh from their bellies and see magic everywhere. What a great world we would live in if we looked at life the same way. I hope all of you had a great Family Day and that you are ready to start the week rested and happy!

Breakfast Club  
Meets Next  
Week



## Are You Coming For Breakfast?

Well we're almost there again! Our next networking breakfast is next Thursday, February 28th. Be sure to bring your business cards with you as we are going to have a "business card table" where all attendees can leave their cards for others to pick up. This will save time and the confusion of trying to hand them out while we are introducing ourselves and eating breakfast. Networking will start at 8:30 sharp so bring your smile and come get to know everyone.

Breakfasts are on the last Thursday of each

month at [Dino's](#) on Dundas St in Woodstock at 8:30am. Our next one will be February 28th. To become a member of the group on facebook or get more information, you can message either [Christine](#) or [myself](#) on messenger or email me at [brenda@theofficephantom.ca](mailto:brenda@theofficephantom.ca)

Let's work and rise together!

What I  
Learned This  
Week



## It's Easy To Help!

Sometimes we think that it takes a lot of effort to help someone. We convince ourselves that we don't really have enough time to stop and either promote someone else or stop by to do a little something for someone; but that isn't the case. Last week I talked about how our services are important and that we don't have to be perfect to make a difference. The same is true for doing just a little something for someone. You never know what it could mean to them. Just a shout out on a social network platform, a coffee delivered to them to brighten their day or simply sharing a tip that has helped you in your business can change someone's perspective. Now matter

how busy I get, I know I will always have five minutes to dedicate to someone else. I bet you do too.... Now, let's go set the world on fire!

This Week's  
Featured  
Business



## **Beantown Coffee Co.**

If you've never been to [Beantown Coffee](#) then you simply have to go! Beantown's owner, Janet Meadows has created a wonderful space to sit and enjoy a delicious beverage and some amazing local baking. The moment you walk through the door you feel welcome. I meet with many of my business clients there and never feel rushed and I know many other business people meet clients there as well. For those of us who don't have a brick and mortar location to conduct meetings in, its nice to know that another local business supports us. I can't thank Janet enough for her constant cheery attitude and her support of our community. Next time you are looking for a tasty beverage or a scrumptious sweet, stop in at her shop at 9 Reeve St in Woodstock. I'm not sure if Janet realizes how much she helps the rest of us do business better, but I would like to send her a great big THANK YOU from all of us! You can contact Janet by calling:

- 519-537-7171  
Mon - Fri: 8am - 5pm  
Sat: 9am - 2pm  
Sun: Closed
- You can also email her  
at [jcmeadowbrook@gmail.com](mailto:jcmeadowbrook@gmail.com)

If you need assistance starting or growing your business, visit [The Small Business Centre](#) to see how they can help!

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