



# 10 Questions to Ask Your Veterinarian about CBD

By David Nadel | February 04, 2020

CBD is becoming such a popular item that more research is being funded so that scientists can study its many unique properties. One thing that we've learned about [CBD is that pets can consume it just like humans](#). This is because all mammals have what's called an endocannabinoid system, which takes cannabinoids such as the ones found in the hemp plant and disperses them throughout the body as needed.

This discovery has led to the development of CBD pet products that are quickly becoming extremely successful among hemp users. In fact, more and more veterinarians are recommending that pet owners give their cats, dogs, horses and other four-legged friends daily doses of hemp to target specific areas of the body.

One thing that we know about CBD for pets is that it must be formulated differently for the cannabinoid products that you and I take. This makes sense when you consider the fact that the amount of CBD we should take daily largely has to do with our body weight. For example, giving your cat the same dose of CBD that you take daily would be far too much for their considerably smaller bodies.

If you're interested in starting your pet on a hemp regimen, the one thing that you absolutely must do is speak to your vet. Not only should your vet always be aware of what you're giving your pet, but they may be able to actually help you come up with a routine that's most effective for their body and unique needs.

Today, we'll be talking about the ten questions that you should ask your vet prior to starting your pet on a CBD routine. Each of these questions is important, so make sure that you include all of them when you're ready to have this conversation with them.

### **Question #1: Based on My Pet's Medical History, is it Okay to Give Them CBD?**

The first thing that you want to ask them is whether or not they do recommend giving your pet CBD. Now, pets are capable of processing cannabinoids just like humans. But your vet may still have certain reservations for whatever reason. Your vet is aware of your pet's medical history, as well as any medications they may be on. So, before you give your pet CBD, you must receive approval from a veterinarian.

### **Question #2: Do You Have Any Experience Giving Pets CBD?**

Next, you should ask your vet whether or not they have personal experience as far as giving CBD to pets is concerned. Maybe they have given hemp to their own pet, or maybe they have guided other patients through the process of starting a hemp regimen. The more experience they have with CBD, the better they can guide you. And, if your vet doesn't have experience with CBD, you can ask them if they know of another pet specialist who does.

### **Question #3: Do You Take CBD Yourself?**

It may be helpful to know whether or not your vet takes CBD themselves, as this can demonstrate that not only do they support the use of hemp, but that they also know more about it than non-users. The more experience a vet has with CBD, the more they can provide you with information regarding how to take it and how it works.

### **Question #4: Are You Aware of Clinical Studies Regarding CBD for Pets?**

In recent years, there have been several clinical studies coming out that have examined the effects of [giving CBD to cats, dogs and other mammals that we keep as pets](#). These studies are intended to be utilized by medical professionals who are looking for the proper ways to go about administering CBD to their furry patients. Ask your vet if they are aware of medical studies that have been performed in recent years, as these studies can largely determine the right course of action for your pet's individual body. If they are not familiar with these studies, you can print them out and provide them to your vet yourself.

### **Question #5: Is There a Particular Milligram Strength I Should Choose?**

The milligram strength of a CBD product is simply the number of milligrams of actual hemp compounds that your pet will be getting per dose. Milligram strength is largely determined by a pet's body weight, as well as their breed and their unique needs. Ask your vet if they have a particular milligram strength in mind, as it's important to know how potent of a dose you should be giving them on a regular basis.

**Question #6: How Often Should I Give My Pet CBD?**

Another question to ask is how often your pet should be getting a dose of CBD. Like we said, every pet's needs are different, and some respond best to one dose, while others require multiple doses throughout the day.

**Question #7: Which Administration Method is Right for Them?**

There are a few ways to administer CBD to your pets. There are [hemp-infused treats](#), topical sprays and ointments, CBD oils that can be mixed into their food and oral tinctures that are applied under the tongue. Each administration method absorbs into the body in a unique way, and some pets prefer one method over another. Ask your vet if they have any advice about which administration method you should go with, while also keeping your pet's unique preferences in mind.

**Question #8: Can I Give Them CBD Indefinitely?**

It's wise to ask your veterinarian how long they should be taking CBD for. Now, based on what we know about CBD, it can be taken over a long period of time. However, your vet knows your pet's health very well, and may feel that they should only maintain a CBD regimen for a particular time window. Make sure that you know whether this is a long-term or short-term plan, as this can determine the quantity you buy among other things.

**Question #9: Is There Anything to Watch Out for After Administering the CBD?**

Again, pets are capable of absorbing CBD properly, because all mammals have an endocannabinoid system that knows exactly what to do with these compounds. However, every animal is different, and there's always a low risk of a pet not responding well to CBD. Therefore, one of the most important things that you can ask is what you should be looking out for after giving your pet their dose of hemp. In other words, you should be asking for any potential side effects, and what you should do should they occur. Your veterinarian will almost definitely urge you to monitor your pet closely after the first couple of doses just to make sure that they are processing CBD in the proper manner.

**Question #10: What are the Signs that the CBD is Working?**

If you're giving your pet CBD for a targeted issue, you'll want to know the signs to look for that indicate that it's accomplishing what you want. Your vet should be able to give you a list of signs that the CBD is working. Also, you can ask your vet whether or not you should adjust the dosage level in case the CBD is not seemingly providing the desired effects, and how you should go about that. It is considered okay to increase a dose of a CBD product, but it must be done in small increments over time.

**CBD May Be Just What the Vet Ordered as Far as Your Pet's Wellness is Concerned**

However, before you run to the nearest store or shop online to buy a CBD product for your furry friend, speak to your veterinarian first. Communication is key in more ways than one.

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