# NEWSLETTER September 13, 2024

# **GREETINGS!**

In the name of the One who loves us and holds us dear

We are an inclusive community on Locke Street, dedicated to seeking justice, loving kindness and walking humbly with God. We are a progressive church with traditional elements to our service and quite a lot of music. We welcome people who are questioning. We dress informally and understand that children often run around and make noise.

# Message from the Board

Wednesday, October 9 ~ Official Board Meeting @7:30 pm. <u>Please note the change of day!</u> All are welcome at any board meeting!

#### **Upcoming Worship Services**

**Sunday, September 15th** ~ Worship at Melrose at 10:30AM. with Gwyn Xagoraris and Margaret Duff.

**Sunday, September 22nd** ~ Worship at Melrose, with Gwyn Xagoraris at 10:30AM.

Sunday, September 29th ~ Celebrate Orange Shirt Day at Melrose with Reverend Margo Feyerer, Wear your orange shirt! Sunday, October 6th~ Celebrate World Wide Communion Day at Melrose with our sisters and brothers from Westdale United Church at 10:30AM. The service will be led by Rev. Evan Swance-Smith.

#### **Worship Committee**

The Worship Committee is preparing for the fall season and is seeking enthusiastic volunteers to join our team! We also coordinate greeters and ushers for our services. If you are interested in getting involved, please reach out to Libby Cook: <u>libbyc.wraparound@gmail.com</u>

#### WORSHIP DATES AT MELROSE

- 15th Sept, 2024
- 22nd Sept, 2024
- 29th Sept, 2024
  - 6th Oct, 2024

#### **Connect With Us**



L8P 2M4



Wed, Sept 18th 6:15 pm to 8:30 pm



Guest Speaker Kelly Vaillancourt









#### Margaret's Bannock Recipe!

By popular demand! Here is Margaret's Bannock recipe that she made for our last communion service! Enjoy!

2 1/2 cups all-purpose flour 3 tablespoons sugar

1 teaspoon salt

2 tablespoons butter, lard or margarine 1 cup mashed potatoes, slightly cooled 1 cup milk

- Preheat oven to 400<sup>\*</sup>F (205<sup>\*</sup>C). (Optional grease a 9 or 10-inch cast iron pan with 1/2 tablespoon of vegetable oil and put it in the oven to preheat). In a large mixing bowl, combine flour, sugar, baking powder and salt. Add the fat, cutting in with a pastry blender.
- Cut in the mashed potatoes with the pastry blender until no large lumps are visible. Add milk and stir with a fork to form a ball. Turn out onto a lightly floured surface and knead about 10 times. Place on a parchment lined baking sheet or the hot cast iron pan. Carefully pat down to a 1-inch thick round.
- Bake about 20 minutes or until well browned. Yield: 1 round.

# Joint Congregational Potluck



Come share in a potluck supper and catch up from the summer with our friends from Westdale United. Guest speaker: Kelly Vaillancourt, ICF Coach and Health Care Leader Topic: Don't STRESS! Enhance Your Mental Resilience! Please bring a hot or cold item to share. RSVP to Gwyn gwynxag@gmail.com

# Mark Your Calendar!



The Mistletoe Bazaar is right around the corner! This year's bazaar will be held on **Saturday, November 23rd** from 9am to noon. Start stocking up on sugar and butter for baking! Donations of 250ml jam jars can be dropped off in the kitchen. Pre-order forms will be available soon on our website! Stay tuned!

# Help is Needed!

Five to ten people are needed each week to assist in kitchen on Monday evenings from 6pm to 8pm to make pies, soups and cookies for the bazaar. The dates are: Sept 16, 23,30 and Oct 7,21,28. Please connect with Gwyn if you are able to attend, <u>gwynxag@gmail.com</u>. Thank you!

# Message from the Office

The office has returned to regular hours Monday to Friday from 9am to 2pm. If you have any news items or announcements for the bulletin or newsletter, please remember to submit them to Sue by Wednesday each week at the office. Kindly send your submissions to <u>melrose@melroseunited.ca</u>. Thank you!





melrose@melroseunited.ca





# Looking Ahead!

**Saturday September 21 ~ Community Knitting and Crochet.** Bring your current project and materials, beginners welcome! Coffee, tea and snacks will be provided.

Wednesday, September 18th ~ Join Congregational Potluck Come share in a potluck supper and catch up from the summer with our friends from Westdale United. Guest speaker: Kelly Vaillancourt, ICF Coach and Health Care Leader Topic: Don't STRESS! Enhance Your Mental Resilience! Please bring a hot or cold item to share. RSVP to Gwyn gwynxag@gmail.com

**Friday, September 27th** ~ **Progressive Euchre**. Doors open @7pm. Games start @7:30pm sharp! Beginners welcome, you do not need a partner!

**Saturday, November 23rd ~ Mistletoe Bazaar gam to noon.** Enjoy vendors, bake table, Cookie Walk and Tea room! Online ordering will be available later in the fall.









