Autumn Menu – Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast:	Selection of cereal and toast	Selection of cereal and toast	Selection of cereal and toast	Selection of cereal and toast	Selection of cereal and toast
Snack:	Selection of crackers, breadsticks and fruit	Selection of crackers, breadsticks and fruit	Selection of crackers, breadsticks and fruit	Selection of crackers, breadsticks and fruit	Selection of crackers, breadsticks and fruit
Lunch:	Mince Beed and Vegetable Pasta with Broccoli and Cauliflower	Salmon and Pea Risotto in White Sauce	Sweet Potato and Carrot Soup with Bread	Mozzarella Pasta Salad	Moroccan Tomato Pasta
Dessert:	Bananas and Satsumas	Chopped Banana and Satsumas	Berry Yoghurt	Chopped Banana and Satsumas	Chopped Apples and Pears
Snack:	Cream Cheese and Carrots on Rice Cakes	Cheese and Crackers	Mixed Vegetables and Hummus	Fruit Sushi	Orange Slices
Tea:	Baked Potatoes with Cheese and Beans	Chicken Pot Pie with Mashed Potato and Vegetables	Tuna and Sweetcorn Baked Potato	Sausages, Mashed Potatoes and Beans	Pizza Bagels with Carrot and Cucumber Sticks
Dessert:	Chopped Apples and Pears	Chopped Apples and Pears	Chopped Apple and Pears	Sugar Free Angel Delight	School Cake

Please note: Meals and snacks may be adapted according to children's dietary and allergy requirements.