

August 2026 UWF articles

Don't forget to Sign up for UWF's "Sundresses and Sandals"

It's time to refresh, revive and rejuvenate at the UWF Summer Brunch Event, "Sundresses & Sandals" on August 22 from 10 am. Come for Food, Fun & Christian Fellowship! All women of the church welcome! Get ideas on how to take care of yourself, when life overwhelms us. Sign-up sheets are located on the UWF Bulletin Board in the Fellowship Hall. Invite your "gal pals" for a cool, summer day to refresh and renew. For Event Questions, contact Ann Santos or Linda Malconian

RSVP on UWF Bulletin Board in Fellowship Hall by August 16

Reminder for Cookies for Teachers!

Each year the United Women in Faith celebrate the dedicated teachers and staff at the Douglas County Schools with "Welcome Back to School" homemade cookies. We will need lots of cookies to do this, at least 108 dozen. We are asking everyone who appreciates our teachers and staff to bake cookies, without nuts or frosting. Start early and freeze for August. Cookies should be at the church by noon on August 10th please label for "school". Packing to be done on August 12th at 1pm. If you would like to deliver cookies, please contact Tamara Brewer or sign up on the list on the UWF bulletin board in the Fellowship Hall.

United Women in Faith Craft Workshops!

Mark your calendar for the first and third Mondays from 9:30 - noon for the 2026 Craft Workshops. The next workshops will be Monday, August 3 and 17 in the Education Room. Everyone is welcome! All levels of skill and talent! Craft supplies are provided so just bring yourself and any ideas you might have for new crafts. After Labor Day, the Craft Workshop will be held every Mondays from 9:30 - noon.

Timeless Treasures

The next timeless treasure collection will be Monday, Aug. 17. Time is running out to bring your gently used or new items. Timeless Treasures isn't a rummage sale. If you think someone would like to receive an item as a gift, it probably will be perfect for us. No clothing, please. Thank you all for your help! Your donations are the reason Timeless Treasures will be successful. Contact Alison Grey, Marsha Gallegos, or Brenda Hulphers with any questions.

Where Do Holiday Craft Faire Proceeds Go? - Part 6

Each year our local UMW supports a wide variety of missions related to women, children and families with funds generated at our annual Heavenly Holiday Faire in November. This month we highlight two more:

Backpack Buddies recently moved to its new headquarters at 1255 Waterloo this past summer. Backpack Buddies is a charitable nonprofit designed to provide non-perishable weekend food to 235 in-need students (Pre K-12) in Douglas County. A backpack containing non-perishable food for seven meals over the weekend is distributed to participating students each Friday. Parents are required to complete a permission slip each year. Many of the students who participate in Backpack Buddies qualify for free/reduced breakfast and lunch programs while at school. However, on weekends little food is available to them. Weekend food helps them achieve better academic success.

Suicide Prevention Network of Douglas County provides several support groups including:

Suicide Loss Support Group (Suicide Loss Survivors) meets in Minden on the 1st Thursday of the month, 6:00-7:30 PM at the Suicide Prevention Network office. **PTSD Support Group** meets the 2nd and 4th

Tuesday of the month, 6:30-8:00 PM at the Douglas County Community Center in Gardnerville.

Teen Support/Advisory Group Living Out Loud is a group for teens who meet twice monthly and discuss how they can make a difference in their schools, with their peers. For more information, visit www.spnawareness.org or call 775.783.1510

The **Mary Elizabeth Inn** is a non-profit organization with a century's tradition of providing safe housing with two buildings and 157 units and supportive services to homeless women in San Francisco. Homeless women are more likely to have post-traumatic stress disorder, depression, anxiety and other mental health disorders than other American women. Homeless women are also more prone to health problems such as anemia, asthma, chronic bronchitis, hypertension and ulcers. Mary Elizabeth Inn is a designated National Mission Institution, which United Methodist Women support nationally.

2026-27 UWF Reading Program

All women of UWF are encouraged to read! Thank you to all the folks who turned in their 2026 reading form. Women or men can start reading now to complete the requirements for a 2027 reading certificate. To earn a reading certificate for 2027, one book from each of the following categories must be read: Education for Mission, Leadership Development, Nurturing for Community, Social Action, and Spiritual Growth. Below is just one of many excellent books available in our church library.

Imagine being sentenced to death at age 29 years for two murders and one attempted murder that you did not commit. Imagine being abandoned by everyone after your conviction except your mother and a close childhood friend. Imagine being locked away by yourself on death row and only getting out of your cell for 15 minutes per day. In the book "**The Sun Does Shine: How I Found Life, Freedom, and Justice**", Anthony Ray Hinton discusses his conviction and sentencing for three crimes that occurred in Alabama that he did not commit (he was at work in a guarded warehouse!) Ray discusses a flawed justice system, his walk with God and all the emotions he encountered. It is a true story about a wrongful arrest, a wrongful conviction and a wrongful incarceration that occurred in Alabama in the 1980s. This book is available in the church library in the UWF bookcase...along with many other books from the UWF reading list. Visit your church library! Contact Pam Forest with any questions.

UWF Calendar Items

Aug. 10 -Bring Cookies to church for teachers/staff

Aug. 12 - Pack cookies for schools

Aug. 22 - UWF Summer Event - Sundresses and Sandals -10 am

Sept. 1 - UWF Board meeting - 10 am

Sept. 10 - UWF Potluck Lunch and meeting - 11:30-1 pm - Carson Valley Arts Council

Oct. 10 - UWF Potluck Lunch and meeting - 11:30

Oct. 8 - UWF Annual District Celebration

Nov. 7 - Heavenly Holiday Market

For more information on press release

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For details on specific UWF projects

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