

## Middleton Rural Fire District

### Reserve Firefighter NWCG Arduous Pack Test and Basic Skills Assessment

To advance in the recruitment process for the reserve firefighter/EMT position, applicants must successfully complete the NWCG arduous work capacity test (pack test) and a basic firefighter skills assessment. Candidates that successfully complete the pack test and firefighter skills assessment will be eligible to move forward in the hiring process. Candidates that fail to complete the pack test or any portion of the skills assessment will be dismissed from the testing and removed from the hiring eligibility list for the current testing cycle.

Candidates invited to the pack test should report to the Middleton Middle School track located at **511 West Main, Middleton, ID 83644** 10 minutes prior to their assigned time slot and park on the west side of the school near the track. Candidates should report to the pack test and skills assessment wearing clothing and footwear suitable for physical activity.

Candidates advancing to the skills assessment will be given a 3-hour recovery period following the pack test. The skills assessment will be conducted at the Nampa Fire Training Center located at **300 W. Railroad St. Nampa, ID 83687**. Candidates should report to the training center at least 15 minutes prior to the beginning of the test and park in a designated parking space. Candidates will be issued all required personal protective equipment needed to complete the skills assessment the day of the test. (Shorts and open toed shoes will not be permitted for the skills assessment).

The skills assessment will consist of 5 basic firefighter skills stations that any candidate possessing an IFSAC or ProBoard Firefighter 1 certification should be able to competently perform. All technical aspects and time standards for the skills assessment are based on current Fire District Individual Performance Standards for firefighters and are consistent with IFSAC testing standards.

#### Skill #1 – Don SCBA

- The candidate will begin the evolution wearing a turnout coat, helmet, and structural firefighting gloves, they will have 60 seconds to don an SCBA and mask, make all necessary connections and adjustments and begin breathing air from the SCBA. Candidates must then re-don the helmet and structural firefighting gloves.
- The candidate will be tested using the Scott SCBA. Any candidates not familiar with the Scott device may request a tutorial prior to beginning the test.

#### Skill #2 – 24' Extension Ladder

- The candidate will complete the skills assessment wearing a turnout coat, SCBA without the mask, helmet, and structural firefighting gloves.
- The candidate will have 2 minutes 30 seconds to retrieve a 24' fire service ladder from the fire engine ladder rack, utilizing a high shoulder carry they must carry it approximately 100' to a predetermined location, then successfully set and extend the ladder for roof access of a two-story building.
- Any uncontrolled drops or strikes with the ladder will result in failure of this station.

### Skill #3 – 1.75” attack line deployment.

- The candidate will complete the skills assessment wearing a turnout coat, SCBA without the mask, helmet, and structural firefighting gloves.
- The candidate will have 1 minute 30 seconds to effectively deploy a pre-connected 1.75” attack line from the fire engine, flake out the hose so that there are no kinks that would reduce water flow, and prepare the line for interior fire attack.
- Hose is loaded in a modified minuteman configuration. All candidates will be given a short tutorial on the hose load prior to beginning the test
- The candidate will not be required to re-load the hose on the engine.

### Skill #4 – Hydrant Connection

- The candidate will complete the skills assessment wearing a turnout coat, SCBA without the mask, helmet, and structural firefighting gloves.
- The candidate will have 2 minutes 30 seconds to connect a 50’ section of 5” LDH supply line to the fire engine and supply it with water. Candidates must adequately flush the hydrant and connect a 2.5” gate valve to the hydrant prior to charging the supply line.

### Skill #5 – Forcible Entry Single Firefighter

- The candidate will complete the skills assessment wearing a turnout coat, SCBA without the mask, helmet, safety glasses, and structural firefighting gloves.
- The candidates will have 1 minute 30 seconds to properly force open an inward swinging residential door (training simulator will be used) utilizing a halligan tool and flat head axe.

Candidates may request a digital copy of the skills assessment sheets that will be used the day of the testing by contacting Nicola Sinclair via email at: [nsinclair@starfirerescue.org](mailto:nsinclair@starfirerescue.org)