

ASK US ABOUT CREATING YOUR OWN GROUP!

ALL AMERICAN GYMNASTICS CLASSES:

	MON.	TUES.	WED.	THURS.	FRI.	SAT.	SUN.
1:00 PM	M&M 1:00-1:50	M&M 1:00-1:50	M&M 1:00-1:50	M&M 1:00-1:50	M&M 1:00-1:50	Preschool 9am-10am	Preschool 9am-10am
3:30 PM	3-4 year old 3:30-4:30	3-4 year old 3:30-4:30	3-4 year old 3:30-4:30	3-4 year old 3:30-4:30	3-4 year old 3:30-4:30	Preschool 10am-11am	Gymnastics 5+ 9am-10:30am
4:15 PM	Gymnastics 5+ 4:15-5:45	Gymnastics 5+ 4:15-5:45	Gymnastics 5+ 4:15-5:45	Gymnastics 5+ 4:15-5:45	Gymnastics 5+ 4:15-5:45	Preschool 11am-12pm	
4:30 PM	Preschool 4:30-5:30	Preschool 4:30-5:30	Preschool 4:30-5:30	Preschool 4:30-5:30	Preschool 4:30-5:30	Gymnastics 5+ 9am-10:30am	
5:30 PM	Preschool 5:30-6:30	Preschool 5:30-6:30	Tumbling 5-7 yr 5:30-6:30	Preschool 5:30-6:30	Preschool 5:30-6:30	Gymnastics 5+ 10:30am-12pm	
6:00 PM	Tumble All Age 6:00-7:00	Tumble All Age 6:00-7:00		Tumble All Age 6:00-7:00	Tumble All Age 6:00-7:00		
6:00 PM	Gymnastics 5+ 6-7:30	Gymnastics 5+ 6-7:30	Gymnastics 5+ 6-7:30	Gymnastics 5+ 6-7:30	Gymnastics 5+ 6-7:30		
6:00 PM	Advanced Gym 6:00-8:00	Advanced Gym 6:00-8:00	Advanced Gym 6:00-8:00	Advanced Gym 6:00-8:00	Advanced Gym 6:00-8:00		
7:00 PM		Adv Tumbling 7:00-8:00		Adv Tumbling 7:00-8:00			

Mommy and Me: A 50 minute program for children 15 months to 30 months: provides a unique learning experience for both parent and child. Children begin to develop their basic locomotive skills, strength, flexibility, motor coordination, spacial and body awareness. An important program for all parents concerned with the physical development of their toddler.

3 & 4 Year Olds: A one-hour program designed to increase ability and confidence and to advance skills both physically and socially.

PRE-SCHOOL: An hour long program for ages 4 and 5. The program is designed to increase your child's confidence in and through movement. Each child has the opportunity to develop his strength, flexibility, neuromuscular coordination through the use of elementary activities, spacial exploration and gymnastic skills: all in the warm and supportive atmosphere of our gym.

GYMNASTICS: This 1 1/2 hour program is offered to children 5 years and up. It is based upon the philosophy that the progress of each individual is of the utmost importance. Children learn basic through advanced skills.

TUMBLING: An hour long program that focuses on basic to advanced tumbling skills needed for cheerleading and dance. Learn aerials, walk-overs, handsprings, tucks & more with qualified instructors in a safe environment. We'll take any boy in any class at this location

1. 5-7 Children per instructor.
2. Classes may be cancelled due to inclement weather. Please call the gym for info. Parents will be responsible for scheduling make ups.
3. **MAKE-UP CLASSES**
 - must be scheduled within the current term and may not be carried over to another term.
 - no refunds or adjustments will be made for missed classes.
 - may be scheduled in advance of missing regular class.
- *4. **No pro-rated classes.**
- *5. **There will be no refunds**

SESSION DATES:

FALL '23

MON	9/11 - 1/22
TUE	9/12 - 1/16
WED	9/13 - 1/10
THU	9/14 - 1/18
FRI	9/08 - 1/19
SAT	9/09 - 1/20

SPRING '24

MON	1/29 - 6/10
TUE	1/23 - 5/28
WED	1/17 - 5/29
THU	1/25 - 5/30
FRI	1/26 - 6/07
SAT	1/27 - 6/08

DATES CLOSED:

ROSH HASHANAH:	SEPT. 15th - 16th
YOM KIPPER:	SEPT. 25th
HALLOWEEN:	OCT. 31st
THANKSGIVING:	NOV. 23rd - 25th
HOLIDAY RECESS:	DEC. 25th - JAN. 1st
WINTER RECESS:	FEB. 19th - 24th
EID:	APR. 10th
SPRING RECESS:	APR. 22nd - 27th
MEMORIAL DAY:	MAY 24th - 27th
JUNETEENTH DAY:	JUNE 19th



TUITION: Installment Plans Available:

M&M	\$675.00
3&4	\$700.00
Preschool/Tumble	\$700.00
2 Hour Adv Class	\$795.00
90 min. Gym	\$765.00

DISCOUNTS
2nd CHILD 10%
3rd CHILD 15%
4th CHILD 25%

TUITION WILL NOT BE ADJUSTED FOR MISSED CLASSES. We reserve the right to cancel classes due to insufficient enrollment. **There is a \$75.00 annual insurance fee for all students.** If you have a group of 5 or more and desire a time not listed, contact us and we will try to accommodate you. For more information and registration call: 516-548-7474.

ASK ABOUT OUR BIRTHDAY PARTIES