

ALONE AT HOME PET SERVICES

"DOGS DO SPEAK, BUT ONLY TO THOSE WHO KNOW
HOW TO LISTEN." (ORHAN PAMUK)

May 2023

APRIL SHOWERS BRING MAY FLOWERS!



Courtesy: JackieLou DL, Pixabay

At long last, (at least it seems that way), spring is beginning to bloom turning our world into an explosion of color and beauty. And no doubt your own thoughts are turning to yard clean-up and planting! **But ...** if you have dogs (or other pets), make sure you carefully consider which plants you **should** - and **should not** - include in your yard, on your deck or balcony. Your pet's safety and even life could depend upon it!

If your dog(s) or pet(s) have full access to your yard or planted areas, put up a fence to keep your pets safe or opt to use hanging baskets or planters to prevent easy access.

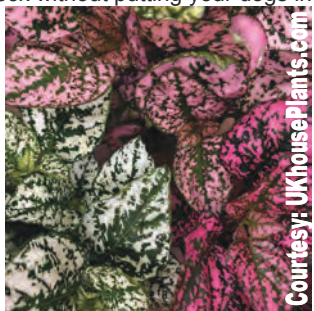
K9 of Mine: 23 Dog-Friendly Plants

Flowers

There are a variety of beautiful, even eye-popping plants you can safely use to decorate your yard or deck without putting your dogs in danger!

Consider these 10 beautiful plants:

- Asters
- Bamboos
- Black-eyed Susans
- Camellias
- Coral Bells
- Fuchsias
- Polka Dot Plants
- Roses
- Snapdragons
- Sunflowers



Courtesy: UKHousePlants.com

Dog-Friendly Polka Dot Plants

ALSO Don't Forget: Mulches, Fertilizers and More!

For your dog's ultimate safety, only buy and use **pet-friendly products**. Exposure to the **toxic chemicals commonly found in traditional pesticides, herbicides, rodenticides and even fertilizers** can pose **serious** risks to your family dog (and other pets) who spend **even limited time** around them.

Finally, don't forget the mulch! While it's a nice crowning touch to a well-manicured lawn, mulch can also pose a serious choking hazard to dogs who love to chew. Also, **avoid** cocoa bean mulch, eucalyptus mulch, dyed/chemically-treated mulches or any with salvaged wood.

DOGS REMIND US TO DREAM BIG!



"Just want to apologize to any of our neighbors who are missing a full rack of ribs. Our dog escaped through the fence and came back an hour later with this!"
(Credit: Peter Sparkie Lyons)

HAPPY MOTHER'S DAY MONTH!

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Disclaimer: This information does not constitute professional veterinary advice. **Always** work with your regular licensed vet when it comes to **your** dog and their specific medical history, overall condition, age and breed.



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Certified Veterinary Technician & Certified Professional Pet Sitter

DOG-FRIENDLY HERBS YOU CAN PLANT IN YOUR GARDEN



Basil

Sweet, peppery

Basil helps optimize your pet's health because of its antioxidant, antibacterial, and anti-inflammatory properties.



Oregano

Earthy, pungent

Oregano contains strong antibacterial properties which can help cleanse toxins inside your pet's body.



Chamomile

Herby with subtle floral notes

Chamomile helps calm the nerves and stomach as it serves as a gentle sedative for pets suffering from anxiety or bloating problems.



Rosemary

Pine-woody, earthy

Aside from improved digestion, rosemary is high in antioxidants which protect your pets against damage from free radicals.



Peppermint

Fresh, minty

This fragrant herb helps soothe an upset stomach, reduces gas, and relaxes the digestive tract during digestion.



Thyme

Lemony, earthy

Thymol, an active component naturally found in thyme, helps inhibit fungal and bacterial growth.

Courtesy: WishbonePet.com

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REINDER: FRESH HERBS ARE NUTRITIONALLY BENEFICIAL FOR YOUR FURRY BEST FRIEND BUT **ALWAYS IN MODERATION.**

LEARN MORE ABOUT DOG-FRIENDLY HERBS BELOW:

CAN DOGS EAT HERBS?
WHAT YOU NEED TO KNOW.

AKC: HOW TO PLANT A
DOG-FRIENDLY GARDEN.

COOL STUFF FOR THE DOG LOVER

ZOUNDZ: MUSIC FOR PETS™

Just like many humans, our pets can also suffer from anxiety, fear and stress **especially** when they are out of their comfort zones. But before resorting to pharmaceuticals, which may be helpful but may also offer unwanted and negative side effects, naturally calm your K9 or feline with Zoundz.

Meet Zoundz: Music for Pets™!

Created by a team of animal behavior researchers and specialists, veterinary scientists along with music composers, producers and engineers, Zoundz builds on animal behavior studies and solid science to create **species-appropriate** music.



Through their Harmony Project, Zoundz also supports shelters and rescues in helping to calm their homeless dogs and cats making them more desirable and adoptable for their new, forever homes.

Zoundz also realized when pets are stressed, pet parents are stressed too. So they created a smartphone app for pet parents to use **at home** or **on the go** to soothe and calm their precious pets whether it's to the vet, groomer or a road trip to new adventures!

[Click here to learn more: ZoundzForPets.com!](https://ZoundzForPets.com)



Visit us at www.AloneAtHomePetServices.com

Email: TammyMcMahan@AloneAtHomePetServices.com or Call: 727-395-0051

Certified Veterinary Technician & Certified Professional Pet Sitter



**WATER, WATER!
MAKE SURE
IT'S EVERYWHERE!**

Water is vital for all life especially when it's warmer, drier and more humid. Both dogs and cats typically begin to show signs of dehydration after 24 hours without water, and the longer it goes, the more life-threatening it can become.

According to Pets.WebMD.com, **dogs** need a minimum of *one ounce of water for every pound* each day. **Cats** on the other hand, require *3.5 to 4.5 ounces of water per five pounds of body weight* every day. Watch your pet's daily consumption of water to make sure they are drinking enough to prevent dehydration and worse.

Finicky drinker? Fresh water fountains, added broths, pet-friendly electrolytes or small ice chips can encourage your dog or cat to drink more.



Using a dehydrator is one of the easiest ways to make healthy and delicious treats for your family dog without adding unwanted heat in the warmer months. All you need for the two recipes below is meat, parchment paper and a dehydrator.

SALMON JERKY

Thinly slice the salmon and place it on parchment paper on the dehydrator trays. Dehydrate at the highest heat for four-ten hours depending how thin the salmon is sliced and how crispy you want your treats. Completely cool and store in an airtight container in a dark space for up to three weeks or in the freezer up to three months.

LIVER JERKY

Liver is an incredibly healthy and nutritional organ meat for your dog offering protein, vitamins and minerals while being low in fat. Cut liver into appropriate piece sizes for your dog and place on parchment paper on the dehydrator trays. Dehydrate for eight hours between 130-140 degrees Fahrenheit. Completely cool and store in an airtight container in the refrigerator for up to one week or in the freezer for up to two months.

Courtesy: PawsomeRecipes.com

Courtesy: JettysKitchen.com

Disclaimer: This information does not constitute professional veterinary advice. **Always** work with your regular licensed vet when it comes to **your** dog and their specific medical history, overall condition, age and breed.