



Contact Information

Anita and Ryan
Student OT's

✉ email: students@littleversity.com.au

Our Project Plan

Our project focuses on understanding what families want from Littleversity and how they prefer information to be shared to **better support children's daily routines at home.**

Week 8 Highlights

- Focus group Meeting
- Meeting with Agency supervisor
- Meeting with University Supervisor
- Completed different formats of the one-page summary resource template
- Working on project report (presenting findings)
- Working on 'Ways to play' resources

What's Next

The next steps for us are:

- Creating a series of one-page summaries on various topics discussed in focus group meeting
- SPEF-R2 meeting (end of placement meeting using the SPEF-R2 tool to assess our performance on placement with Olivia and our University supervisor)
- Presenting findings from report to the community
- Continue report writing

Tip of the Week

Create a Calm Corner

- Create a dedicated space at home with your child which can help pause, reset and feel safe when big emotions are present

Include:

- A soft pillow and blanket
- Favourite toy or book
- Sensory items (fidgets)

Tip: Show them **how to use it, encourage** them to use it when they are experiencing overwhelming feelings, and **sit with them** if they need support.