

The United Methodist Women of the Carson Valley United Methodist Church

Support the following international, national & local programs

International Programs

Heifer International

Heifer International works in 21 countries around the world alongside local farmers and business owners. They support farmers and their communities as they mobilize and envision their futures, provide training so they can improve the quantity and quality of the goods they produce, and make connections to market to increase sales and incomes. They connect farmers to technologies to improve production and help them manage and scale their businesses. They provide targeted financial support that propels farmers toward self-reliance. They're on a mission to end hunger and poverty in a sustainable way by supporting and investing alongside local farmers and their communities. They work to end hunger and poverty in partnership with the communities we serve. The programs support entrepreneurs around the world, creating lasting change from the ground up. It begins with a seed investment of livestock or agriculture, followed by mentorship to help project participants build a business, and ultimately to gain access to supply chains and markets. These families are able to earn a living income and continuously lift up their communities as they train the next generation of leaders. By supporting and training the world's farmers, ranchers, and female business owners, we're investing in a new breed of success.

Children's Rescue Mission of Nepal

CRM is an interdenominational international Christian mission that exists to encourage and strengthen the Nepali church and to serve Nepali people. The vision for this work began in 2006 by [Gyan Pantha](#), Founder & President. They are a Christian mission called by God to serve Nepali people. They are involved in providing meals to the inner-city street children in the street of Kathmandu, providing child scholarships, providing support for native missionaries and community building projects by providing assistance to build churches. The work is an expression of Christian compassion and evidence of God's grace. They believe that their members are called by God to belong to, be committed to and serve people of Nepal through the God's Holy Spirit. Projects include: human trafficking awareness, hygiene education, starting & equipping Christian churches, supporting indigenous missionaries, evangelism & bible distribution, educating future pastors and leaders, supporting widows & helping whole families, disaster relief & rebuilding communities, hunger relief program, clean water & outhouse project, and Agape love.

National Programs

Gum Moon Women's Residence

Founded in 1868, Gum Moon Residence Hall & The Asian Women's Resource Center were established to address the unmet needs of women and children in geographic and social transition by providing a safe sanctuary to live in and enrichment programs that help develop life skills. When Gum Moon was first established in 1868, it was with the goal of providing shelter, education, and vocational training for Chinese girls rescued from human trafficking. Located in the heart of Chinatown, Gum Moon originally served women & children from the Chinatown community, but today has expanded to serve women of all ages, and all cultural and ethnic backgrounds. The residents participate in various programs to learn professional & general life skills. Gum Moon provides a safe, affordable haven for single women in transition. The residence hall is available for rent at a discounted rate, on a daily, weekly, or monthly basis and can house up to 30 women. In addition to housing, Gum Moon also provides enrichment programs to women and children. These include parent-child interactive groups, summer school for elementary school children, art classes, piano classes, and more.

Mary Elizabeth Inn

Mary Elizabeth Inn is a public non-profit organization with a more than 100-year history of providing safe and affordable housing and crucial services to women in our community who are in need. It all began in 1914 when Mrs. Lizzie Glide used her personal resources to build the 92-unit home-away-from-home, The Mary Elizabeth Inn, named after two of her daughters. In the 1930's, Mrs. Glide donated the building to the National Office of the United Methodist Women (UMW), and established the public nonprofit organization, Mary Elizabeth Inn (MEI). When Mrs. Glide donated her building to the UMW it became one of the nearly 100 National Missions Institutions serving women and children throughout the United States. Women served by Mary Elizabeth Inn include those who are homeless and low income, and many of whom are survivors of domestic violence. Their mission is to end the cycle of poverty and homelessness for women in the bay area and empowering women across all life's stages to achieve self-sufficiency and security.

Local Programs

City of Refuge

City of Refuge is a safe place for pregnant women. It is a home for women and teens who choose to give their baby the ultimate gift...LIFE. At City of Refuge the women will find not only safe shelter in a peaceful rural environment, but a caring community to share life with. They'll have the opportunity to grow spiritually while participating in daily home life, counseling, life skills training, parenting classes and education. City of Refuge understands that no one really parents alone. If the women are feeling alone, they will find a loving community to help and support them during this exciting and challenging time. City of Refuge exists to provide the women with the opportunity to have their baby while living in a place of safety and security. Coming here is an opportunity for them to consider a new direction in life. Whether it's preparing to parent, or finding help seeking a loving adopting family, they want to help women say YES to life because saying yes is the most precious gift you can give.

Abbeys Crossing

Provides confidential shelter for women and children who are victims of domestic violence and/or sexual assault. Typical stay is ninety days. Assistance is provided to gain self-sufficiency: goal sessions, crisis intervention, transportation, job referrals, and other resources.

Carson Valley Community Food Closet

Carson Valley Community Food Closet is a non-profit organization providing food to qualifying residents in Douglas County. Basic commodities are provided on a monthly basis to participants to supplement their food supply. They strive to provide participants with a variety of healthy food from each food group. The Food Closet operates through contributions made by Carson Valley residents, local service groups, churches, businesses and local food merchants. Food is picked up each day at local grocery stores by volunteers. As a member of the Northern Nevada Food Bank in conjunction with Feeding America, food items are purchased through the Food Bank at greatly reduced cost.

Awaken

Awaken is a local faith-based non-profit organization whose mission is to increase awareness and education surrounding the issue of commercial sexual exploitation and to provide housing and restoration for its victims. Awaken acts to transform our community with the ultimate goal of eradicating commercial sexual exploitation. They aim for victims of commercial sexual exploitation to be restored to their fullest potential. Awaken conducts outreach and provides direct services to women and girls to help them transition out of commercial sexual exploitation (CSE). Nearly all victims served by Awaken have had a history of emotional, physical, or sexual abuse. They help program participants with long-term and emergency needs including basic outreach, mentorship services, counseling, transitional housing, transportation, financial aid for college, legal and medical assistance, drop-in center and much more.

Suicide Prevention Network

They are dedicated to understanding and preventing suicide through support, education, and advocacy. Their mission is to provide suicide prevention and awareness through intervention, education and support services for all. Their goal is to create a suicide-free community by eliminating the option of suicide as a solution for escaping depression, bullying, divorce, unemployment, loneliness, mental illness or any other cause for hopelessness.

Austin's House

Since 2007, Austin's House has provided emergency shelter and compassionate care for children in Northern Nevada who have been removed from their homes due to abuse or neglect. They provide care to both boys and girls between the ages of birth to 18 until they are either reunited with their family or an appropriate long-term placement is made. Children arrive due to abuse, neglect, abandonment, or other forms of maltreatment when a family relative or licensed foster care family is not available. They strive to give the children in their care a stable environment by ensuring that they receive:

- Balanced meals and healthy snacks
- Clothing and personal care items
- Educational support and counseling
- Medical screenings and attention to health issues, including vaccinations and visits to doctors and dentists

Their specially trained staff provides help, comfort, care and support. While children are living at Austin's House, they ensure that they attend their regular school and any activities that they participated in before being placed in Austin's House. Through the generosity of our donors, children at the shelter are able to participate in a variety of activities and attend community events.

Family Support Council

The mission of the Family Support Council is to provide education, prevention, and intervention services to support growth and development of healthy families. Family Support Council has been serving residents for over thirty years. As a non-profit organization, they provide a wide variety of confidential and free support, resources, referrals, and educational services. They advocate for victims of violence as well as provide shelter for adult and child victims. They provide services to individuals with developmental disabilities, mental illnesses, or traumatic brain injuries.

Kids & Horses

Kids & Horses is a non-profit organization that serves children and adults with disabilities in Northern Nevada through the use of horses. Kids & Horses offers a variety of services, including physical therapy, occupational therapy, speech therapy, and adaptive riding lessons. The center is Premier Accredited through the Professional Association of Therapeutic Horsemanship International (PATH Intl).

Project Santa Claus

Since 1988 Project Santa Claus has partnered with community members, local businesses, and service clubs to provide Christmas gifts to children in need throughout the Carson Valley. The Department of Social Services and Carson Valley Food Closet support Project Santa Claus by working to sign up families who will need assistance during the Christmas Season. Each child 17 and younger will have two gift request Angel Cards placed on Angel Trees at locations throughout our community for people to select and buy the listed gift. Each child will receive two gifts valued at approximately \$30 as well as an age and reading level appropriate book. Elementary age children will also receive a winter hat and mittens. The gifts are distributed by Project Santa Claus volunteers to families the week before Christmas.