

SPEC SHEET + MEASUREMENTS

GILDAN®

Gildan® Heavy Cotton™ 100% Cotton Long Sleeve T-Shirt. 5400

Product photo



Innovation you can feel. Made with 100% U.S. cotton and the latest breakthrough in soft cotton technology, the Gildan Heavy Cotton family has been remastered for improved printability, quality and comfort you can see and feel.

- 5.3-ounce, 100% US cotton
- 99/1 cotton/poly (Ash)
- 90/10 cotton/poly (Sport Grey)
- 50/50 cotton/poly (Dark Heather, Graphite Heather, Safety Green, Safety Orange)
- Non-topstitched, classic width, rib collar
- Taped neck and shoulders
- Rib knit cuffs
- Classic fit, seamless body
- Recycled, high-performing black tear-away label
- Safety Green is compliant with ANSI/ISEA 107 high-visibility standards for background color.

Sketches



front



back

CARE INSTRUCTIONS

Machine wash warm, inside out, with like colors. Only non-chlorine bleach. Tumble dry medium. Do not iron if decorated. Do not dry clean.

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PRODUCT MEASUREMENTS

	S	M	L	XL	2XL	3XL
Body Length at Back	28	29	30	31	32	33
Chest	18	20	22	24	26	28
Sleeve Length from Center Back	32 1/2	34	35 1/2	37	38 1/2	38 1/2

Body Length at Back: Measured from high point shoulder to finished hem at back.

Chest: Measured across the chest one inch below armhole when laid flat.

Sleeve Length from Center Back: Measure from Center Back neck to shoulder point to sleeve hem.

SIZE CHARTS

	S	M	L	XL	2XL	3XL
Chest	34-36	38-40	42-44	46-48	50-52	54-56

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HOW TO MEASURE



CHEST

Measure under the arm and around the fullest part of the chest with arms down, keeping tape horizontal.

COLORS

Please note: PMS code information is shown only when an exact match is available.



Ash
PMS COOL
GRAY 3C



Black
PMS 426C



Cardinal Red



Carolina Blue
PMS 659C



Charcoal
PMS CG10C



Dark Heather
PMS 7545C



Forest
PMS 5535 C



Gold
PMS 1235C



Graphite
Heather
PMS 424 C



Indigo Blue
PMS 5405C



Irish Green
PMS 2252C



Light Blue
PMS 543C



Light Pink
PMS 684C



Maroon
PMS 7644C



Military Green
PMS 5615C



Navy
PMS 533C



Orange
PMS 2026C



Purple
PMS 2112C



Red
PMS 199C



Royal
PMS 7686C



Safety Green
PMS 382C



Safety Orange



Sport Grey



White