

## Family Life Education for Parents & Children

MAKE CONVERSATIONS ABOUT GROWING UP NATURAL, NOT AWKWARD!



THIS PROGRAM HAS BEEN RUNNING SINCE 1995 THROUGHOUT THE REGION, DELIVERING VALUES-BASED SEXUALITY AND RELATIONSHIP EDUCATION FROM YEAR 1 TO YEAR 12.



**FREE** ENTRY

**DONATIONS** ACCEPTED

Hambledon House Community Centre

177 Bruce Hwy, **Edmonton** 

LIMITED PLACES REGISTER NOW



KEEN BUT CAN'T MAKE THIS SESSION .. **EXPRESS INTEREST IN** FUTURE SESSIONS

**Parents** 

## Talking to Your Children about Relationships and Sexuality

Get insights into child sexual development and tips on how to discuss issues of sexuality with your child. For parents of children 0-18 yrs and even parents-to-be.

Wed 15 Nov 7:00pm-8:30pm

Parents & **Primary** aged

## Wonder of Living Session

A fun and engaging session talking about babies and answering any questions; encouraging children to ask their parents/carers about their story of life.

Thur 23 Nov 7:00pm-8:00pm

Parents & children aged

## **Puberty Session**

Helping young people and their parents/ carers negotiate the onset of puberty by discussing puberty changes for boys and girls and fostering an attitude of respect for this time of change in their lives.

Tue 28 Nov 7:00pm-8:30pm