

Proven Strategies for Increasing Your Custody Percentage

A Comprehensive Action Plan for Custody Battles

This worksheet is designed to help parents increase their chances of gaining a higher percentage of custody in a custody battle. The worksheet provides practical steps that parents can take to demonstrate their strengths as a parent and prove to the court that they are a solid and responsible parent. It is divided into three sections: Behavior and Attitude, Actions, and Documentation.

The Behavior and Attitude section outlines the importance of presenting oneself as a responsible parent, which includes avoiding negative behaviors such as substance abuse and demonstrating a willingness to cooperate with the other parent. The Actions section includes steps such as attending parenting classes and making a consistent effort to maintain communication with the children. Finally, the Documentation section provides guidance on what types of evidence to gather and how to present it effectively to the court.

Overall, this worksheet serves as a valuable resource for parents who are seeking to increase their custody percentage in a custody battle. The worksheet emphasizes the importance of demonstrating a responsible attitude and taking proactive steps to document one's efforts as a parent, which can be crucial in convincing the court of one's ability to provide a stable and loving environment for the children.

Step 1: Assess Your Current Situation

Write down any concerns or issues that have been raised by the other parent that questions your ability to parent effectively (i.e., additions, irresponsibility).

Step 2: Create a Strong Parenting Image

If you want to increase your chances of gaining the custody percentage you desire, it's essential to create a compelling image of yourself as a stable parent. This will enable you to present a strong case in court and prove to the judge that you are the best option for your children. To achieve this, you must disprove any allegations your partner is making against you by providing evidence of your responsible parenting and refuting their claims with credible counter-evidence.

Identify the behaviors and actions that demonstrate you are a responsible parent. Write down specific examples of these behaviors and actions.

Determine the steps you can take to improve your parenting skills and demonstrate your commitment to being a responsible parent.

Step 3: Disprove False Allegations

Identify any false allegations made by the other parent or raised by the court. Write down evidence that disproves these allegations.

Determine what steps you can take to address any concerns or issues that have been raised.

Step 4: Attend Support Groups and Counseling

Identify support groups or counseling services that can help you with your parenting skills and recovery (if applicable).

Write down the dates and times of these support groups or counseling sessions. Commit to attending these sessions regularly. Ask each to provide a letter of participation for the court.

Addictions: Past or Present

Attending addiction meetings (i.e., Alcoholics Anonymous) only once a week may give the impression that you are not fully committed to your recovery. It may seem like you are only doing the bare minimum and are not genuinely invested in your progress. It is recommended that you attend meetings at least three times a week to show that you are taking your recovery seriously.

What steps have you taken toward your sobriety?

Step 5: Document Your Progress

Keep a record of your efforts to demonstrate your strengths as a parent. Write down the specific actions you have taken and the progress you have made. Keep any documents or evidence that support your case, such as attendance records, certificates of completion, or letters of recommendation.

Step 6: Seek Legal Assistance

If necessary, seek legal assistance from a family law attorney specializing in custody cases. Discuss your action plan with your attorney and work together to develop a strategy for presenting your case to the court.

By following these steps, you can demonstrate to the court that you are a solid parent who is committed to providing the best possible care for your children. Remember to stay focused, stay organized, and committed to your goals. I wish you the best of luck!