



FROM INADEQUATE TO EMPOWERED

Five Key Strategies to Excel In Life And Business

INSIDE  OUT COACHING

BY ANN MARIE

WELCOME

Hi There!

Have you ever thought.....If I could just stop feeling so inadequate in my mind and in my life, I believe I could really make something great out of it?

I could really be successful,

I could really be the top seller,

I could really have the relationships of my dreams,

I could really give my customer the sales experience they've always dreamed of.

The benefit of gaining awareness and understanding of yourself first, will help in avoiding imposter syndrome and enable you to reduce relational conflicts and increase harmony and productivity.

It would be my honor to share and teach this proven method with you, your team or your family to help you live a more abundant life.

Ann Marie

ABOUT ME

For years I fumbled in business with clients and team members working my way through to find harmony and cohesiveness, searching for ways to give everyone around me the experience they were looking for and deserved.

I want to teach others what I've learned to have a more fulfilling life and business.





1 Discover a Leader's first steps to achieving the extraordinary

One of the first steps to becoming a great navigator of your life and an extraordinary leader is to be aware of who you are, your likes, dislikes, strengths and how you function in life's situations. Knowing yourself first helps in understanding how you will handle situations and how you can best relate to and help others with the gifts you carry within. Understanding allows us to see others in a different light. It can give you an extra edge both at work and in life because you can begin to see the giftings within others so you can create harmony in all areas of your life.



2 Learn the secret to your client or team member's value motivation by connecting in unique and meaningful ways

Everyone has values that they are motivated by. These values are what people innately go to when making decisions. Their values affect the way they think, work, live, give and basically function in every day life. Knowing the styles that each personality operates in can help you when you're working to create a harmonious environment. If you're in sales, knowing your client's value motivation will put you in a position to help them make the best purchasing decision for them and build a high rapport for repeat business and referrals.



3 **How to be a leader in your field, go further than your competitors, and simplify your business with 15 minutes of focus**

We all have times in the day when we're most energetic and productive. Recognizing and utilizing those times to our advantage increases our productivity, dreaming and planning zones and enhances our connections.

When you just focus on the 15 minutes in front of you, things look less daunting and the dread of tackling a difficult task dissipates. For me, it has served me well because I usually start with 15 and it goes so well I continue. When I have other things happening and my work time is limited, those 15 minute pockets throughout the day make me feel empowered and I accomplish something, even if on a small level, instead of beating myself up for not working because of fear, challenges or fires that needed my attention.

This has been a major key that has unlocked peace and flow. It has changed the trajectory of my life and business and how I function in all areas.



4 Learn the art of adapting yourself to those around you for more harmony and productivity

Self-awareness empowers us to lead ourselves and others more effectively. When we understand what drives us and others, our strengths, weaknesses, and motivations, we increase harmony and productivity in life and in the work place. Awareness also helps us make educated decisions that are aligned with our goals.



5

Gain a better understanding of the best methods to communicate and sell to people of different personality types

Each personality likes to be approached in their own special way. Because they have different ways of relating to the circumstances around them, they see, hear and relate differently. When we bend our way to our client's way and attempt to understand instead of sell, we will get further in building our relationships and providing the best help possible. This will put your clients at ease, build trust and bring them back for more.

I've built strong profitable businesses on this principle because people like to feel helped, not sold to. Even if they're not ready now, the way you leave them is the way they leave you. If they get to know and trust you, they will remember you, come back when necessary and bring friends...because referrals are the best compliment anyone can give us.



WANT TO LEARN MORE?



Click below to schedule your FREE one-on-one strategy session to see how Ann Marie can help you gain self-awareness, clarity and harmony so you can win in life and business.

[SCHEDULE A FREE CALL](#)

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