



**FROM LOSING
2 WINNING**

SPIRITUAL
ADVISORY
LIFE CHANGING

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From Losing 2 Winning
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Dedication

I want to dedicate this book, "From Losing 2 Winning," to my wife Carinia, who has been by my side during the 20-year period God used to transform my life. My wife has watched me go through every chapter of this book. She can testify of what God can do in a man's life, Whom He chooses. Besides, the statement that every great man is a great woman can not be more true in her. I have never seen a woman be so committed to God, righteousness, and integrity. Her faith, strength, and grit have helped me overcome many obstacles. I am only a byproduct of God's grace and the people he placed in my life, mostly my wife. This book is written to encourage you and ensure that all things are possible with God. I pray my journey encourages you as you grow and come closer to knowing God. To whom I owe everything.

Foreword

Winning is a marathon, not a sprint. This journey has taken me twenty years. However, when you do make it you will be able to accomplish great things. Let's begin!

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Chapter 1 The Choice

Let me ask you a question: Are you struggling with life? If you are working to find peace with the question? You are not alone. I was there too.



There is a reason people struggle from time to time; it is because God can only fix things. People need some help to win in this thing called life. So, how can you make it and turn your circumstances around? It is the power of choice. People can choose to live life their way or God's way. God gives people the freedom of choice. The option for God is to accept us not based on our mistakes. If it was, I assure you, I would have been rejected. It does not matter how many mistakes you have made. He loves you unconditionally. We all have messed up and been in some bad situations. However, God has a plan to deal with us and our junk.

The beginning of my journey starts with the choice of salvation and deciding to know God. Anyone who wants to go from losing to winning must have a mediator for their life and mistakes. Why? In the beginning, another man made a mistake. He was the first man, and the Bible calls him Adam. Sin entered the world through Adam. He broke God's law by eating the fruit of the forbidden tree of the knowledge of good and evil. In the Bible, Genesis 2:16-17 says, "And the Lord God commanded the man, saying, of every tree of the garden you may freely eat; but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you

shall surely die." When Adam ate, all humans after him became sinful and messed up. But God had a plan to bring us back. God planned to send His son Jesus to make the ultimate sacrifice for us by paying our penalty and dying for our sins. Jesus paid a heavy price, and that we may be free. He took all our garbage. This is the beginning of my story to success. It does not matter how much wealth or money a person may accumulate; if you don't have God's forgiveness, you are a wealthy person on your way to hell. Jesus gives us access to God. He gives us access to heaven. He gives us access to a new life built on His purpose. It is the beginning of the road to winning in life.



Here is how you start your new journey. You accept His son Jesus as your Savior. Romans 10:9-10 says, "That if you confess with your mouth and believe in your heart the Lord Jesus, believing He died on the cross for your sins and was raised by God from the dead, you shall be saved."

I also included a prayer:

Dear Jesus I accept You as my Lord and Savior I ask you to come into my heart and forgive me of my sins. I believe you died on the cross for my sins And was raised by God from the dead. Please save me In Jesus name, Amen.

Chapter 2 The Road of Faith

Once a person has salvation, problems don't automatically disappear. A person may think, "What am I going to do next?" The answer is to have faith.

Hebrews 11:1, "Now faith is the substance of things hoped for, the evidence of things not seen." Faith means when you have no evidence, you believe anyway. You may have no proof that you will be safe, but you believe you are safe. You may have no proof you will get well, but you believe you will get better. You may have no evidence of finding a job, but you believe your next job is right around the corner. Faith does work.



In the story of the ten talents, the Bible talks about God passing out talents to His children; to some, he gave five, some two, and all at least one talent. Everyone has at least one talent, one ability that will cause their life to fulfill their purpose. I use this word purpose to describe that everyone has a job or duty to perform in life. Some people are teachers, some musicians, some

athletes, some businessmen, and so forth. God has a purpose or talent for everyone. After we accept Him, we often find out what our gifts and talents are. You can pray and ask God to help you find your purpose. God has qualities, talents, and abilities He has placed in people, they might not know they possess. These talents are tied into a person's purpose.



Have you ever bought a new car, computer, phone, or video game? I am sure you wanted to test it out before you bought it, to make sure it was perfect for you. Faith kind of works in the same manner; you can test it out.

An example of faith is Moses from the Bible. In the book of Exodus, God chose Moses to lead the children of Israel out of slavery by the Egyptians. God sent ten plagues (curses) to hit Egypt because Pharaoh would not let the Israelites go. After the ten plagues, Pharaoh called for Moses and Aaron by night and said, "Rise, go out from among my people, both you and the children of Israel. So the Lord led them out in a pillar of cloud by day and fire by night." "Then the Lord hardened Pharaoh's heart after the Israelites left Egypt, and Pharaoh pursued them with 600 chariots." It seemed like God had led them out of slavery to die in the wilderness. But Moses said, "Do not be afraid. Stand still and see the Salvation of the Lord, which He will accomplish for you today. For the Egyptians you see today you shall see no more forever. The Lord will fight for you, and you shall hold your peace." It was a bad situation, and if they were going to survive, faith in God would have to do it.

God was teaching them, you can trust Me. The Bible says that Moses stretched out his hand over the sea; the Lord caused the Red Sea to go back by a strong east wind all that night and made the sea into dry land. The children of Israel went through middle of the sea, and the Egyptians came after them. Then the Lord said to Moses, "Stretch out your hand over the sea

that the waters may come back upon the Egyptians." Not one Egyptian remained after the Red Sea returned.



Get a twenty-dollar bill; if you do not have a twenty, then get a dollar. It says on the back of our money, "In God We Trust." How did that statement get there? Some of the people who started this nation trusted God, not all, but some. Every time your faith gets a little shaky, look at your money and the message it tells you. "In God We Trust!"

Have you seen the movie, *Evan Almighty*? The film talks about a man named Noah. God told Noah to build an Ark (large boat). This may not seem all that bad, but the fact was during that time, it had never rained, and Noah built this Ark in the middle of a lot of land. God chose Noah because everyone had turned from Him except Noah. Everyone on earth at that time stopped trusting in God. I can only imagine the ridicule Noah went through by building a big boat in the middle of dry land.



It took Noah a hundred and twenty years to build the Ark. Once Noah finished building the ark, the entire earth flooded. It rained on the planet for forty days and forty nights.

What if Noah had not trusted God? He probably would have died in the flood with everyone else on the Earth. I challenge you to keep having faith in God, you will experience Him just as Noah did.

Chapter 3 Make Good Choices

Yes, when we look out in the world, real issues are facing us. Also, we must deal with the damage we do to ourselves. **Ask yourself these questions.**



Is the way you are doing things not working? Could I be making bad decisions? The point is to be truthful with yourself. Does the voice in your head tell you to make the right choice, and you make the wrong choice? It is a battle; to win the fight, a person must understand the importance of good decisions.

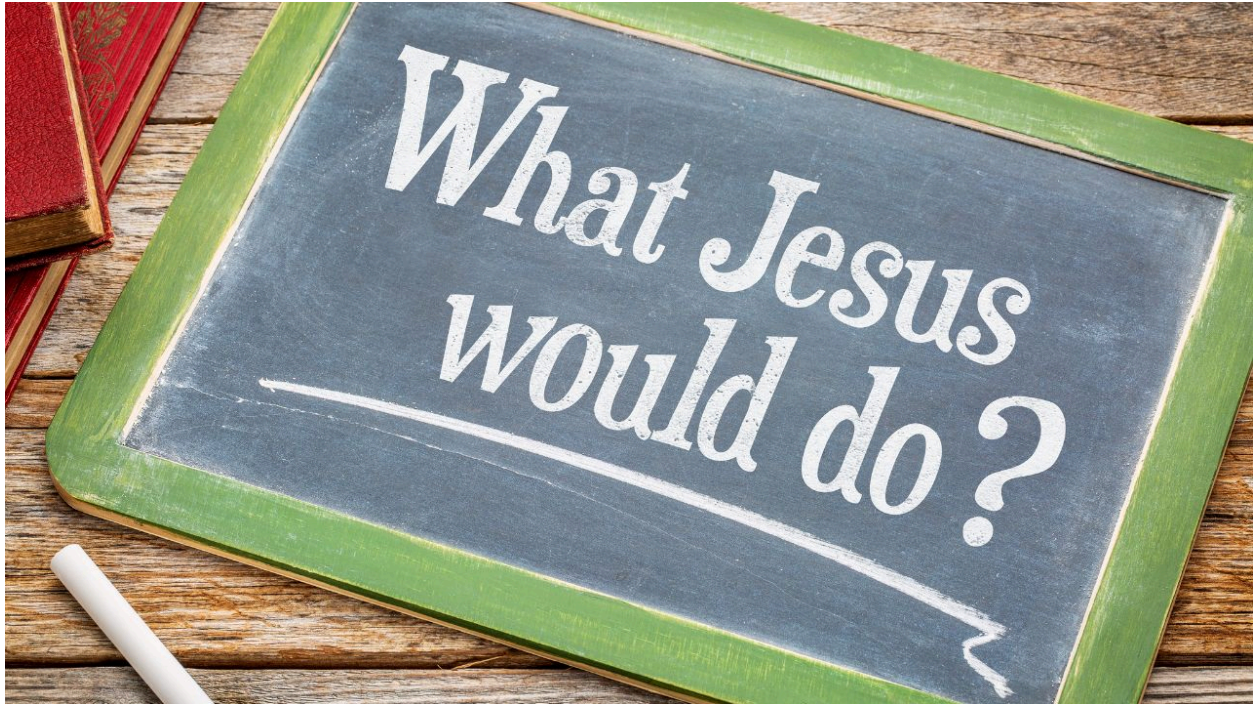
I enjoy watching the show "Fixer Upper" where Chip Gaines has this "thing" he likes to call "demo day." He destroys everything he wants to fix with a sledgehammer. Hint, you may need a sledgehammer for your choices. It is demo day.

Let God break up the bad choices that are not working and start new decisions. The Bible is the instructional manual for life. God put it here for people to learn how to fix up things. Meditate on good things and fill your mind with positivity and encouragement to make good choices.



The world is full of social media. We have the choice to choose the good information or the bad information. If you are not happy where you are, if everyone around you struggles with the same problems, you may need some different exposure. How can people help you make good choices if they make bad choices themselves?

Chapter 4 What Would Jesus Do? Is more than a slogan



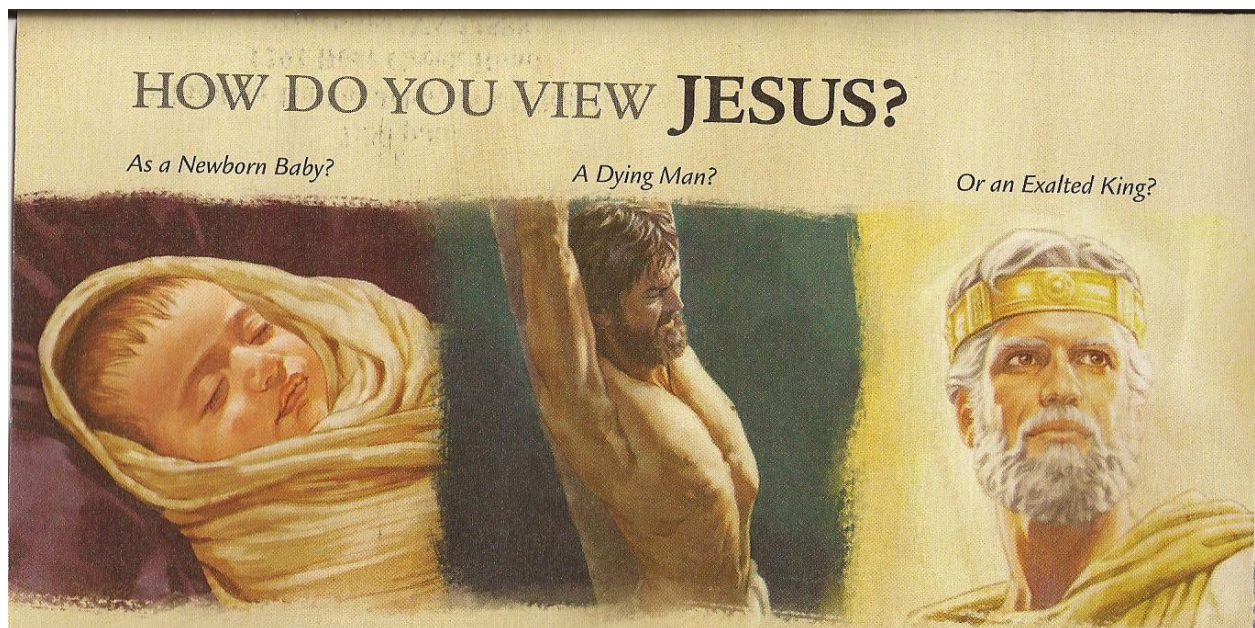
I remember one night back in the day, my wife and I went to a club where they were giving a hundred dollars to the winner of a karaoke contest. So, my wife entered and sang the song "Open My Heart" by Yolanda Adams.

I remember what the host said after she sang, he said, "I feel like I have been to church." The environment in the club changed, and people walked out feeling better. It was because she sang a song about Jesus, and it changed the whole climate in that club. Jesus changes things for the better.

I do recognize many people have been hurt by religion and the church but they are not Jesus. The slogan say W.W.J.D. not what would religion do. I can tell you I have experienced this in my life. There is a story of a woman caught in adultery. The religious leaders of that time brought her to Jesus and were willing to kill her with stones. Jesus ignored their accusations and stooped down to write on the ground with His finger in. When He finished, He said that any of you who have not sinned throw the first stone. They all left one by one, from the oldest to the youngest. Jesus did not condemn the woman either; He told her to go and to make good choices with her life.

Jesus did not throw me out either. He forgave me and planned for me to get back right with Him. I am not perfect; I still make mistakes; however Jesus did not give up on me. He will not give up on you. However, He will require you to do better and make effective changes to live a good lifestyle. Jesus knows you are not perfect. You may come to Him smoking, hating, hustling, whatever. He does not want to condemn you but save you. Jesus said, "I did not go into the world to condemn the world but to save the world." Jesus says, there is nothing that can separate you from the love He has for you. Jesus loves you unconditionally. Jesus is love, and He loves you.

Jesus showed up for me let me tell you about it. At point in my adult life, I did not have any income. I had papers from the court that we were about to be put out of our home. I had nowhere to go and felt like, how could God let me fail? I am not sure why I prayed this prayer at a Popeye's chicken, but I asked God to let me see Jesus. I told my wife I needed to see Jesus to know everything would be alright. By the time we got back home, two or three Jehovah Witnesses were passing out flyers in the neighborhood. A Jehovah Witness representative handed me a flyer personally, and guess what?



Jesus' face was on the cover. I looked at my front door, and there was another flyer with Jesus' face on it. I kept the brochure, and I still have it. I am not a Jehovah witness, I am a Jesus witness. Jesus, Himself showed up and helped me out, and we made it. The next time you find yourself in a challenging situation, Jesus can help you out. I have been in plenty of challenging situations. I would not be here if it were not for God. I depend on His direction to navigate through this thing called life.

Chapter 5 Who Are You Going to Call?

Who are you going to call, Ghostbusters? The original “Ghostbusters” is one of my favorite movies. However, when you are in a tough spot, where do you go for direction? In the world we live in, we have two types of wisdom: God's and man's. James 1:5 says, “If any of you lacks wisdom, let him ask God, who gives to all liberally and without reproach, and it will be given to him.”

So who are you going to call for help? You must learn to flip some switches in life. You are going to need God's wisdom. Have you ever read the book of Proverbs in the Bible? It is full of God's wisdom. It is written by a man named Solomon, who was going to be king of Israel.



He did not know how to be king or make wise decisions. One-night, God spoke to him in a dream and asked him to request one of his desires, and He would answer it. Instead of Solomon asking for riches or power, he asked for wisdom. So, God was pleased with his request because he did not ask for money or power. God gave him all the above. The book of Proverbs is filled with the wisdom God gave Solomon. The fear or respect of God is the beginning of wisdom. One day I was driving to work, and I listened to something inspirational on

my car radio. Until then, I believed I could live my life how I wanted, and God would understand. However, that day the song and drive led me to the decision I was tired of disappointing God. I was tired of my rebellion against Him. I was tired of letting God down. I asked God's forgiveness, and He set me free. I felt the oppression leave my body. This experience has given me the confidence to know God can free people from problems, sin, and addictions. I had all three of the above.

Do you know a person named Oprah? Who has not heard of Oprah, right? She tells people she has always trusted her gut, her instinct. Who is she listening to? She uses terms we can understand to explain how God has led her all these years. Her intuition has led her to make some right decisions in life. Oprah testified on her last tv show after 25 years, God is her source of wisdom. If God is leading you, you will have peace. You may not want to do it, but you will have peace. Wisdom says, to trust the peace of God.

P.S. Even if you are hard-headed, God has a way of giving you the proper nudge. I Know!!!

Chapter 6 The Trials of Life

When you watch a legal court show on television, significant decisions and changes come out of trials. "You want the truth; you can't handle the truth." A famous line from the movie "A Few Good Men."



What if God put our life on trial? Is there enough evidence in your life to convict you? Is there enough evidence in your life that you trust God? God allows us to go through trials to gain evidence and to encourage others with our lives.

The Bible says a tree is known by the fruit it bears. You see an apple tree because it bears apple fruit. You know a good person because they have evidence of good character or reputation. In life, people will experience trials. Many of us, myself included, come to God immature. Sometimes we need to grow up even when we do not want to. Nothing makes people grow up more in life than experience. Experience is a good teacher.

Can you handle some more truth? You cannot handle more truth. The trials of life can train you. Maybe you cannot handle being rich now; perhaps you cannot handle a marriage now, maybe you cannot handle kids now. The struggle often makes people appreciate success once they achieve it. Also the more a person acquires, the more a person must be responsible. For example, kids take work, marriage takes work, business takes work, and wealth takes work. Can you handle being successful? A real test or trial of a person's character is how they

respond when things go wrong. If someone cuts someone off in traffic, will they give them the finger? How will a person know how to react under fire unless they go to a war zone?

Living right and living right during temptation is a different thing. What do you do on social media? What do you watch on the internet when you are home alone? What do you say about people to your girlfriends or homeboys? What will be a person's conviction if God puts their life on trial? It takes time not to be found guilty.

The man who experienced probably one of the greatest trial in life is Abraham. Abraham, was the father of many nations. However, he had a problem; he did not have any children, and he was old(99 years old). How could he be the father of many nations? Abraham had no kids and his faith was on trial. God promised him his descendants would be like the stars in the sky, numerous. God promised Abraham he would have a child in old age with his wife, Sarah. Almost another twenty years passed, and he still had no child with Sarah.

Eventually, they lost faith, and Sarah concluded that Abraham should have a child by another woman. He reluctantly agreed to have a baby mama, I am sure. This trial took twenty years, and he tried to fix the situation on his own? Nevertheless, Abraham failed; however, God reminded him of His promise. God told Abraham again that he and Sarah would have a child the next year, and they did.

The truth is trials can take a long time. Abraham's trial took twenty years. God has a way out for people and is the only way out. God is not troubled by anyone's condition and wants to make people strong and resilient to get back up and fight until they win. Proverbs 24:16 says, "For a good man or woman may fall seven times and rise again, But the wicked shall fall by calamity."

Chapter 7 Winning in Life

God has a time and a season for everyone's life. God will let you know when you are ready for your new season. We all have several areas of life in which we need to win.

Let me start with my list.

Marriage: Today, I am proud to say I am winning in my marriage.

Finances: I was broke and grew up with a poverty mindset.

I did not have the wisdom to become wealthy. I just had the dream and the promise from God. Early in my faith journey, I knew I would have great wealth, like winning the lottery. Millions of dollars, I also played the lottery in faith, believing God would give me great abundance. During the seven years, I had no job. I would go on faith walks, find a dollar, and buy a lottery ticket. I am not making this up—every week for seven years. I would find enough money outside, and I would buy lottery tickets. Since I also believed in God I was going to be wealthy, I also read every financial book and website I could get my hands on.

During God's set, He introduced me to a world of finance I knew nothing about. I was investing in the forex market. It is the world's largest market, making the stock market look like a pimple. The amount of wealth I was believing God for in the lottery, He was giving me in the Forex market. It was not without years of hard work and countless hours.

Health: Everyday, I fight to stay healthy.

Life: Winning in Life is about becoming the man or woman God wants you to be.

There is a better version of you. There is a version of you free from addictions, hurts, depression, anxiety, and so forth. The fruit we can have in our lives is love, joy, peace, patience, kindness, goodness, gentleness, and self-control. You win in life when you become your best you.

Winning in life is different for many people. For some people winning is having a relationship with someone who genuinely loves you. Yes, God can help you find the person of your dreams. Just know the trials and tests of life; He takes you through will grow you into a person to handle the relationship. For others winning may be achieved financially. Success is not always measured by the size of a person's bank account, but for some people, it is important.

Just know the trials and tests of life God may be teaching a person to live by a budget or invest so they can live financially free. While some people consider winning to be overcoming a health crisis. The trial and testing of a person's health may cause them to develop a better lifestyle, eat differently, and take care of their body. Winning is seeking God for wisdom on how to handle the situation. Winning in life is living the dream God has given you.

Joseph was a man in the Bible who dreamed and lived his dream. As a teenager Joseph dreamed he would be in leadership. He dreamed he would ultimately be ruler over his father, mother, and brothers. This aggravated his brothers, and they began to hate him severely over time. It got to the point where one day, they beat him up, threw him in a pit, and sold him to Ishmaelite traders. Joseph was shipped off to Egypt, where Potiphar, captain of the Egyptian guard, bought and enslaved him. Joseph would later end up in prison unjustly. He was accused of messing with Potiphar's wife, in which he was innocent.



After two years in prison, Pharaoh (king of Egypt) had a dream. “Pharaoh dreamed he stood by the river and suddenly there came up out of the river seven cows, fine-looking and fat; and they fed in the meadow. Then behold, seven other cows came up after them out of the river, ugly and gaunt, and stood by the other cows on the riverbank. And the ugly and gaunt cows ate up the seven fine-looking and fat cows. So, Pharaoh awoke. He slept and dreamed a second time, and suddenly seven heads of grain came upon one stalk, plump and good.

Then behold, seven thin heads, blighted by the east wind, sprang up after them. And the seven light heads devoured the seven plump and full heads. So, Pharaoh awoke, and indeed, it was a dream. Now his spirit was troubled, and he called for all the magicians of Egypt and all its wise men. And Pharaoh told them his dreams, but no one could interpret them for him. Pharaoh's chief butler remembered Joseph when he was in prison and how he interpreted his dream. The chief butler told Pharaoh, "now there was a young Hebrew man (named Joseph) with us there, a servant of the guard captain. And we told him, and he interpreted our dreams for us; to each man, he interpreted according to his vision. And it came to pass, just as he interpreted for us, so it happened. He restored me to my office, and he hanged him.” Then Pharaoh sent and called

Joseph, and they brought him quickly out of the dungeon; and he shaved, changed his clothing, and came to Pharaoh.

And Pharaoh said to Joseph, "I have had a dream, and no one can interpret it. But I have heard it said of you that you could understand a dream, to interpret it." So, Joseph answered Pharaoh, saying, "It is not in me; God will give Pharaoh an answer of peace." Joseph told Pharaoh the dreams meant seven years of plenty and seven years of famine. The two dreams were one and had the same meaning. Joseph also told Pharaoh to store up or save twenty percent of the food during the years of plenty for the years of famine. So, the advice was good in the eyes of Pharaoh and the eyes of all his servants. And Pharaoh said to his servants, "Can we find such a one as this, a man in whom is the Spirit of God?"

Then Pharaoh said to Joseph, "Since God has shown you all this, there is no one as discerning and wise as you. You shall be over my house, and my people will be ruled according to your word; only regarding the throne will I be more significant than you." And Pharaoh said to Joseph, "See, I have set you over all the land of Egypt." Once the famine, hit the land guess how came to Egypt looking for food. Joseph's brothers came and bowed down before him. Joseph's dream came true and he pleased God with his life.

The point of the story God had a plan for Joseph's life to win. It seemed like everything was working against Joseph and he was doomed for failure in a prison. However, God raised him up to become the second most powerful person in Egypt. God has a plan for everyone's life. This book is written to encourage people to trust God's plan. I hope this book gives people comfort, hope, and encouragement.

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