Autumn Menu – Week 4

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast:	Selection of cereal and toast	Selection of cereal and toast	Selection of cereal and toast	Selection of cereal and toast	Selection of cereal and toast
Snack:	Selection of crackers, breadsticks and fruit	Selection of crackers, breadsticks and fruit	Selection of crackers, breadsticks and fruit	Selection of crackers, breadsticks and fruit	Selection of crackers, breadsticks and fruit
Lunch:	Mild Chilli Con Carne with Rice	Tuna and Sweetcorn Wraps with Chopped Vegetables	Butternut Squash Soup with Bread	Vegetable Risotto	Tuna Melt Paninis with Chopped Vegetables
Dessert:	Bananas and Satsumas	Chopped Banana and Satsumas	Berry Yoghurt	Chopped Banana and Satsumas	Chopped Apples and Pears
Snack:	Cream Cheese and Carrot on Rice Cakes	Cheese and Crackers	Mixed Vegetables and Hummus	Fruit Sushi	Orange Slices
Tea:	Baked Potatoes with Cheese and Beans	Chicken Tikka Masala with Rice and Mini Naans	Beans and Sausages on Bagels	Spaghetti Bolognese	Margarita Pizza Pinwheels with Carrot and Cucumber Sticks
Dessert:	Chopped Apples and Pears	Sugar Free Angel Delight	Chopped Apples and Pears	Jammy Yoghurt	School Cake

Please note: Meals and snacks may be adapted according to children's dietary and allergy requirements.