

BREAKFAST - TAKE AWAY & DELIVERY ONLY

Granola Bowl

House granola served with strawberries, blueberries, greek yoghurt and a shot of milk \$9

Avo Smash

Smashed Avo, beetroot hummus, candied nut dust and a poached egg served on tosted sourdough \$16

Eggs Benedict

Poached eggs with shaved ham, spinach and house made hollandaise on toasted sourdough \$18

Eggs Salmon

Poached eggs with smoked salmon, spinach and house made hollandaise on toasted sourdough \$20

Eggs Veggo

Poached eggs with mushrooms, spinach and house made hollandaise on toasted sourdough \$16

Corn Fritters

House made corn fritters with bacon, poached egg and rocket salad on toasted sourdough \$17

Chia Pudding Bowl

Layered Blueberry and Strawberry flavoured chia pudding with granola, fresh blueberries and strawberries on top. \$10

'Basic' Bacon and Egg Roll

Bacon and Egg Roll with BBQ Sauce on Turkish \$10

'Extra' Bacon and Egg Roll

Bacon and Egg Roll, spinach, cheese with house relish on Turkish \$12

Omelette

with cheese, spinach, tomato and toast / with chorizo \$15/\$17

Chilli Scrambled Eggs

Scrambled eggs with chilli, spanish onion, bacon, cherry tomatoes, mint and coriander \$15

Waffles

with strawberries, blueberries, ice cream and local 'Spencer Cocoa' chocolate shards \$13

Eggs

Fried, Scrambled or Poached Eggs with sourdough \$10

Banana Bread or Fruit Toast

2 slices with butter \$7

Toast

Sourdough, Multi-grain or Turkish with choice of jam, Vegemite, honey or Nutella \$7

LUNCH - TAKE AWAY & DELIVERY ONLY

Bruschetta

Toasted sourdough with rocket, semi-dried tomatoes, black olives, and feta cheese \$12

Market Sandwich

Bacon, rocket, cheese, tomato and cucumber with mayo served on toasted turkish \$11

Buttermilk Fried Chicken Burger

Buttermilk fried chicken with fennel, slaw and chipotle kewpie mayo with a side of herb salted potato chips \$18

Chicken Sandwich

Grilled chicken with salad, cheese and Peri Perisauce on toasted turkish \$18

Beef Burger

Grilled beef burger with rocket, tomato, cheese, bacon and smokey BBQ mayo sauce with herb salted potato chips \$15

Chicken Fajita Bowl

Chicken, lime quinoa, corn, tomato and onion salsa and black beans. \$16

Honey Roast Pumpkin Quinoa Bowl

Roast Honey Pumpkin, Quinoa, Onion, Capsicum and flaked almonds. \$14

Smoked Salmon Bagel

Smoked Salmon, Cream Cheese and Dill \$12

Tofu Poke Bowl

Tofu and onions marinated in a ginger-soy sauce with lime quinoa, red cabbage, radish, cucumber and avocado. \$14

Broccolini & Tahini Bowl

Quinoa, broccolini, cherry tomatoes, avocado, spinach, pumpkin seeds and lentils with tahini dressing. \$12

Spicy Meatball & Cheese Toastie

House spicy meatball and 3 cheese toastie \$12.5

Toasted Sandwich

Ham, cheese and tomato on multi \$8.5

**MARKET
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CAFE**

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COFFEE

Espresso - by Allpress

Cappuccino, flat white, latte	sml \$4/lge \$4.50
Mocha, dirty chai	sml \$4.5/lge \$5
Long black	sml \$3.5/lge \$4
Piccolo, macchiato or espresso	\$3.5
Soy, almond or lactose free milk	\$0.5
Vanilla, Hazelnut or Caramel syrup	\$0.5

Summer Latte

Espresso, milk, vanilla syrup + ice	\$4.5
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Cold Brew

Single-O Cold Brew + ice	\$4.5
Single-O Cold Brew Latte + ice	\$4.5
+Syrup	\$0.5

TEA

Loose Leaf Tea

English breakfast, Earl Grey, Peppermint, Chai Chamomile or Green	\$4.0
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JUICE

Fresh Juice

Apple, watermelon, orange, carrot, ginger, mint or pineapple - mixed or neat	\$6.5
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Sunrise on Market

Raspberries, pear, orange and lemon	\$6.5
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Pink Four

Apple, strawberry, raspberries, watermelon	\$6.5
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Cleanse

Kale, celery, apple	\$6.5
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Refresh

Watermelon, apple, mint	\$6.5
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Rise

Orange, apple, lemon, mint	\$6.5
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Fire

Orange, carrot, ginger, tobasco	\$6.5
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SMOOTHIES

Breakfast Smoothie

Rolled oats, banana, blueberries, LSA, lite milk, yoghurt and honey	\$7
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Banutta Smoothie

Banana, lite milk, honey, LSA, yoghurt and peanut butter	\$7
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Green Monster

Kale, banana, pineapple, grape and coconut water	\$7
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SHAKEY MILKS

Chocolate, Caramel, Vanilla, Lime, Strawberry or Milo	\$5.5
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NOAH'S JUICE

Noah's Smoothies

Apple, Watermelon + Mint, Green Smoothie, Yellow Smoothie, Orange Smoothie	\$4
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Noah's Juice

Orange Juice, Apple Juice.	\$4
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Noah's Coconut Water Smoothies

Apple, Pear, Honeydew Melon, Aloe Very + Lime	\$4
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BUNDABERG BREWED DRINKS

Ginger Beer, Tropical Mango, Blood Orange, Lemon Lime + Bitters, Lemonade, Creaming Soda, Passionfruit	\$4
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ASSORTED COLD DRINKS

Coke, Coke No Sugar, Diet Coke - Can	\$3
Bottled Water	\$3
Sparkling Mineral Water	\$4

Menu currently
available for
takeaway and
delivery only

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