

SALADS

Caesar

In house creamy vinaigrette with lots of garlic, parmesan cheese, croutons and bacon bits.

Crunchy Asian Coleslaw

Crunchy cabbage, red pepper, snow peas, green onion and crispy fried noodles all come together in this salad with a sweet and tangy garlic soya dressing.

Toasted Israeli Couscous Salad with Grilled Vegetables

Toasted Israeli couscous, cooked in broth, and served with grilled seasonal vegetables, tossed in a lemon balsamic vinaigrette. **V Vegan**

Fruit, Feta and Almond Salad

Green romaine lettuce with crumbled feta, mandarin oranges and candied sliced almonds, tossed with a poppy seed dressing. **V**

Broccoli Cauliflower Salad

Small cut broccoli and cauliflower, cranberries, red onion and bacon in a creamy, mayonnaise based dressing.

Black Bean and Corn Salad

Black beans, corn and onion in a lime chili vinaigrette with fresh tomato.

V Vegan

Southwest Salad

Crisp green lettuces with tomato, cheddar cheese, green onion, corn and black beans with our creamy lime cilantro dressing and crushed tortilla chips. **V**

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Spinach & Strawberry Salad

Baby spinach and fresh strawberries, dressed with our popular strawberry poppy seed dressing. **V Vegan**

Tropical Quinoa Salad

Fragrant quinoa with pineapple salsa, mixed greens, and a coconut lime dressing. **V Vegan**

Italian Tossed Salad

Crisp Iceberg lettuce, carrots, red onion and red cabbage with shaved cauliflower, fresh parmesan and in house Italian dressing. **V**

Feta, Mixed Greens and Candied Pecans with Vanilla Pear Vinaigrette

Our blend of greens, crumbled feta and chopped candied pecans with our fat-free gourmet vanilla pear vinaigrette. **V**

Sriracha Noodle Salad

Thin noodles, julienne carrots and green onion in a spicy dressing, drizzled with Sriracha and garnished with sesame and black onion seeds. **V Vegan**

Baby Potato Salad

Baby potatoes cut and seasoned with our creamy Italian dressing, dill, bacon bits, and green onion.

Italian Dijon Marinated Vegetable Salad

Small cut broccoli, carrots, cauliflower, celery, onion, baby corn, mushrooms and tomato in a Dijon Italian dressing. **V Vegan**

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Vegetable Platter

Assorted fresh cut vegetables served with dip. V Vegan

Italian Garden Pasta Salad

Rotini pasta with a creamy Italian Dijon dressing and lots of small cut vegetables including broccoli, cauliflower, green onion and carrots. V

Greek Pasta Salad

Tangy greek dressing on pasta with feta cheese, cucumber, red onion, tomato and red pepper V

Mixed Green Salad

Our mix of spring greens in season, romaine and head lettuce with a garlic balsamic vinaigrette and croutons. V Vegan