

ALONE AT HOME PET SERVICES

WHERE DROOL IS COOL!

October 2024

PETS AND THE POWER OF MUSIC



"Music is the universal language of mankind."
(American poet Henry Wadsworth Longfellow, 1835)

It's long been understood that listening to music can help people heal, relax, reduce anxiety, stress, blood pressure and pain and even improve mood, sleep and memory!

However, evidence also shows the **right** music can **positively** affect our pets, including canines and felines. As Dr. Charles Snowdon, Professor Emeritus, University of Wisconsin-Madison, revealed:

The use of music to influence the emotional well-being of our pets ... depends on our understanding the communication system of other species and the variety of emotional states that can be induced through different types of music.

(Quoted from "**Animal Signals, Music and Emotional Well-Being**")

Music: Benefits for Pets

Again, **appropriate music** for our pets can be much more than background noise. It can help our pets effectively deal with:

- ~ Anxiety and stress (including separation anxiety).
- ~ Negative, unwanted behaviors like excessive barking.
- ~ Chronic pain or recovery from surgery.
- ~ Training sessions (for the dog **and** owner!).
- ~ Constant city noise, loud fireworks or thunderstorms.
- ~ A potentially stressful visit to the vet, groomer or kennel.

(Source: ASPCA Pet Health Insurance)

A Final (Musical) Note to Remember

Dr. Snowdon cautions pet parents to remember that **not all music is created equal** and they should avoid making assumptions about how it will affect their pet. Each pet is still an individual with its own likes and dislikes. This will **influence its response** to different types of music - even within the same species - depending on **how** each pet processes the world around them.

Always observe your pet's reaction to any music and adjust as necessary for your pet's ultimate comfort and enjoyment!

THE BEST MUSIC GENRES FOR PETS



Studies show pets typically react to different genres of music. For example, **Soft Rock** and **Reggae** appeared to have the most calming effect on kenneled dogs. **Pop** and **Classical** also had positive effects (while Motown was the least effective in reducing stress). In addition, music that mimics the **natural environment** or a **pet's resting heartbeat** helps soothe and improve a pet's mood and behavior. Find music for your pet below!

- ~ [Spotify for Pets](#)
- ~ [Calming Music for Dogs \(Amazon\)](#)
- ~ [Music for Cats](#)
- ~ [Calming Music for Cats \(Amazon\)](#)
- ~ [Pet Acoustics](#)
- ~ [iCalmPet](#)
- ~ [Music My Pet](#)

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Disclaimer: This information does not constitute professional veterinary advice. **Always** work with your regular licensed vet when it comes to **your dog** and their specific medical history, overall condition, age and breed.



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Certified Veterinary Technician & Certified Professional Pet Sitter

USE THOSE NUTRITIOUS PUMPKIN SEEDS!

NATURE'S TRAINING TREATS

Raw, unsalted pumpkin seeds (organic pipitas) make great grab-n-go training treats because they're loaded with vitamin E, amino acids, minerals, phytosterols and phenolic compounds like **cucurbitacin**, which has natural deworming properties, antidiabetic, antidepressant and cytoprotective properties.

sciencedirect.com/science/article/pii/S2468227620303136



Courtesy: Forever Dog Life Book by Dr. Karen Becker and Rodney Habib

COOL STUFF FOR THE DOG LOVER REMEMBER YOU DESIGNS: CUSTOM DESIGNED RINGS

As any pet parent knows, losing a pet is akin to losing a piece of yourself.

When Dan Stowell's 15-year-old family Labrador, Koda, passed away, Dan looked for ways to keep her memory alive.

As an artist specializing in creating one-of-a-kind rings, he set out to create lasting memories of a lost pet through truly unique jewelry, including pet ashes rings with personalized engravings.

These custom rings contain the pet's ashes and incorporate the pet parent's preferred color, gemstone scheme, glow powder, custom engraving, and other exotic elements for a truly unique piece of jewelry.

Based in Gilbert, AZ, Dan works with people from all over the globe. He offers all kinds of band materials and inlay choices at reasonable prices to reflect a lasting memory of a special pet that's gone over the rainbow bridge.

Whether you're looking for a unique piece of jewelry for yourself or someone special, Dan and his team will work closely with you to design your custom piece.

[Check out his website today at RememberYouDesigns.com.](http://RememberYouDesigns.com)

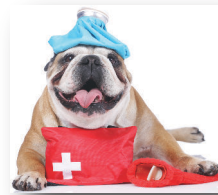


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Certified Veterinary Technician & Certified Professional Pet Sitter



KEEPING FIDO SAFE DURING AUTUMN

The cooler weather motivates both humans and canines to explore! But **before you do**, learn about potential Fall dangers for your dog!

Mushrooms and Toadstools.

Piles of Leaves are prone to developing bacteria and mold that can upset your dog's stomach if ingested. It's also a great hiding place for ticks trying to stay warm!

Acorns. If swallowed, your dog can be poisoned by its toxicity and/or they can cause a dangerous blockage.

Conkers are the toxic seeds of the Horse Chestnut Tree. They can also cause an unwanted blockage for your dog.



BAKED PUMPKIN FOR DOGS

Pumpkin is a naturally nutritious treat for your K9 best friend, although raw pumpkin is more difficult for dogs to digest. But baking a pumpkin is beyond easy!

Using a sturdy chef's knife, carefully cut the pumpkin in half and scoop out all the seeds.

(Wash the seeds to remove all pulp and lay on a paper towel-lined baking sheet to completely dry in approximately one hour. Use as easy dog training treats, see the graphic on the left!)

Spray the halves with cooking spray and lay face-down on a baking sheet. Bake at 350 degrees F until tender (about an hour, depending on size).

Remove from the oven, cool and scoop the baked pumpkin out of the rind and add as a food topper in **small amounts** (too much pumpkin can cause diarrhea). The proper amount of pumpkin offers many benefits and can firm up loose stools with its natural fiber.

Store in the freezer in usable-sized portions.