

December 7, 2022

Dear Patient,

Three years ago, I was privileged to join the medical team at STEPS Orchard's Walk Medical Clinic.

Over the past years, it has been my pleasure serving you as your family physician. However, I will be leaving Kamloops and returning to Vancouver during my current maternity leave. This was not an easy decision. The major factors contributing to my decision to leave were to be closer to family and for the opportunity for my husband to further his own career.

You will continue to be able to access my maternity care coverage until March 1, 2023. STEPS will continue to recruit family physicians and will be in contact with you directly should they be successful. We recommend calling 811 Health Link BC to add your name to the waitlist for a family physician or nurse practitioner. In the meantime, please see attached a list of walk in and telehealth options available.

Thank you for letting me be part of you and your family's lives. I have sincerely enjoyed serving you.

Sincerely,

A handwritten signature in black ink, appearing to read 'Linda Jiao', with a stylized, cursive script.

Dr. Linda Jiao

## **Kamloops Walk In Clinics & Virtual Appointments**

### **Kinetic Energy Medical Clinic**

<https://www.kamloopskineticenergy.com>

207-450 Lansdowne Street

Mon-Fri 8am – 3pm

250-828-6637 (call clinic starting @ 7am and leave message to book)

### **Kamloops Urgent Primary Care and Learning Centre**

<https://www.interiorhealth.ca/locations>

Royal Inland Hospital 311 Columbia Street

Must Call To Book Appointment 250-314-2256 (starting at 10am) - No Walk Ins

### **Kipp-Mallery Landmark (Pharmacy Telemedicine)**

<https://kippmallery.ca/imedicine>

Walk-ins are welcome or you can book an appointment that fits your schedule. For any questions regarding iMedicine or to book an appointment call 236-425-0025.

207-755 McGill Road

Hours: Monday - Friday 9am - Noon

### **iMedicine Clinic @ Kleo's Pharmacy**

<https://medimap.ca/Clinics/Walk-In-Clinics/BC/Kamloops/iMedicine-Clinic-at-Kleos-Pharmacy>

90B - 1967 Trans Canada Hwy E

Hours: Mon, Tues, Wed, Fri 9am - 4pm and Thursday 9am - Noon

778-765-1444

### **Virtual Clinic**

<https://eqvirtual.com>

1-888-547-5575

### **Telus Health MyCare**

<https://www.telus.com/en/personal-health/my-care>

– download the app to see a doctor virtually.

**STEPS Women's and Sexual Health Services**

[Stepshealth.ca](http://Stepshealth.ca)

For Contraceptive Options including PAPS, IUDs, and Implants. STI Testing  
778-362-1582